## VVAC All Comers Mini Meet <br> Sunday March 10 th, 2024

| 9:30am | 60 m Hurdle | Men $1^{\text {st }}$ Run |
| :--- | :--- | :--- |
| 9:35am | 60 m Heats | Women $1^{\text {st }}$ Run (Masters, U14, Open) |
| 10:00am | 60 m Heats | Men $1^{\text {st }}$ Run (Masters, U14, Open) |
| 10:40am | 800 m | Women (U14, Open) |
| 10:46am | 800 m | Men (Masters, U14, Open) |
| 11:00am | 400 m | Women (U14, Open) |
| 11:15am | 400 m | Men (Masters, U14, Open) |
| 11:30am | 60 m Hurdle | Men $2^{\text {nd }}$ Run |
| 11:35am | 60 m Final | Women $2^{\text {nd }}$ Run (Masters, U14, Open) |
| 12:00pm | 60 m Final | Men $2^{\text {nd }}$ Run (Masters, U14, Open) |
| 12:40pm | 5000 m Masters Invite | Men |
| 1:00pm | 200 m | Women (Masters, U14, Open) |
| 1:25pm | 200 m | Men (Masters, U14, Open) |

## ALL TIMED SECTIONS WILL BE RUN FROM FAST TO SLOW

Masters Sections by Gender will run Before the U14 and Open Sections unless combined with an Open Section

