



2024 NAKAMURA JUDO OPEN

Technical Package

Saturday, May 04, 2024

West Kildonan Collegiate

101 RIDGECREST AVENUE

WINNIPEG MB R2V4T6

Organizing Committee

Tournament Directors

Airton Nakamura - nakjudo@gmail.com – 1 (204) 296-2540
Philip O’Gorman – philipogorman@gmail.com -1 (204) 510-3473

IT Management, Registration and Draw

James Colp, Jullie Quijano

Chief Referee

Milton Good

Medical

Nancy Ewachewski

Schedule

*** The official schedule is subject to change at the discretion of the Tournament Director in consultation with the Organizing Committee ***

Thursday, May 2, 2024		
Before 11:59 PM	Club Coaches send U10 and U12 weights in Kilograms and names to julliersq@gmail.com	
Friday, May 3, 2024		
7:00 to 9:00 PM	Weigh-in for U14 and older	West Kildonan Collegiate Gym
Saturday May 4, 2024		
8:30 to 10:00 AM	Weigh-in for U14 and older	West Kildonan Collegiate Gym
10:00 AM	Referee Meeting	
10:30 AM	Opening Ceremony / Bow-in	
10:30 AM	Competition Starts Beginning with U10 / U12	

Tournament Venue

West Kildonan Collegiate Gym

101 RIDGECREST AVENUE

WINNIPEG MB R2V4T6

Registration

THIS TOURNAMENT IS PRE-REGISTRATION ONLY:

Registration Opens: April 4th

Registration Closes: May 1st

– **Referee Registration:**

- Our tournaments success depends upon the great participation of the volunteer referees, please sign up via trackie:
- Trackie – <https://registration.judocanada.org/event/2024-NakamuraReferee>
- Referees of all levels welcome

– **Athlete Registration:**

- Online registration for all athletes:
- Trackie – <https://registration.judocanada.org/event/2024-NakamuraJudoOpen>
- Athletes must have a valid Judo Canada membership
- Athletes may compete in up to two regular divisions if eligible
- All competitors except for U10 and U12 must be present at the weigh-in.

Coaches, please send U10 and U12 weights and names to the tournament director by end of day Thursday, May 2.

Registration Fees

\$40 for the first division

\$20 for a second division

Fees are payable by cheque or cash at the time of weigh-in.

Divisions

All athletes must be minimum rank of Yellow Belt

U10
Athletes born in 2015 and 2016
Match Time: 2 minutes non-stop time; No Golden score
No weight classes + Mixed Gender Athletes are grouped with closest weight in round robin format of ideally 3-4 competitors.
U12
Athletes born in 2013 and 2014
Match Time: 2 minutes; No Golden score
No weight classes + Male/Female OR Mixed Gender – dependant on entries. Athletes are grouped with closest weight in round robin format of ideally 3-4 competitors.

U14	
U14 MALE	U14 FEMALE
Athletes born in 2011 and 2012	
Match Time: 3 minutes; No Golden score No Shime-waza OR Kansetsu-waza	
-32 kg; -35 kg; -38 kg; -42 kg; -46 kg; -50 kg; -55 kg; -60 kg; -66 kg; +66 kg	-30 kg; -33 kg; -36 kg; -40 kg; -44 kg; -48 kg; -52 kg; -57 kg; -63 kg; +63 kg
U16	
U16 MALE	U16 FEMALE
Athletes born in 2009, 2010 and 2011*	
Match Time: 3 minutes; Golden score: No Limit ; No Kansetsu-waza	
-38 kg; -42 kg; -46 kg; -50 kg; -55 kg; -60 kg; -66 kg; -73 kg; +73 kg	-36kg; -40 kg; -44 kg; -48 kg; -52 kg; -57 kg; -63 kg; -70 kg; +70 kg
U18	
U18 MALE	U18 FEMALE
Athletes born in 2007, 2008, 2009 and 2010*	
Match Time: 4 minutes; Golden score: No Limit	
-50 kg; -55 kg; -60 kg; -66 kg; -73 kg; -81 kg; -90 kg; +90 kg	-40 kg; -44 kg; -48 kg; -52 kg; -57 kg; -63 kg; -70 kg; +70 kg;
No U21 Division. U21 athletes are encouraged to fight in Senior Novice or Advanced	

SENIOR	
Novice Yellow to Green, Advanced Blue to Black	
SENIOR MALE	SENIOR FEMALE
Athletes born in 2009 and earlier	
Match Time: 4 minutes; Golden score: No Limit	
-60 kg; -66 kg; -73 kg; -81 kg; -90 kg; -100 kg; +100 kg	-48 kg; -52 kg; -57 kg; -63 kg; -70 kg; -78 kg; +78 kg
VETERAN	
VETERAN MALE	VETERAN FEMALE
Athletes born 1994 or earlier	
Match Time: 3 minutes; Golden score: No Limit	
Veteran divisions will be determined depending on entries	
NE-WAZA	
NE-WAZA MALE	NE-WAZA FEMALE
Athletes born in 2009 or earlier	
Minimum rank (Green Belt)	
Match Time: 4 minutes; Golden score: No Limit	
Ne-waza divisions will be determined depending on entries	

Years with an asterisk (*) are considered Judo Canada Early Bloomers.

** The organizers reserve the right to modify or combine weight divisions in case of an inadequate number of participants.

Canteen

A canteen will be available.

Complimentary meals for referees.

Competition Format

U10/U12

- o Athletes closest in weight will be grouped together in divisions of (ideally) 3 – 4 competitors and will compete in a round robin format.

U14, U16, U18, U21, Senior, Veteran

- o The modified double elimination format will be used.
- o In weight categories with six (6) or seven (7) competitors, the double pool format will be used
- o In weight categories with five (5) or fewer competitors, the round-robin/pool format will be used.
- o In the event of a double or triple tie in the round-robin/pool format, tied competitors compete again in a round robin/pool. Each tie-breaker bout will be fought in the Golden Score format. For U12 if only two competitors are tied, only one bout of golden score will be fought.
- o Tournament regulations as per Judo Canada's Sanction Policy and Tournament Standards – 2023-2024.

All issues/cases(s) that are unexpected or deemed exceptional circumstances will be solved by decisions taken by the Judo Manitoba designated Chief Official in cooperation with the Organizing Committee.

Medal Ceremony

Medals: Gold, Silver and Bronze are awarded for First, Second and Third place, respectively.

Medal presentations will take place shortly after the conclusion of each age category.

Key Competition Rules & Clarifications

The rules below are in addition to, or are clarifications of, the IJF rules.

- Tournament Regulations as per Judo Canada's Tournament Standards and Sanctions manual will be applied, unless otherwise specified in this document.

AGE/DIVISION SPECIFIC RULES

- See Appendix

COMPETITION

- Call to Mat
 - o Any competitor not on the mat area after having been called 3 times at 1-minute intervals will automatically lose the bout.
- Rest Periods
 - o Rest between bouts will be at a minimum of double the time of the maximum length of the bout for a given age group.
- Hygiene
 - o The judogi shall be clean, dry and without unpleasant odor.
 - o The nails of the feet and hands shall be cut short.
 - o Long hair must be bound with an elastic band (no metal) done up and off the collar.
 - o Glasses, watches and jewelry, body piercings, etc. are prohibited.
 - o Make up and strong scents are not allowed.

SCORING

- Hansoku-make
 - o Any competitor disqualified by Hansoku-make for an action dangerous to the opponent or any unethical action contradictory to the spirit of sport will be disqualified from the entire event (all age groups, on all days) and will lose standing earned in the division in which they were disqualified.
 - o A competitor disqualified by Hansoku-make for any other reason loses the match but can continue in the repechage round and other divisions of the event.
- Kiken-gachi
 - o Any competitor submitting by Kiken-gachi (injury) will not be allowed to resume competition without permission of the medical officer appointed by the tournament organizing committee.

COMPETITION UNIFORM

Competitors shall wear either a blue or white Judogi (The first competitor called shall wear the white Judogi; the second shall wear the blue). Competitors may also both wear white but in that case are required to wear the provided white and blue sashes respectively.

If a competitor presents themselves as the White fighter in a Blue gi, they will be asked to change into a White gi – there are no exceptions to this rule.

Female contestants shall wear a short sleeved white shirt under their jacket that is long enough to be worn inside the trousers.

Appendix

Judo Manitoba Quick Reference Rules

	U10	U12	U14	U16	U18	U21	Senior	Veteran	Ne-Waza
Kansetsu Waza (Arm Bars)	No	No	No	No	Yes - Green Belt and Above	Yes - Green Belt and Above	Yes - Green Belt and Above	Yes - Green Belt and Above	Yes - Green Belt and Above
Shime Waza (Chokes)	No	No	No	Yes - Green Belt and Above	Yes - Green Belt and Above	Yes - Green Belt and Above	Yes - Green Belt and Above	Yes - Green Belt and Above	Yes - Green Belt and Above
Sankaku Gatame	No	No	No	Yes - Green Belt and Above	Yes - Green Belt and Above	Yes - Green Belt and Above	Yes - Green Belt and Above	Yes - Green Belt and Above	Yes - Green Belt and Above
Drop Techniques	No	No	No	Yes	Yes	Yes	Yes	Yes	N/A
Tani Otoshi	No	No	Yes	Yes	Yes	Yes	Yes	Yes	N/A
Sutemi Waza	No	No	Yes - Green Belt and Above	Yes	Yes	Yes	Yes	Yes	N/A
Makikomi Waza	No	Yes - if started with allowed technique then Uke's reaction results in Makikomi	Yes - if started with allowed technique then Uke's reaction results in Makikomi	Yes	Yes	Yes	Yes	Yes	N/A
Head Locking, Koshi-Guruma/Kubi-Nage	No	No	No	Yes	Yes	Yes	Yes	Yes	N/A
Counter-rotation against One legged throws ie. Uchi-mata, Harai-goshi	No	No	No	Yes	Yes	Yes	Yes	Yes	N/A
Gripping	Standard Grips - No crossing the front plane of opponent except on immediate throw	Standard Grips - No headlocking in Tachi-waza or Ne-waza	Standard Grips - No headlocking in Tachi-waza	IJF Rules	IJF Rules	IJF Rules	IJF Rules	IJF Rules	IJF Rules
Medical Rules	Unlimited	Unlimited	Unlimited	Unlimited	Unlimited	IJF Rules	IJF Rules	IJF Rules	IJF Rules
Prohibited actions	Mate and Explain	Warning for the 2nd same infraction. Shido for 3rd subsequent infractions	Shido for prohibited actions	IJF Rules	IJF Rules	IJF Rules	IJF Rules	IJF Rules	IJF Rules
Time	2 mins. Non-stop No Golden Score	2 mins. Reg time No Golden Score	3 mins. Reg time No Golden Score	3 mins. Reg time Unlimited Golden Score	4 mins. Reg time Unlimited Golden Score	4 mins. Reg time Unlimited Golden Score	4 mins. Reg time Unlimited Golden Score	3 mins. Reg time Unlimited Golden Score	4 mins. Reg time Unlimited Golden Score