



Debbie Miller Classic Friday, May 3, 2024



Sponsored by
Toyota Motor
Manufacturing
Canada Inc.

Schedule of Track Events

| Time | Event | Age Classes | Order |
|----------|------------------------------------------|----------------------|------------|
| 10:00 am | Sprint hurdles | Novice/Junior/Senior | Girls/Boys |
| 11:00 am | Rick Mannen 1500m* | Novice/Junior/Senior | Girls/Boys |
| 12:00 pm | 4x100m | Novice/Junior/Senior | Girls/Boys |
| 1:15 pm | 400m | Novice/Junior/Senior | Girls/Boys |
| 2:30 pm | Debbie Miller 100m* | Novice/Junior/Senior | Girls/Boys |
| 3:30 pm | Medley Relay (200m, 200m, 400m, 800m) | Junior/Senior | Girls/Boys |

- ***Olympian Debbie Miller and 7-time international marathon winner Rick Mannen will present special awards to the overall fastest male and female runners in the 100m and 1500m races**
- The Medley Relay will consist of 4 runners: two 200-metre runners, one 400-metre runner and one 800-metre runner
- Track and field events may run ahead of schedule, if possible.

Schedule of Field Events

| | Long Jump | Triple Jump | High Jump | Discus | Javelin | Shot put |
|------------|-----------|-------------|-----------|---------|---------|----------|
| 10:00 a.m. | SB | | NB & JB | NG & JG | SG | SB |
| 11:00 a.m. | SG | NG & JG | | NB | SB | JB |
| 12:00 p.m. | NB | JB | SB | SG | JG | NG |
| 1:00 p.m. | NG | SB | SG | SB | JB | NB |
| 2:00 p.m. | JB | NB | NG & JG | JB | NG | SG |
| 3:00 p.m. | JG | SG | | | NB | JG |

Register at www.trackie.com