



TRACK AND FIELD CLUB



**SATURDAY JULY 6, 2024
TREVOR CRAVEN MEMORIAL MEET
SWANGARD STADIUM**

TRACK EVENTS

TIME	EVENT	AGE GROUP
9am	1500m	Masters, Snr, Jnr, U16 W and M.
	1200m	U16 W and M, 11 and 12 boys/girls
	1000m	2013 to 2015 girls / boys
10.30am	110m Hurdles	Snr M (1.06m/9.14), U20 M (.99m/9.14m), 35-49M (.99m/9.1), U18 (.91m/9.14m),
11.00am	100m Hurdles	Men 50-59 (.91m/8.5m), 35-39W (.84m/8.5) Snr W (.84m/8.5m) U20 W (.84m/8.5), U16 M (.84m/8.5m) Men 60-69 (.84m/8m), U18 W (.76m/8.5) Women 40-49 (.76m/8m) U16 G(.76m/8m), 11B (30"/8m) 11G (30"/7.5m) W50-59 (30"/7m), M70-79(30"/7m), 60+W, 80+M(27"/7m), 12G/B (27"/7m) 13, 14G/B(24"/6.5m), 15 G/B (21"/6.5m)
11.30am	80m Hurdles	Masters, Snr, U20, U18 to 2015 girls & boys.
12.00am	80m hurdles	Masters, Snr, U20, U18.
	60m Hurdles	U16 W and M, 11, 12 girls & boys
1.00pm	100m Heats	Masters, Snr, U20, U18, U16 to 2015 girls & boys
1.30pm	400m Finals	U16G (.76), U16 B, (.76) (No water jump)
	300m Finals	Masters Women 35+ (.76), U18 W (.76), Masters Men 60+ (.76), U18 M (.84)
2.45pm	100m Finals	Seniors W (.76), U18 W (.76), Masters M (35-59) (.91), Senior M (.91), U20 M(.91)
3.45pm	1500m Steeplechase	
4.00pm	2000m Steeplechase	
4.00pm	3000m Steeplechase	

FIELD EVENTS

FIELD EVENTS

TIME	LONG JUMP		HIGH JUMP	SHOT PUT	JAVELIN
9:00	11G	14B	U18/U20/Snr W	12B	
10:00	Sr/Mstr W	15B	11B	13B	
10:30			U16 B		
11:00	15G	Sr/Mstr Men	G	U20/U18 Women	U20/U18 Men
11:30					
12:00	13/14G	U20/U18 Men	11G/U16G/Mstr W	U16 B	Snr/Mstr Men
1:00	U20/U18 Women	11/12B		U16 G	Snr/ Mstr Women
1:30					
2:00	12Girls	13B	13 G	Snr/Mstr M	14B
3.00	U16 G	U16 B		Sr/Mstr W	13/12 G



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**SUNDAY JULY 7th, 2018
TREVOR CRAVEN MEMORIAL MEET
SWANGARD STADIUM
TRACK EVENTS**

TIME	EVENT	AGE GROUP
9.00am	5000m 3000m	Snr M, Snr W, U20 W and M Masters W and M, U18 W and M, (3000m and 5000m are run together)
	2000m	U16 W and M, 11 girls and boys
10.15am	60m Heats	2013, 2014, 2015 girls and boys
10.45am	200m Finals	Masters, Snr, U20, U18, U16, 11, 12, 13 girls and boys
12.30pm	800m Finals	Masters, Snr, U20, U18, U16 W and M, 11, 12 boys/girls
	600m Finals	2013 to 2015 girls and boys
12.30pm	Fun Five for Track Rascals	2016, 2017, 2018 boys and girls
1.30pm	400m Hurdles	Masters Men 35 to 49 (.91m), Snr M (.91m) U20 M (.91m) 50-59M (.84) U18M (.84m), Masters Women 35-49 (.76m) Snr W (.76m), U20W (.76m) U18 W (.76m)
2.00pm	300m Hurdles	Women 50-59 (.76m), Men 60-69(.76m) U16 G/B (.76m), W60-69(.68m), M70-79(.68m),
2.30pm	200m Hurdles	70+W(.68m/27"), 80+M(27"), 11 G&B (27") 12 G&B (24")
3.00pm	60m Finals	2013, 2014, 2015 girls and boys
3.15pm	800m Racewalk	2012-2015 girls and boys combined
3.30pm	1500m Racewalk	Masters, U16, 11girls and boys
3.45pm	3000m Racewalk	Senior, U20, U18 Men and Women

FIELD EVENTS

TIME	TRIPLE JUMP	HIGH JUMP	POLE VAULT	DISCUS	SHOT PUT	JAVELIN
9:00	11G	15G		13/14 B	13 G	
10:00	Sr/Mstr W	12B	12/U16/ Mstr U18/U20/Snr Under 3m	U16 B	12G	U20/U1 W
11:00	11B	Mstr/ U20/ U18 Snr M		U16 G	14/15G	U16 B
12:00	U20/U18 Men	14G		11/12 G	14/15 B	12B
1:00	U16 Boys	13 B		13/14 G	11G	U16 G
2:00	U16 Girls	14B	U16/Mstr U18/U20r/Sr Starting at 3m	12B	11B	13 B
3:00	U20/U18 W Snr/Mast M	15 B			U20/U18 Men	11/12 G