



2024 Athletics NS Indoor Club Championships - March 2nd - Final Schedule

Event	Gender	Age	Time	Event	Gender	Age	Time
60mH	F	U16 (30")	01:00:00	High Jump	F	All	9:00
60mH	F	U18 (30"), U20 (33")	01:10:00	High Jump	M	All	11:00
60mH	M	U18 (36")	01:20:00	Long Jump	M	All	9:00
60mH	M	Senior, University(42")	01:25:00	Long Jump	F	All	11:00
60m	F	Tetrathlon	01:35:00	Triple Jump	F/M	All	4:00
60m	M	Tetrathlon	01:45:00	Shot Put	M/F	Tetrathlon	2:15
60m	F	U14, U16, U18, U20, Open, Mas	01:55:00	Long Jump	M/F	Tetrathlon	3:00
60m	M	U14, U16, U18, U20, Open, Mas	02:20:00				
1500m	F	U18, U20 Senior, Masters	02:50:00				
1500m	M	U18, U20 Senior, Masters	03:00:00				
1200m	F	U14, U16	03:15:00				
1200m	M	U14, U16	03:25:00				
400m	F	U18, U20 Senior, Masters	03:35:00				
400m	M	U18, U20 Senior, Masters	03:40:00				
600m	F	Tetrathlon	03:50:00				
600m	M	Tetrathlon	04:00:00				
300m	F	U14, U16	04:10:00				
Track Break			04:15:00				
4x200m Relay	F	All	05:00:00				
4x200m Relay	M	All	05:10:00				
2000m	F	U14, U16	05:20:00				
3000m	F	U18, U20 Senior, Masters	05:35:00				
3000m	M	U18, U20 Senior, Masters	05:50:00				
200m	F	U14, U16, U18, U20, Open, Mas	06:05:00				
200m	M	U14, U16, U18, U20, Open, Mas	06:30:00				
150m	F	U14	07:05:00				
800m	M	U14, U16, U18, U20, Open, Mas	07:15:00				
800m	F	U14, U16, U18, U20, Open, Mas	07:25:00				