



VVAC All Comers Mini Meet Sunday March 10th, 2024

9:30am 60m Hurdle Men 1st Run

9:35am 60m Heats Women 1st Run (Masters, U14, Open)

10:00am 60m Heats Men 1st Run (Masters, U14, Open)

10:40am 800m Women (U14, Open)

10:46am 800m Men (Masters, U14, Open)

11:00am 400m Women (U14, Open)

11:15am 400m Men (Masters, U14, Open)

11:30am 60m Hurdle Men 2nd Run

11:35am 60m Final Women 2nd Run (Masters, U14, Open)
12:00pm 60m Final Men 2nd Run (Masters, U14, Open)

12:40pm 5000m Masters Invite Men

1:00pm 200m Women (Masters, U14, Open)

1:25pm 200m Men (Masters, U14, Open)

ALL TIMED SECTIONS WILL BE RUN FROM FAST TO SLOW

Masters Sections by Gender will run Before the U14 and Open Sections unless combined with an Open Section