

2024 Jesse Bent Invitational Track and Field Meet

Hosted by the Coquitlam Cheetahs Sanctioned by BC Athletics

LOCATION: PERCY PERRY STADIUM (In Town Center Park)
1290 PIPELINE ROAD
COQUITLAM, B.C.

WHEN: June 1st and 2nd, 2024

FACILITY: Percy Perry Track is an IAAF compliant competition track surfaced with Mondo SX
Maximum spike length - 5mm for the track, 7mm for long/triple jump, 9mm for javelin.

AGES: Born 2015 through 2011 (Junior Development Categories), U16, and Open (age 16 and up on December 31, 2024) categories. Exceptions made for hurdle heights/distance and throwing weights. U18 and U20 events for hurdles, steeplechase and throwing events will be offered when hurdle heights or throwing implement weights are different from the CSG sections.

We do not offer Masters specific events. Masters must compete in Open category using implement weights, hurdle heights and distances applicable to the Open category.

ENTRY FEE: \$8.00 per athlete per individual event for JDs (2015-2011)
\$12.00 per athlete per individual event for U16, U18, U20, and Open.
An additional \$3.00 per athlete for Non-BC Athletic member for "Day of Event Fees".

DEADLINE: MONDAY May 27, 2024, 11:59pm

No late entries or day of race entries will be accepted.

ENTRIES: All entries by <http://www.trackie.com/online-registration/>.

AWARDS: Medals for 1st, 2nd and 3rd. Double ribbons for 4th to 8th place. Awards can be picked up 30 minutes after the results are posted. Jesse Bent Memorial Trophy will be awarded for the U18 Men's 200m race. The Densile Mensah Long Jump Trophy will be awarded to an outstanding long jumper in the U20 section.

MEET DIRECTOR: Paul Self ptmdself@gmail.com

MEET MANAGER: Nick Ayin nicholasayin0@gmail.com

MEDICAL

MedTech Emergency Medical Services (on-site). Eagle Ridge Hospital (5 minutes away)

REGISTRATION PACKAGE

Will be available for pick up after 7:30 am at the Meet Office (shed in the southeast corner of stadium).

EVENT TIMES

All times are approximate. Events will not be moved more than ten (10) minutes ahead of schedule.

EQUIPMENT

The Coquitlam Cheetahs will provide throwing implements for those not bringing personal implements. Equipment weigh in is at the Meet Office (shed in the southeast corner of stadium).

MEET RESULTS

Compiled Meet Results will be sent to B.C. Athletics to be placed on their website at www.bcathletics.org.

MARSHALLING

All track athletes will marshal at the south end of the track by age groups.
All field events will marshal at their event location.

COMPETITOR'S NUMBERS

Each athlete will be issued a competitor's number, to be worn on the FRONT. Competitor numbers will be included in the registration package.

JURY OF APPEAL

A Jury of Appeal consisting of three (3)-qualified persons will be available to deal with any protest arising during the meet. The decision of the Jury will be final.

RULE BOOK

World Athletics rules with BC Athletics Junior Development variations.

SIMULTANEOUS EVENTS

Track events will not be delayed. In the event of a conflict between field and track, every attempt will be made to allow the athlete to compete. The athlete must notify the Officials at marshaling time of this conflict.

TRACK EVENTS**ORDER OF TRACK EVENTS**

Races will be run in this order: Open to U16, 2011 - 2015 with the exception of hurdles, which will follow Distance, Heights and Spacing. Women will start each age group.

STARTING BLOCKS

For 100M, 200M, 300M, 400M and all hurdles starting blocks are required will be provided for all athletes U16 and older. No blocks will be allowed for athletes born in years 2011 to 2015.

GROUPINGS

Some age groups may be combined to race together in longer distances, but will be scored separately.

QUALIFYING FOR FINALS

Unless heats are indicated on the schedule, all track events will be timed finals. If eight (8) or fewer athletes are entered in a heat event, then the race will be run as a final at the time of the scheduled heat. If 100m heats are required, the eight fastest competitors will determine the finalists. If still tied, the athlete from the heat with the fastest winning time will qualify.

FIELD EVENTS

ATTEMPTS

For horizontal jumps, athletes 13 years and under will receive three (3) attempts. U16 and Open sections will receive three (3) attempts with the top 8 competitors receiving an additional three (3) attempts.

HIGH JUMP - STARTING HEIGHTS

Age Category	Women	Men
9 years	80 cm	85 cm
10 years	90 cm	95 cm
11 years	100 cm	105 cm
12 years	105 cm	110 cm
13 years	115 cm	120 cm
U16	125 cm	135 cm
Open	140 cm	155 cm

THROWS

Athletes 13 years and under will receive three (3) throws. U16, U18 and older will receive three throws with the top 8 competitors receiving an additional three (3) throws.

IMPLEMENT WEIGHT

As per IAAF, Athletic Canada and BC Athletic rules, the Coquitlam Cheetahs Track and Field Club will supply some implements. Personal implements must be weighed in each day and left with the Officials until one half-hour before competition begins. Any personal implement weighed in becomes the property of the event and can be used by any athlete taking part in that event.