

## **CRUISERS CLASSIC & PARA ATHLETICS CLINIC**

**Date:** May 4<sup>th</sup> (Clinic) & May 5<sup>th</sup> (Competition)  
**Time:** 8:30am – 5:00pm  
**Place:** Toronto Track & Field Centre, 231 Ian MacDonald Blvd, North York, M7A 2C5  
**Hosted by:** Cruisers Sports  
**Meet Director:** Lisa Myers [paraathletics@cruisers-sports.com](mailto:paraathletics@cruisers-sports.com)  
**Event Inquiries:** Lisa Myers [paraathletics@cruisers-sports.com](mailto:paraathletics@cruisers-sports.com)  
**Approved by:** World Para Athletics (WPA)/Athletics Ontario (AO)/Athletics Canada (AC)  
**Website:** [www.cruisers-sports.com/classic](http://www.cruisers-sports.com/classic)

### **PARA ATHLETICS CLINIC – MAY 4<sup>TH</sup>**

The Para Athletics Clinic will be held on May 4<sup>th</sup> from 9:00am – 4:00pm. The session (included with the meet registration for para athletes) will include a morning and afternoon training session for athletes, as well as a Try It event for brand new participants from 11:30am – 1:00pm. Provincial classifiers will be on-site to answer classification questions and provide a general assessment. NOTE: this will not be an official provisional classification as defined by Athletics Canada. All participants of the para athletics clinic will be provided with lunch. For more information on the clinic, please contact Lisa Myers at [paraathletics@cruisers-sports.com](mailto:paraathletics@cruisers-sports.com).

### **CRUISERS CLASSIC MEET – MAY 5<sup>TH</sup>: TECHNICAL INFORMATION**

#### **SPORTS CLASSES/EVENTS AVAILABLE**

T/F11-13, T/F 20, T32-38 and F31-38, F40-41, T/F42-46, T51-54 and F51-57, T/F61-64

Able-Bodied events (Open): 100m, 200m, 400m, 800m, 1500m, Shot Put, Discus, Javelin, Hammer Throw, Long Jump

Para Events: 100m, 200m, 400m, 800m, 1500m, Shot Put, Discus, Javelin, Club Throw, Long Jump  
70m Mixed Jr Para Ambulatory Race / 100m Mixed Junior Frame Running Race

#### **ON SITE REGISTRATION**

Athletes who attend the para athletics clinic on Saturday, May 4<sup>th</sup> will be able to pick up their registration package during that session. Day of registration package pick up starts on site at 8:30 a.m. on Sunday, May 5<sup>th</sup>.

#### **CLASSIFICATION**

Provisional Classification is not available during the Sunday meet.

#### **HOW TO ENTER**

Registration/entry forms must be completed ONLINE at: <https://www.trackie.com/event/2024-CruisersClassic>. The entry deadline is Tuesday, April 30<sup>th</sup> at 11:59pm. There are no entry standards for this event. Any registration inquiries after the deadline should be directed to Lisa Myers at [paraathletics@cruisers-sports.com](mailto:paraathletics@cruisers-sports.com).

#### **ENTRY FEES**

Cruisers Sports Athletes: Meet entry fees are included as part of club membership. Please select “cheque” or “on-site” option to complete meet registration.

All Other Athletes: Cost is \$25.00 flat fee per athlete. This fee includes access to the training sessions for para athletes as part of the Para Athletics Clinic on Saturday, May 6<sup>th</sup>.

## **FACILITY**

Toronto Track & Field Centre

231 Ian MacDonald Blvd, North York, M7A 2C5

Paid parking only – map with parking lot information is on the last page.

## **OUTDOOR TRACK AND FIELD SPECIFICATION**

- 8-lane, 400m Olympic regulation track (synthetic rubberized material surface) with two 125m sprint and hurdle runways
- Full complement of facilities for pole vault, high jump, triple and long jump, javelin, shot put, discus, hammer throw, weight throw, hurdles and steeple chase

## **TIMING/MEET MANAGEMENT PROGRAM:**

LYNX Pad

## **STADIUM WARM-UP AND PRACTICE SESSIONS**

Sunday May 5th at 8:30 am

## **START LISTS**

Heats (only) will be seeded by time regardless of category (ie. Disability class or open).

## **MARSHALLING**

Track: Athletes are to report to the start line.

Field: Athletes are to report to event site 30 minutes prior to start of event.

## **EQUIPMENT**

Starting Blocks will be provided.

Throwing implements will be provided for para events only – all able-bodied athletes must bring their personal implements for this event. Personal implements must be weighed prior to competition. Weigh-in will be conducted at the event site at the check in desk. Please allow extra time for weigh-in prior to your event start time.

## **ON-SITE MEDICAL SUPPORT**

First Aid Attendant will be available on-site for minor injuries. The closest hospital is Humber River Hospital (1235 Wilson Avenue).

## **EVENT ENQUIRIES**

Local Organizing Committee:

Cruisers Sports

Contact Name:

Lisa Myers

Telephone:

604-619-7766 (cell)

Email:

[paraathletics@cruisers-sports.com](mailto:paraathletics@cruisers-sports.com)

## RULES

IAAF and WPA

## TRANSPORTATION

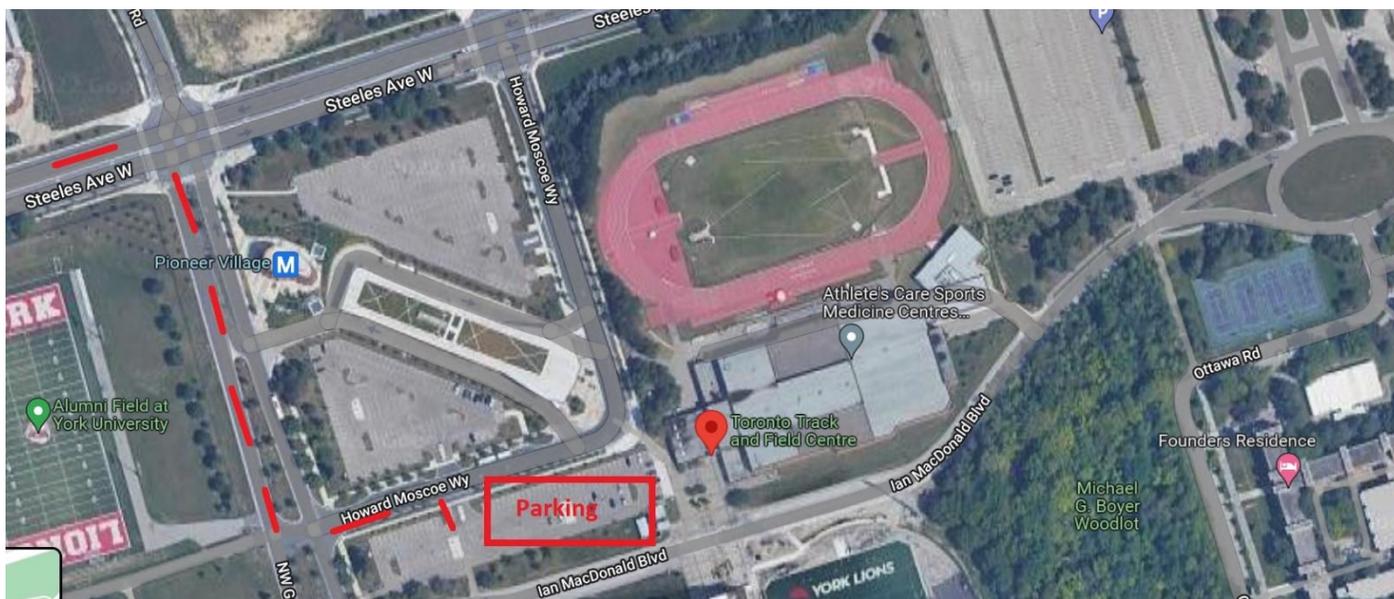
There will be no shuttle service to or from the venue or the airport. Transportation is the responsibility of the team/athlete. Public transportation info below.

Toronto Pearson Airport - [www.torontopearson.com/](http://www.torontopearson.com/)

Brampton Transit - [www.brampton.ca/en/residents/transit/Pages/Welcome.aspx](http://www.brampton.ca/en/residents/transit/Pages/Welcome.aspx)

GO Transit - [www.goatransit.com/publicroot/en/default.aspx](http://www.goatransit.com/publicroot/en/default.aspx)

## Parking Map



Enter York Campus off of Steeles Ave W onto NW Gate Road

Turn left onto Howard Moscoe Way

Enter parking lot on right hand side

Enter TTFC through main door (red pin drop)

## Supporters

This event has been made possible in part by:



Last update: March 19<sup>th</sup> @ 6:00PM



**COMPETITION SCHEDULE**

This schedule is **tentative** as of March 19<sup>th</sup>. Athletes should be prepared that their event time may change anywhere within the 9:00am – 4:00pm timeframe of the event up until registration closes as timing of event offerings and locations will be dependent on number of athletes registered in para events and facility accessibility needs. All registrants will receive a final schedule on Thursday, May 2<sup>nd</sup>. For the most current schedule, please visit our website:

[www.cruisers-sports.com/classic](http://www.cruisers-sports.com/classic).



**TRACK**

**FIELD**

<b>10:00 AM</b> Women & Men WC 200 M Women & Men AMB 200 M	<b>9:00 AM</b> Women & Men Hammer Throw <i>West Discus Cage</i>	<b>9:00 AM</b> Women & Men TD Shot <i>East Tie Down Shot Circle</i>
<b>10:30 AM</b> Women & Men AMB 1500 M		
<b>11:00 AM</b> Women & Men WC 100 M Heats Women & Men AMB 100 M Heats	<b>10:45 AM</b> Women & Men Discus Amb <i>West Discus Cage</i>	<b>11:30 AM</b> Women & Men Long Jump
<b>11:15am</b> Junior Mixed Para AMB 70m Dash Junior Mixed 100m Frame Running		
<b>Lunch Break</b> 12:00 – 12:30		
<b>12:30 PM</b> Women & Men WC 100 M Finals Women & Men AMB 100 M Finals	<b>12:30 PM</b> Women & Men Shot Put Amb <i>West Shot Circle</i>	<b>12:30 PM</b> Women & Men TD Discus <i>East Tie Down Discus Circle</i>
<b>1:00 PM</b> Women & Men WC 400 M Women & Men AMB 400 M	<b>1:30 PM</b> Women & Men Javelin Amb <i>West Javelin Runway</i>	<b>3:00 PM</b> Women & Men TD Javelin <i>East Tie Down Discus Circle</i> OR <i>East Tie Down Shot Circle</i>
<b>1:45 PM</b> Women & Men WC 800 M		

\*\* All times listed for field events are event start times; ambulatory throwers will be able to start warm up 30 minutes prior to start time

\*\*Events may be moved up to 30 minutes earlier than posted start time

\*\*Warm Up Lane Assignments: Wheelchair Racers Lanes 1-4; Ambulatory Runners Lanes 5-8

Last update: March 19<sup>th</sup> @ 6:00PM

