



2024 RCL District B Legion Track and Field Meet Saturday, June 15, 2024

Location: Mohawk Sports Park
1100 Mohawk Rd E, Hamilton, ON L8T 2S4

Sanctioned by: Royal Canadian Legion (Athletics Ontario Approved)

Hosted by: Niagara Olympic Track and Field Club and Hamilton Olympic Track and Field Club

Meet Directors: Sharon Stewart sharon.noc@outlook.com
Mike Smith boatsmith@cogeco.ca

Entries Chairperson: Steve Moran steve@sportmadesimple.com

Results: <https://sportmadesimple.com/>

District B Legion Contact: Kiryn Crook track.dist.b@gmail.com

Age groups:	U14	Exhibition	Born 2012 and 2011
	U16	Championships	Born 2010 and 2009
	U18	Championships	Born 2008 and 2007

Entry Deadline: Monday, June 10 @ 7:00pm
Entries received after this date will not be accepted.

Entry Fee: \$15.00 per athlete per event (plus service charges)
Athletes may compete independently of a school or club affiliation

Entries online: [TRACKIE - Online registration for events, tournaments, clubs and organizations...](#)

Entry Confirmations: As entries are processed, the performance lists are available on line on Trackie.

Schedule: Please see attached schedule. The Schedule is subject to change based on entries received. Along with performance lists, a FINAL schedule will be posted, on line.

Registration, Waiver and BIB number pick up:

- A completed waiver and photography release form must be submitted at the registration table.
- Clubs are encouraged to collect all waivers from their members prior to submitting for a team package.

Check-in Procedure:

- Athletes are to check in at the Start Line 15 minutes before the scheduled start time for the track event and at the field event 15 minutes before the scheduled start time for the event.

Awards: Medals will be awarded to the first three finishers in each event.

- Facility:** All-weather 8 lane rubberized surface. Maximum spike length 7 mm.
Concrete throwing circles.
- Concession:** on site
- Facility Rules:** Only coaches and officials and meet volunteers will be permitted onto the competition areas. All others must go to the spectator viewing area. Meet organizers will provide passes for coaches.
- Start Rule:** WA No fault starts rule for U16 and U18.
- Implements:** Personal implements will be allowed and once checked-in, will be entered into the competition equipment pool.
- Protests:** All protest must be made as outlined in WA rule book. In all cases, protests must be filed within 30 minutes of the official announcement or release of the results. If no protest is received within the above mentioned time limit, the result as released will stand. If a protest changes a result, 30 minutes will be allowed following the announcement or release of the decision for appeal to be brought forward. The decision of the referee may be appealed to the Jury of Appeal whose decision is final. The protest fee of \$50.00 will be returned if the protest is upheld.

RCL District B Track and Field Meet Regulations

There is a restriction of three (3) events per athlete. It is recommended that those athletes, interested in being considered for the multiple events, compete in the key elements of those events (hurdles, high jump, shot put, etc.) Athletes found representing the wrong District, or competing in multiple Districts, will only be included in the selection for the District Team if prior approval is received from both District Chairs and The Provincial Chair. Should approval not be obtained, participants will forfeit their further participation which could lead to being ineligible for other legion events. Information will be passed on to national coordinators to determine the outcome.

Athletes who reside outside of the District B boundaries are welcome to compete however inclusion to the Provincial meet must be pre-approved by **BOTH** District Chairs.

District B Boundaries <http://on.legion.ca/districts?Dist=District%20B>
Provincial List <http://on.legion.ca/home>

RCL Ontario Provincial Outdoor Track and Field Championships

Date: July 12th & 13th, 2024
Location: Toronto Track and Field Centre
231 Ian MacDonald Blvd, North York, ON M7A 2C5

Selection to the District B team for Provincial Championships:

Immediately after the last event, the District B team will be selected using the following criteria:

- Initial top ten (10) in points from each age group, male and female
- Review with Athlete's availability of said Top 10.
- District Chairman to identify any other Athletes to meet the District B team numbers.

