

2024 Athletics Nova Scotia Indoor Club Championships - 3/2/2024
Canada Games Centre
Meet Program

Event 1 Women 14-15 60 Meter Hurdles 30"**Saturday 3/2/2024 - 1:00 PM**

Lane Name	Team	Seed Time
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Section 1 of 1 Finals

3	484 Angus, Courtney	Truro Lions	12.84
4	486 Burke, Kaydence	Truro Lions	10.19
5	366 Barteaux, Raelin	Annapolis Co	10.30

Event 2 Women 16-17 60 Meter Hurdles 30"**Saturday 3/2/2024 - 1:10 PM**

Lane Name	Team	Seed Time
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Section 1 of 1 Finals

3	386 Gaudry, Catherine	Athletics Ea	10.07
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Event 3 Women 18-19 60 Meter Hurdles 33"**Saturday 3/2/2024 - 1:10 PM**

Lane Name	Team	Seed Time
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Section 1 of 1 Finals

6	356 Cavallina, Chiara	Adrenaline A	10.49
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Event 4 Men 16-17 60 Meter Hurdles 36"**Saturday 3/2/2024 - 1:20 PM**

Lane Name	Team	Seed Time
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Section 1 of 1 Finals

3	362 Riis, Izaak	Adrenaline A	9.20
4	364 Vanderwal, Ryan	Adrenaline A	9.07
5	359 Hooper, Ethan	Adrenaline A	9.19
6	403 Martin, Robert	Athletics Ea	9.25

Event 5 Men 20-34 60 Meter Hurdles 42"**Saturday 3/2/2024 - 1:25 PM**

Lane Name	Team	Seed Time
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Section 1 of 1 Finals

4	481 Sutherland, Tristan	St. Mary's H	9.68
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Event 6 Women 10-13 60 Meter Dash No Blocks**Saturday 3/2/2024 - 1:55 PM**

Lane Name	Team	Seed Time
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Section 1 of 1 Finals

2	448 Macdonald, Lily	Pictou Count	9.57
3	446 Lapier, Adyn	Pictou Count	9.44
4	488 Francis, Lily	Truro Lions	9.52

Event 7 Women 14-69 60 Meter Dash**Saturday 3/2/2024 - 1:55 PM**

Lane Name	Team	Seed Time
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Section 1 of 5 Finals

1	460 Johnson, Skylynn	Special Olym	12.01
2	467 Smith, Hailey	Special Olym	11.56
3	469 Waite, Sam	Special Olym	10.56
4	465 Mason, Bailee	Special Olym	11.05
5	507 Bryant, Jo	Unattached N	11.75

Section 2 of 5 Finals

1	470 Warkentin, Drew	Special Olym	10.38
2	399 Lozier, Giana	Athletics Ea	9.18
3	464 Maclachlin, Joy	Special Olym	9.14
4	492 Langman, Reagen	Truro Lions	9.15
5	365 Roberts, Kim	Aetos Athlet	9.68
6	462 Macdonald, Josee	Special Olym	10.45

Section 3 of 5 Finals

1	378 Culligan, Maeve	Athletics Ea	8.77
2	355 Budgell, Alayah	Adrenaline A	8.62
3	424 Falkenberger, Lena	Crown Athlet	8.60
4	463 MacKenzie, Bella	Special Olym	8.61
5	391 Jeong, Anna	Athletics Ea	8.69
6	392 Jeong, Hana	Athletics Ea	8.99

Section 4 of 5 Finals

1	356 Cavallina, Chiara	Adrenaline A	8.55
2	358 Harris, Ruby	Adrenaline A	8.30
3	389 Hoskin, Brianna	Athletics Ea	8.21
4	489 Gouthro, Isabella	Truro Lions	8.25
5	483 Aarts, Jasmine	Truro Lions	8.55
6	393 Joseph, Audrey	Athletics Ea	8.56

Section 5 of 5 Finals

1	375 Clayton, Queen	Athletics Ea	8.15
2	395 Landry, Zoe	Athletics Ea	8.06
3	425 Michaud, Kristy	Crown Athlet	8.00
4	410 Rodriguez-Cooper, Cl	Athletics Ea	8.06
5	427 Wile, Claire	Crown Athlet	8.07
6	368 Mead, Kaitlynne	Annapolis Co	8.20

Event 8 Men 14-39 60 Meter Dash**Saturday 3/2/2024 - 2:20 PM**

Lane Name	Team	Seed Time
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Section 1 of 6 Finals

2	499 Sommers, Ben	Truro Lions	15.00
3	419 Adaramodu, Emmanu	Crown Athlet	9.00
4	445 Landry, Garrett	Pictou Count	9.00
5	452 Omoifo, Anthony	Pictou Count	NT

Section 2 of 6 Finals

1	468 Thornhill, Jack	Special Olym	8.98
2	459 James, Anthony	Special Olym	8.45
3	466 Phillips, Grant	Special Olym	8.09
4	444 Grant, Eoghan	Pictou Count	8.22
5	458 Hicks, Jason	Special Olym	8.59
6	491 Jeffery, Scott	Truro Lions	8.99

Section 3 of 6 Finals

1	461 Lahey, Kegan	Special Olym	8.04
2	420 Akinboro, David	Crown Athlet	8.00
3	478 Martin, Noah	St. Mary's H	7.83
4	369 Rufiange, Wyatt	Annapolis Co	8.00
5	457 Barnes, Logan	Special Olym	8.03
6	485 Bonnell, Andrew (Dre	Truro Lions	8.08

2024 Athletics Nova Scotia Indoor Club Championships - 3/2/2024
Canada Games Centre
Meet Program

Section 4 of 6 Finals...(Event 8 Men 14-39 60 Meter Dash)

1	493 Legge, Colin	Truro Lions	7.73
2	362 Riis, Izaak	Adrenaline A	7.60
3	471 Bilmer, Magnus	St. Mary's H	7.52
4	423 Dosunmu, Josiah	Crown Athlet	7.55
5	373 Campbell, Quinn	Athletics Ea	7.72
6	414 Thibault, James	Athletics Ea	7.76

Section 5 of 6 Finals

1	367 Foley, Liam	Annapolis Co	7.50
2	402 MacLean, David	Athletics Ea	7.46
3	357 Demone, Taylor	Adrenaline A	7.40
4	481 Sutherland, Tristan	St. Mary's H	7.40
5	472 Bucci, Jonah	St. Mary's H	7.46
6	422 Armstrong, Vincent	Crown Athlet	7.50

Section 6 of 6 Finals

1	364 Vanderwal, Ryan	Adrenaline A	7.37
2	413 Shupe, Jeff	Athletics Ea	7.09
3	504 Akachukwu, Promise	Unattached	7.00
4	354 Sharpe, Camrie	A.S.E.A.	7.05
5	513 Macmullin, Andy	Winston's Wa	7.15
6	400 Macdonald, Liam	Athletics Ea	7.40

Event 9 Women 16-34 1500 Meter Run**Saturday 3/2/2024 - 2:50 PM**

Lane Name	Team	Seed Time
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Section 1 of 1 Finals

1	505 Ash, Caroline	Unattached	4:32.03
2	506 Lee, Caden	Unattached	4:33.03
3	383 Evers, Molly	Athletics Ea	5:08.00
4	415 Tobin, Evelyn	Athletics Ea	5:30.00
5	394 Joseph, Ava	Athletics Ea	5:42.00

Event 10 Men 14-69 1500 Meter Run**Saturday 3/2/2024 - 3:00 PM**

Lane Name	Team	Seed Time
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Section 1 of 2 Finals

1	371 Ackerman, David	Athletics Ea	4:39.00
2	450 MacLennan, David	Pictou Count	4:53.00
3	475 Gillis, Travis	St. Mary's H	4:59.00
4	370 Sunderland, Adrian	Annapolis Co	5:30.88
5	455 Terry, Kevin	Run Nova Sco	5:38.00

Section 2 of 2 Finals

1	406 Peverill, Jonathan	Athletics Ea	4:00.00
2	479 McGarvey, Rory	St. Mary's H	4:02.00
3	376 Conlin-Morse, Silas	Athletics Ea	4:05.00
4	474 Ford, Eli	St. Mary's H	4:18.00
5	374 Chiasson, Luka	Athletics Ea	4:18.05
6	407 Quinton, Alex	Athletics Ea	4:19.00
7	411 Rogers, Zack	Athletics Ea	4:25.00
8	412 Sauer, Graham	Athletics Ea	4:26.00
9	451 MacNeil, Jack	Pictou Count	4:28.00
10	382 Dewitt, Thomas	Athletics Ea	4:30.00

Event 11 Women 10-15 1200 Meter Run**Saturday 3/2/2024 - 3:15 PM**

Lane Name	Team	Seed Time
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Section 1 of 1 Finals

1	353 Parent, Rafaëlle	A.S.E.A.	4:14.83
2	449 MacKenzie, Penny	Pictou Count	4:20.00
3	377 Culligan, Anya	Athletics Ea	4:39.17
4	408 Quinton, Emma	Athletics Ea	4:48.00
5	380 Das, Ellora	Athletics Ea	5:20.00
6	500 Suddard, Hailey	Truro Lions	5:30.00

Event 12 Men 10-15 1200 Meter Run**Saturday 3/2/2024 - 3:25 PM**

Lane Name	Team	Seed Time
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Section 1 of 1 Finals

1	381 DeLong, Timothy	Athletics Ea	3:30.00
2	409 Quinton, Jack	Athletics Ea	3:37.00
3	501 Suddard, Matt	Truro Lions	5:30.00

Event 13 Women 16-17 400 Meter Dash**Saturday 3/2/2024 - 3:35 PM**

Lane Name	Team	Seed Time
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Section 1 of 1 Finals

2	385 Fraser, Rebecca	Athletics Ea	1:05.00
3	358 Harris, Ruby	Adrenaline A	1:01.15
4	391 Jeong, Anna	Athletics Ea	1:01.73

Event 14 Men 16-69 400 Meter Dash**Saturday 3/2/2024 - 3:40 PM**

Lane Name	Team	Seed Time
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Section 1 of 2 Finals

2	456 Rosvall, Bruce	Saint John R	1:06.00
3	443 Boudreau, Isaac	Pictou Count	1:00.58
4	498 Morris, Xavier	Truro Lions	1:01.01

Section 2 of 2 Finals

1	480 Murphy, Caelen	St. Mary's H	56.50
2	400 Macdonald, Liam	Athletics Ea	55.00
3	359 Hooper, Ethan	Adrenaline A	54.34
4	417 Zhao, Yunshu	Athletics Ea	54.84
5	476 Hall, Keegan	St. Mary's H	55.25

Event 15 Women 10-13 300 Meter Dash No Blocks**Saturday 3/2/2024 - 4:10 PM**

Lane Name	Team	Seed Time
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Section 1 of 1 Finals

3	446 Lapier, Adyn	Pictou Count	55.00
4	442 Blois, Charlotte	Pictou Count	1:10.00

2024 Athletics Nova Scotia Indoor Club Championships - 3/2/2024
Canada Games Centre
Meet Program

Event 16 Women 12-15 2000 Meter Run**Saturday 3/2/2024 - 5:20 PM**

Lane Name	Team	Seed Time
Section 1 of 1 Finals		
1 387 Gillis, Moira	Athletics Ea	8:00.00
2 377 Culligan, Anya	Athletics Ea	8:00.00
3 380 Das, Ellora	Athletics Ea	8:00.00

Event 17 Women 16-17 3000 Meter Run**Saturday 3/2/2024 - 5:35 PM**

Lane Name	Team	Seed Time
Section 1 of 1 Finals		
1 510 Mosher, Zoe	Unattached N	10:08.33

Event 18 Men 14-49 3000 Meter Run**Saturday 3/2/2024 - 5:50 PM**

Lane Name	Team	Seed Time
Section 1 of 1 Finals		
1 511 Peverill, Andrew	Unattached N	8:07.59
2 512 Stewart, Joe	Unattached N	8:50.00
3 477 Labrecque, Alex	St. Mary's H	9:50.00
4 371 Ackerman, David	Athletics Ea	10:30.00
5 379 Cuthbert, Riley	Athletics Ea	10:50.00
6 445 Landry, Garrett	Pictou Count	11:00.00

Event 19 Women 12-13 200 Meter Dash No Blocks**Saturday 3/2/2024 - 6:05 PM**

Lane Name	Team	Seed Time
Section 1 of 1 Finals		
2 448 Macdonald, Lily	Pictou Count	NT
3 446 Lapier, Adyn	Pictou Count	30.00
4 488 Francis, Lily	Truro Lions	34.62

Event 20 Women 14-69 200 Meter Dash**Saturday 3/2/2024 - 6:05 PM**

Lane Name	Team	Seed Time
Section 1 of 5 Finals		
2 460 Johnson, Skylynn	Special Olym	49.95
3 467 Smith, Hailey	Special Olym	41.26
4 465 Mason, Bailee	Special Olym	49.86
Section 2 of 5 Finals		
1 470 Warkentin, Drew	Special Olym	38.17
2 365 Roberts, Kim	Aetos Athlet	34.46
3 463 MacKenzie, Bella	Special Olym	33.39
4 469 Waite, Sam	Special Olym	34.21
5 462 Macdonald, Josec	Special Olym	36.45
6 507 Bryant, Jo	Unattached N	39.59
Section 3 of 5 Finals		
1 393 Joseph, Audrey	Athletics Ea	30.33
2 492 Langman, Reagen	Truro Lions	30.10
3 356 Cavallina, Chiara	Adrenaline A	30.00
4 392 Jeong, Hana	Athletics Ea	30.06
5 399 Lozier, Giana	Athletics Ea	30.12
6 464 Maclachlin, Joy	Special Olym	32.36

Section 4 of 5 Finals

1 378 Culligan, Maeve	Athletics Ea	29.19
2 418 Barry, Ella	Celtic Athle	28.30
3 489 Gouthro, Isabella	Truro Lions	28.19
4 427 Wile, Claire	Crown Athlet	28.23
5 424 Falkenberger, Lena	Crown Athlet	29.00
6 355 Budgell, Alayah	Adrenaline A	29.35

Section 5 of 5 Finals

1 410 Rodriguez-Cooper, Cl	Athletics Ea	28.00
2 375 Clayton, Queen	Athletics Ea	27.08
3 425 Michaud, Kristy	Crown Athlet	27.00
4 395 Landry, Zoe	Athletics Ea	27.03
5 368 Mead, Kaitlynn	Annapolis Co	27.70
6 389 Hoskin, Brianna	Athletics Ea	28.06

Event 21 Men 14-69 200 Meter Dash**Saturday 3/2/2024 - 6:30 PM**

Lane Name	Team	Seed Time
Section 1 of 6 Finals		
2 468 Thornhill, Jack	Special Olym	31.15
3 466 Phillips, Grant	Special Olym	31.01
4 461 Lahey, Kegan	Special Olym	31.03
5 499 Sommers, Ben	Truro Lions	40.00
Section 2 of 6 Finals		
1 491 Jeffery, Scott	Truro Lions	30.00
2 445 Landry, Garrett	Pictou Count	30.00
3 444 Grant, Eoghan	Pictou Count	29.13
4 456 Rosvall, Bruce	Saint John R	29.16
5 369 Rufiange, Wyatt	Annapolis Co	30.00
6 459 James, Anthony	Special Olym	30.74
Section 3 of 6 Finals		
1 485 Bonnell, Andrew (Dre	Truro Lions	28.36
2 497 Morris, Montgomery	Truro Lions	27.03
3 402 MacLean, David	Athletics Ea	25.80
4 457 Barnes, Logan	Special Olym	27.02
5 458 Hicks, Jason	Special Olym	27.15
6 405 Ogunlaiye, Ini	Athletics Ea	28.50
Section 4 of 6 Finals		
1 414 Thibault, James	Athletics Ea	25.46
2 362 Riis, Izaak	Adrenaline A	24.80
3 493 Legge, Colin	Truro Lions	24.76
4 367 Foley, Liam	Annapolis Co	24.80
5 478 Martin, Noah	St. Mary's H	24.90
6 373 Campbell, Quinn	Athletics Ea	25.48
Section 5 of 6 Finals		
1 363 Vanderwal, Michael	Adrenaline A	24.50
2 472 Bucci, Jonah	St. Mary's H	24.30
3 364 Vanderwal, Ryan	Adrenaline A	24.01
4 476 Hall, Keegan	St. Mary's H	24.20
5 480 Murphy, Caelen	St. Mary's H	24.30
6 357 Demone, Taylor	Adrenaline A	24.50

2024 Athletics Nova Scotia Indoor Club Championships - 3/2/2024
Canada Games Centre
Meet Program

Section 6 of 6 Finals...(Event 21 Men 14-69 200 Meter Dash)

1	471 Bilmer, Magnus	St. Mary's H	23.90
2	354 Sharpe, Camrie	A.S.E.A.	23.75
3	513 Macmullin, Andy	Winston's Wa	22.53
4	504 Akachukwu, Promise	Unattached	23.00
5	400 Macdonald, Liam	Athletics Ea	23.90
6	481 Sutherland, Tristan	St. Mary's H	23.95

Event 22 Women 12-13 150 Meter Dash No Blocks**Saturday 3/2/2024 - 7:05 PM**

Lane	Name	Team	Seed Time
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Section 1 of 1 Finals

2	448 Macdonald, Lily	Pictou Count	24.38
3	446 Lapier, Adyn	Pictou Count	23.55
4	488 Francis, Lily	Truro Lions	23.91

Event 23 Women 12-19 800 Meter Run**Saturday 3/2/2024 - 7:15 PM**

Lane	Name	Team	Seed Time
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Section 1 of 2 Finals

1	396 Lawton, Emma-Joan	Athletics Ea	2:54.37
2	387 Gillis, Moira	Athletics Ea	2:40.00
3	449 MacKenzie, Penny	Pictou Count	2:41.00
4	353 Parent, Rafaëlle	A.S.E.A.	2:43.95
5	361 Mosher, Avery	Adrenaline A	2:45.00

Section 2 of 2 Finals

2	383 Evers, Molly	Athletics Ea	2:29.00
3	404 Moon, Poppy	Athletics Ea	2:12.00
4	390 Jennex, Isabella	Athletics Ea	2:26.00
5	397 Laycock, Emma	Athletics Ea	2:32.41

Event 24 Men 12-19 800 Meter Run**Saturday 3/2/2024 - 7:25 PM**

Lane	Name	Team	Seed Time
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Section 1 of 2 Finals

1	372 Boyd, William	Athletics Ea	5:00.00
2	370 Sunderland, Adrian	Annapolis Co	2:27.69
3	409 Quinton, Jack	Athletics Ea	2:20.00
4	381 DeLong, Timothy	Athletics Ea	2:14.40
5	426 Shaw, Tristan	Crown Athlet	2:20.00
6	398 Liu, Kai	Athletics Ea	2:32.00

Section 2 of 2 Finals

1	482 MacKenzie, Calder	Stfx Track A	2:10.00
2	403 Martin, Robert	Athletics Ea	2:08.00
3	407 Quinton, Alex	Athletics Ea	2:01.00
4	412 Sauer, Graham	Athletics Ea	2:04.00
5	388 Good, Brendan	Athletics Ea	2:08.00
6	401 Macgillivray, Connor	Athletics Ea	2:10.00
7	473 Cunningham, Callum	St. Mary's H	2:10.50

Event 25 Women 12-69 Long Jump**Saturday 3/2/2024 - 11:00 AM**

Pos	Name	Team	Seed Mark
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Flight 1 of 1 Finals

1	487 Fortune, Ella	Truro Lions	2.70m
2	365 Roberts, Kim	Aetos Athlet	3.47m
3	446 Lapier, Adyn	Pictou Count	3.55m
4	484 Angus, Courtney	Truro Lions	3.65m
5	424 Falkenberger, Lena	Crown Athlet	4.10m
6	416 Wolthausen, Lyla	Athletics Ea	4.20m
7	360 Landry, Olivia	Adrenaline A	4.22m
8	384 Fowler, Ailish	Athletics Ea	4.63m
9	386 Gaudry, Catherine	Athletics Ea	4.71m
10	483 Aarts, Jasmine	Truro Lions	4.84m
11	486 Burke, Kaydence	Truro Lions	4.87m
12	503 Wilson, Myka	Truro Lions	5.00m
13	418 Barry, Ella	Celtic Athle	5.01m
15	410 Rodriguez-Cooper, Cl	Athletics Ea	5.12m

Event 26 Men 12-34 Long Jump**Saturday 3/2/2024 - 9:00 AM**

Pos	Name	Team	Seed Mark
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Flight 1 of 1 Finals

1	502 Wilson, Hendriks	Truro Lions	3.00m
2	490 Hinton, Cohen	Truro Lions	3.50m
3	498 Morris, Xavier	Truro Lions	4.05m
4	497 Morris, Montgomery	Truro Lions	4.25m
5	478 Martin, Noah	St. Mary's H	5.15m
6	513 Macmullin, Andy	Winston's Wa	5.83m
7	493 Legge, Colin	Truro Lions	5.86m
8	481 Sutherland, Tristan	St. Mary's H	5.94m
9	504 Akachukwu, Promise	Unattached	6.37m

Event 27 Women 12-19 Triple Jump**Saturday 3/2/2024 - 4:00 AM**

Pos	Name	Team	Seed Mark
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Flight 1 of 1 Finals

1	416 Wolthausen, Lyla	Athletics Ea	8.90m
2	486 Burke, Kaydence	Truro Lions	9.41m
3	483 Aarts, Jasmine	Truro Lions	10.00m
4	386 Gaudry, Catherine	Athletics Ea	10.20m
5	410 Rodriguez-Cooper, Cl	Athletics Ea	10.56m
6	384 Fowler, Ailish	Athletics Ea	10.87m
7	503 Wilson, Myka	Truro Lions	11.12m

Event 28 Men 60-64 Triple Jump**Saturday 3/2/2024 - 4:00 AM**

Pos	Name	Team	Seed Mark
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Flight 1 of 1 Finals

1	509 Lord, Peter	Unattached N	10.99m
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2024 Athletics Nova Scotia Indoor Club Championships - 3/2/2024
Canada Games Centre
Meet Program

Event 29 Women 14-17 High Jump**Saturday 3/2/2024 - 9:00 AM**

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	487 Fortune, Ella	Truro Lions	1.15m
2	484 Angus, Courtney	Truro Lions	1.30m
3	483 Aarts, Jasmine	Truro Lions	1.45m
4	503 Wilson, Myka	Truro Lions	1.55m

Event 30 Men 14-49 High Jump**Saturday 3/2/2024 - 11:00 AM**

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	499 Sommers, Ben	Truro Lions	NH
2	498 Morris, Xavier	Truro Lions	1.03m
3	439 Woycheshyn, Jason	Grit Athleti	1.60m
4	405 Ogunlaiye, Ini	Athletics Ea	1.68m
5	496 Mittelstadt, Drew	Truro Lions	1.80m
6	494 Macdonald, Joey	Truro Lions	1.90m
7	508 Coulet, Logan	Unattached N	1.90m

Event 33 Tetrathlon: #1 Women 6-13 60 Meter Dash**Saturday 3/2/2024 - 1:35 PM**

Lane	Name	Team	Seed Time
Section 1 of 2 Finals			
2	448 Macdonald, Lily	Pictou Count	NT
3	361 Mosher, Avery	Adrenaline A	NT
4	437 Rodney, Mae	Grit Athleti	NT
5	446 Lapier, Adyn	Pictou Count	NT
6	495 Massaro, Sophia	Truro Lions	NT
Section 2 of 2 Finals			
1	442 Blois, Charlotte	Pictou Count	NT
2	434 Manos, Jones	Grit Athleti	NT
3	440 Woycheshyn, Nataliya	Grit Athleti	NT
4	453 Rowland, Chloe	Pictou Count	NT
5	454 Tree, Adrianna	Pictou Count	NT
6	447 Little, Ellie	Pictou Count	NT
7	433 Lasisi, Aliyah	Grit Athleti	NT
8	441 Alvarez Martinez, Sof	Pictou Count	NT

Event 33 Tetrathlon: #2 Women 6-13 Shot Put 2kg**Saturday 3/2/2024 - 2:15 PM**

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	441 Alvarez Martinez, Sof	Pictou Count	ND
2	361 Mosher, Avery	Adrenaline A	ND
3	454 Tree, Adrianna	Pictou Count	ND
4	442 Blois, Charlotte	Pictou Count	ND
5	447 Little, Ellie	Pictou Count	ND
6	448 Macdonald, Lily	Pictou Count	ND
7	446 Lapier, Adyn	Pictou Count	ND
8	495 Massaro, Sophia	Truro Lions	ND
9	453 Rowland, Chloe	Pictou Count	ND
10	433 Lasisi, Aliyah	Grit Athleti	ND
11	434 Manos, Jones	Grit Athleti	ND
12	437 Rodney, Mae	Grit Athleti	ND
13	440 Woycheshyn, Nataliya	Grit Athleti	ND

Event 33 Tetrathlon: #3 Women 6-13 Long Jump**Saturday 3/2/2024 - 3:00 PM**

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	434 Manos, Jones	Grit Athleti	ND
2	433 Lasisi, Aliyah	Grit Athleti	ND
3	454 Tree, Adrianna	Pictou Count	ND
4	441 Alvarez Martinez, Sof	Pictou Count	ND
5	440 Woycheshyn, Nataliya	Grit Athleti	ND
6	361 Mosher, Avery	Adrenaline A	ND
7	446 Lapier, Adyn	Pictou Count	ND
8	495 Massaro, Sophia	Truro Lions	ND
9	437 Rodney, Mae	Grit Athleti	ND
10	442 Blois, Charlotte	Pictou Count	ND
11	453 Rowland, Chloe	Pictou Count	ND
12	447 Little, Ellie	Pictou Count	ND
13	448 Macdonald, Lily	Pictou Count	ND

Event 33 Tetrathlon: #4 Women 6-13 600 Meter Run**Saturday 3/2/2024 - 3:50 PM**

Lane	Name	Team	Seed Time
Section 1 of 2 Finals			
1	433 Lasisi, Aliyah	Grit Athleti	NT
2	437 Rodney, Mae	Grit Athleti	NT
3	447 Little, Ellie	Pictou Count	NT
4	442 Blois, Charlotte	Pictou Count	NT
5	495 Massaro, Sophia	Truro Lions	NT
6	434 Manos, Jones	Grit Athleti	NT
7	453 Rowland, Chloe	Pictou Count	NT
Section 2 of 2 Finals			
1	440 Woycheshyn, Nataliya	Grit Athleti	NT
2	454 Tree, Adrianna	Pictou Count	NT
3	446 Lapier, Adyn	Pictou Count	NT
4	448 Macdonald, Lily	Pictou Count	NT
5	441 Alvarez Martinez, Sof	Pictou Count	NT
6	361 Mosher, Avery	Adrenaline A	NT

2024 Athletics Nova Scotia Indoor Club Championships - 3/2/2024
Canada Games Centre
Meet Program

Event 34 Tetrathlon: #1 Men 6-13 60 Meter Dash**Saturday 3/2/2024 - 1:45 PM**

Lane	Name	Team	Seed Time
Section 1 of 2 Finals			
3	432 Horsman, Tucker	Grit Athleti	NT
4	435 Manos, Otis	Grit Athleti	NT
5	436 Orton-Whitford, Dean	Grit Athleti	NT
Section 2 of 2 Finals			
2	428 Adams, Roan	Grit Athleti	NT
3	430 Belfield, Luke	Grit Athleti	NT
4	431 Dickinson, Wesley	Grit Athleti	NT
5	429 Avery, Jacob	Grit Athleti	NT
6	438 Samuelsen, Blake	Grit Athleti	NT
7	421 Armstrong, Spencer	Crown Athlet	NT

Event 34 Tetrathlon: #4 Men 6-13 600 Meter Run**Saturday 3/2/2024 - 4:00 PM**

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	430 Belfield, Luke	Grit Athleti	NT
2	432 Horsman, Tucker	Grit Athleti	NT
3	428 Adams, Roan	Grit Athleti	NT
4	435 Manos, Otis	Grit Athleti	NT
5	436 Orton-Whitford, Dean	Grit Athleti	NT
6	431 Dickinson, Wesley	Grit Athleti	NT
7	429 Avery, Jacob	Grit Athleti	NT
8	438 Samuelsen, Blake	Grit Athleti	NT
9	421 Armstrong, Spencer	Crown Athlet	NT

Event 34 Tetrathlon: #2 Men 6-13 Shot Put 2kg**Saturday 3/2/2024 - 2:15 PM**

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	432 Horsman, Tucker	Grit Athleti	ND
2	430 Belfield, Luke	Grit Athleti	ND
3	438 Samuelsen, Blake	Grit Athleti	ND
4	429 Avery, Jacob	Grit Athleti	ND
5	435 Manos, Otis	Grit Athleti	ND
6	431 Dickinson, Wesley	Grit Athleti	ND
7	436 Orton-Whitford, Dean	Grit Athleti	ND
8	428 Adams, Roan	Grit Athleti	ND
9	421 Armstrong, Spencer	Crown Athlet	ND

Event 34 Tetrathlon: #3 Men 6-13 Long Jump**Saturday 3/2/2024 - 3:00 PM**

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	430 Belfield, Luke	Grit Athleti	ND
2	436 Orton-Whitford, Dean	Grit Athleti	ND
3	429 Avery, Jacob	Grit Athleti	ND
4	438 Samuelsen, Blake	Grit Athleti	ND
5	432 Horsman, Tucker	Grit Athleti	ND
6	435 Manos, Otis	Grit Athleti	ND
7	431 Dickinson, Wesley	Grit Athleti	ND
8	421 Armstrong, Spencer	Crown Athlet	ND
9	428 Adams, Roan	Grit Athleti	ND