

2024 RCL District B Legion Track and Field Meet Saturday, June 15, 2024

Location:		ohawk Sports Park 100 Mohawk Rd E, Hamilton, ON L8T 2S4			
Sanctioned by: Royal Canadian Legion (Athletics Ontario Approved)					
Hosted by:	Niagai	ara Olympic Track and Field Club and Hamilton Olympic Track and Field Club			
Meet Directors:		Sharon Stewart Mike Smith	sharon.noc@outlook.com boatsmith@cogeco.ca		
Entries Chairperson:		Steve Moran	steve@sportmadesimple.com		
Results: https://spo		https://sportmadesi	mple.com/		
District B Legion Contact: Kiryn Croo		tact: Kiryn Crook	track.dist.b@gmail.com		
Age groups:	U14 U16 U18	Exhibition Championships Championships	Born 2012 and 2011 Born 2010 and 2009 Born 2008 and 2007		
-			Aonday, June 10 @ 7:00pm Intries received after this date will not be accepted.		
Entry Fee:		\$15.00 per athlete per event (plus service charges) Athletes may compete independently of a school or club affiliation			
Entries online: TRACKIE - Online		TRACKIE - Online r	registration for events, tournaments, clubs and organizations		

Entry Confirmations: As entries are processed, the performance lists are available on line on Trackie.

Schedule: Please see attached schedule. The Schedule is subject to change based on entries received. Along with performance lists, a FINAL schedule will be posted, on line.

Registration, Waiver and BIB number pick up:

- A completed waiver and photography release form must be submitted at the registration table.
- Clubs are encouraged to collet all waivers from their members prior to submitting for a team package.

Check-in Procedure:

• Athletes are to check in at the Start Line 15 minutes before the scheduled start time for the track event and at the field event 15 minutes before the scheduled start time for the event.

Awards: Medals will be awarded to the first three finishers in each event.

Facility:	All-weather 8 lane rubberized surface. Maximum spike length 7 mm. Concrete throwing circles.		
Concession:	on site		
Facility Rules:	Only coaches and officials and meet volunteers will be permitted onto the competition areas. All others must go to the spectator viewing area. Meet organizers will provide passes for coaches.		
Start Rule:	WA No fault starts rule for U16 and U18.		
Implements:	Personal implements will be allowed and once checked-in, will be entered into the competition equipment pool.		
Protests:	All protest must be made as outlined in WA rule book. In all cases, protests must be filed within 30 minutes of the official announcement or release of the results. If no protest is received within the above mentioned time limit, the result as released will stand. If a protest changes a result, 30 minutes will be allowed following the announcement or release of the decision for appeal to be brought forward. The decision of the referee may be appealed to the Jury of Appeal whose decision is final. The protest fee of \$50.00 will be returned if the protest is upheld.		

RCL District B Track and Field Meet Regulations

There is a restriction of three (3) events per athlete. It is recommended that those athletes, interested in being considered for the multiple events, compete in the key elements of those events (hurdles, high jump, shot put, etc.) Athletes found representing the wrong District, or competing in multiple Districts, will only be included in the selection for the District Team if prior approval is received from both District Chairs and The Provincial Chair. Should approval not be obtained, participants will forfeit their further participation which could lead to being ineligible for other legion events. Information will be passed on to national coordinators to determine the outcome.

Athletes who reside outside of the District B boundaries are welcome to compete however inclusion to the Provincial meet must be pre-approved by **BOTH** District Chairs.

District B Boundarieshttp://on.legion.ca/districts?Dist=District%20BProvincial Listhttp://on.legion.ca/home

RCL Ontario Provincial Outdoor Track and Field Championships

Date:July 12th &13th, 2024Location:Toronto Track and Field Centre
231 Ian MacDonald Blvd, North York, ON M7A 2C5

Selection to the District B team for Provincial Championships:

Immediately after the last event, the District B team will be selected using the following criteria:

- Initial top ten (10) in points from each age group, male and female
- Review with Athlete's availability of said Top 10.
- District Chairman to identify any other Athletes to meet the District B team numbers.



This form must be handed in at registration.

SANCTIONED AND REQUIRED BY: THE ROYAL CANADIAN LEGION – DISTRICT B

RELEASE, WAIVER AND INDEMNITY

IN CONSIDERATION of the acceptance of my application and the permission to participate as an entrant or competitor in

The 2024 ROYAL CANADIAN LEGION District B Outdoor CHAMPIONSHIPS

I, for myself, my heirs, executors, administrators, successors and assigns HEREBY RELEASE, WAIVE AND FOREVER DISCHARGE

The Royal Canadian Legion – District B Niagara Olympic Track and Field Club Hamilton Olympic Track and Field Club

And all other associations, sanctioning bodies and sponsoring companies, and all their respective agents, officials, servants, contractors, representatives, successors and assigns OF AND FROM ALL claims, demands, damages, costs, expenses, actions and causes of action, whether in law or equity, in respect of death, injury, loss or damage to my person or property HOWSOEVER CAUSED, arising or to arise by reason of my participation in the said event, whether as spectator, participant, competitor or otherwise; whether prior to, during or subsequent to the event AND NOTWITHSTANDING that same may have been contributed to or occasioned by the negligence of any of the aforesaid.

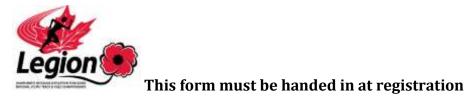
I FURTHER HEREBY UNDERTAKE to HOLD AND SAVE HARMLESS and AGREE TO INDEMNIFY all of the aforesaid from and against any and all liability incurred by any or all of those arising as a result of, or in any way connected with my participation in the said event.

BY SUBMITTING this ENTRY, I ACKNOWLEDGE HAVING READ, UNDERSTOOD AND AGREED to the above WAIVER, RELEASE AND INDEMNITY.

(Please print carefully)

Date	Print Athlete Name	Signature
Date	Print Name	Signature of Parent, Legal Guardian or POA
Athlete's Date of Birth	·	_ Health Card Number:
Athlete's Address:		
Telephone Number:	E	mail Address:

2024.04.02SS



Photography Release

I, the undersigned, grant to The Royal Canadian Legion, Ontario Provincial Command permission to use images of me photographed at the 2024 District B Track and Field Championships for purposes of display, ceremonies, publication and digital representation and other purposes in relation to the promotion of The Royal Canadian Legion and/or the Legion Provincial Track and Field Championships. I also give consent for the free use of my name and/or picture in any broadcast, telecast or other account of the above event.

(Please print carefully)

Date

Print Athlete Name

Signature

Date

Print Name

Signature of Parent, Legal Guardian or POA