



# BALMORAL JUDO CLUB OPEN

## 2024 Technical Package

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**Saturday, March 23rd, 2024**

Stonewall Collegiate

5<sup>th</sup> Street West

Stonewall, Manitoba

# Organizing Committee

## Tournament Director

Jason Rogowsky

Email: [jjrogowsky@gmail.com](mailto:jjrogowsky@gmail.com)

## IT Management, Registration and Draw

James Colp

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## Chief Referee

Brian Case

## Medical

Nancy Ewachewski

## Emergency / Questions

Milton Good

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# Schedule

\*\*\* The official schedule is subject to change at the discretion of the Tournament Director in consultation with the Organizing Committee \*\*\*

<b>Thursday, March 21<sup>st</sup>, 2024</b>		
Before 11:59 PM	Club Coaches send U10 and U12 weights in kg. and names to the tournament director	
<b>Friday, March 22<sup>nd</sup>, 2024</b>		
6:30 to 8:30 PM	Weigh-in for U14 and older	Stonewall Collegiate Gym
<b>Saturday, March 23<sup>rd</sup>, 2024</b>		
8:15 to 10:00 AM	Weigh-in for U14 and older	Multi Purpose Room
10:00 AM	Referee Meeting	TBA
10:30 AM	Opening Ceremony / Bow-in	Stonewall Collegiate Gym
10:30 AM	Competition Starts Beginning with U10 / U12	

## Tournament Venue

### Stonewall Collegiate

5<sup>th</sup> Street West

Stonewall, Manitoba

## Registration

### **THIS TOURNAMENT IS PRE-REGISTRATION ONLY:**

Registration Opens: February 26<sup>th</sup>, 2024

Registration Closes: March 21<sup>st</sup>, 2024

#### – Referee Registration:

- Open to all levels of referee and beginners
- This will be a learning experience tournament for beginner referees
- All referees just arrive with a white polo shirt and dark pants
- For this tournament: No Suit Required!
- Please sign up via Trackie:
- Trackie – <https://registration.judocanada.org/event/2024-balmoralReferee>

#### – Athlete Registration:

- Online registration for all athletes:
- Trackie – <https://registration.judocanada.org/event/2024-balmoralopen>
- Athletes must have a valid Judo Canada membership
- Athletes may compete in up to two regular divisions in addition to Ne-Waza
- All competitors except for U10 and U12 must be present at the weigh-in

**Coaches, please send U10 and U12 weights in kg. and names to the tournament director by end of day Thursday, March 21<sup>st</sup>.**

## Registration Fees

**\$40 for the first division**

**\$20 for an additional division (standard or ne-waza)**

Fees are payable by cheque or cash at the time of weigh-in. U10/U12 please check-in.

## Divisions

**All athletes must be minimum rank of Yellow Belt**

**Ne-Waza minimum rank of Green Belt**

<b>U10</b>	
Athletes born in 2015 and 2016	
Match Time: 2 minutes non-stop time; No Golden score	
No weight classes + Mixed Gender Athletes are grouped with closest weight in round robin format of ideally 3-4 competitors.	
<b>U12</b>	
Athletes born in 2013 and 2014	
Match Time: 2 minutes; No Golden score	
No weight classes + Male/Female OR Mixed Gender – dependant on entries. Athletes are grouped with closest weight in round robin format of ideally 3-4 competitors.	
<b>U14</b>	
<b>U14 MALE</b>	<b>U14 FEMALE</b>
Athletes born in 2011 and 2012	
Match Time: 3 minutes; No Golden score No Shime-waza OR Kansetsu-waza	
-32 kg; -35 kg; -38 kg; -42 kg; -46 kg; -50 kg; -55 kg; -60 kg; -66 kg; +66 kg	-30 kg; -33 kg; -36 kg; -40 kg; -44 kg; -48 kg; -52 kg; -57 kg; -63 kg; +63 kg
<b>U16</b>	
<b>U16 MALE</b>	<b>U16 FEMALE</b>
Athletes born in 2009, 2010 and 2011*	
Match Time: 3 minutes; Golden score: No Limit ; No Kansetsu-waza	
-38 kg; -42 kg; -46 kg; -50 kg; -55 kg; -60 kg; -66 kg; -73 kg; +73 kg	-36kg; -40 kg; -44 kg; -48 kg; -52 kg; -57 kg; -63 kg; -70 kg; +70 kg
<b>U18</b>	
<b>U18 MALE</b>	<b>U18 FEMALE</b>
Athletes born in 2007, 2008, 2009 and 2010*	
Match Time: 4 minutes; Golden score: No Limit	
-50 kg; -55 kg; -60 kg; -66 kg; -73 kg; -81 kg; -90 kg; +90 kg	-40 kg; -44 kg; -48 kg; -52 kg; -57 kg; -63 kg; -70 kg; +70 kg;
<b>U21</b>	
<b>U21 MALE</b>	<b>U21 FEMALE</b>
Athletes born in 2004, 2005, 2006, 2007, 2008 and 2009*	
Match Time: 4 minutes; Golden score: No Limit	
-60 kg; -66 kg; -73 kg; -81 kg; -90 kg; -100 kg; +100 kg	-48 kg; -52 kg; -57 kg; -63 kg; -70 kg; -78 kg; +78 kg

Years with an asterisk (\*) are considered Judo Canada Early Bloomers.

<b>SENIOR</b>	
<b>Novice</b> Yellow to Green, <b>Advanced</b> Blue to Black	
<b>SENIOR MALE</b>	<b>SENIOR FEMALE</b>
Athletes born in 2009 and earlier	
Match Time: 4 minutes; Golden score: No Limit	
-60 kg; -66 kg; -73 kg; -81 kg; -90 kg; -100 kg; +100 kg	-48 kg; -52 kg; -57 kg; -63 kg; -70 kg; -78 kg; +78 kg
<b>VETERAN</b>	
<b>VETERAN MALE</b>	<b>VETERAN FEMALE</b>
Athletes born 1994 or earlier	
Match Time: 3 minutes; Golden score: No Limit	
<b>Veteran divisions will be determined depending on entries</b>	

<b>NE-WAZA</b>	
Athletes born in 2009 or earlier	
Minimum rank (Green Belt)	
Match Time: 4 minutes; Golden score: No Limit	
<b>Ne-Waza divisions will be determined depending on entries</b>	

*\*\* The organizers reserve the right to modify or combine weight divisions in case of an inadequate number of participants.*

## Competition Format

### U10/U12

- o Athletes closest in weight will be grouped together in divisions of (ideally) 3 – 4 competitors and will compete in a round robin format.

### U14, U16, U18, U21, Senior, Veteran, Ne-Waza

- o In weight categories with eight (8) or more competitors, the modified double elimination format will be used.
- o In weight categories with six (6) or seven (7) competitors, the double pool format will be used
- o In weight categories with five (5) or fewer competitors, the round-robin/pool format will be used.
- o In the event of a double or triple tie in the round-robin/pool format, tied competitors compete again in a best of three or round robin/pool respectively. Each tie-breaker bout will be fought in the Golden Score format.
- o Tournament regulations as per Judo Canada's Sanction Policy and Tournament Standards – 2023-2024.

All issues/cases(s) that are unexpected or deemed exceptional circumstances will be solved by decisions taken by the Judo Manitoba designated Chief Official in cooperation with the Organizing Committee.

## Medal Ceremony

Medals: Gold, Silver and Bronze are awarded for First, Second and Third place/s, respectively.

Medal presentations will take place shortly after the conclusion of each age category.

## Key Competition Rules & Clarifications

The rules below are in addition to, or are clarifications of, the IJF rules.

- Tournament Regulations as per Judo Canada's Tournament Standards and Sanctions manual will be applied, unless otherwise specified in this document.

### **AGE/DIVISION SPECIFIC RULES**

- See Appendix

### **COMPETITION**

- Call to Mat
  - o Any competitor not on the mat area after having been called 3 times at 1-minute intervals will automatically lose the bout.
- Rest Periods
  - o Rest between bouts will be at a minimum of double the time of the maximum length of the bout for a given age group.
- Hygiene
  - o The judogi shall be clean, dry and without unpleasant odor.
  - o The nails of the feet and hands shall be cut short.
  - o Long hair must be bound with an elastic band (no metal) done up and off the collar.
  - o Glasses, watches and jewelry, body piercings, etc. are prohibited.
  - o Make up and strong scents are not allowed.

### **SCORING**

- Hansoku-make
  - o Any competitor disqualified by Hansoku-make for an action dangerous to the opponent or any unethical action contradictory to the spirit of sport will be disqualified from the entire event (all age groups, on all days) and will lose standing earned in the division in which they were disqualified.
  - o A competitor disqualified by Hansoku-make for any other reason loses the match but can continue in the repechage round and other divisions of the event.
- Kiken-gachi
  - o Any competitor submitting by Kiken-gachi (injury) will not be allowed to resume competition without permission of the medical officer appointed by the tournament organizing committee.

## **COMPETITION UNIFORM**

Competitors shall wear either a blue or white Judogi (The first competitor called shall wear the white Judogi; the second shall wear the blue). Competitors may also both wear white but in that case are required to wear the provided white and blue sashes respectively.

**If a competitor presents themselves as the White fighter in a Blue gi, they will be asked to change into a White gi – there are no exceptions to this rule.**

Female contestants shall wear a short sleeved white shirt under their jacket that is long enough to be worn inside the trousers.

# Appendix

## Judo Manitoba Quick Reference Rules

	U10	U12	U14	U16	U18	U21	Senior	Veteran	Ne-Waza
<b>Kansetsu Waza (Arm Bars)</b>	No	No	No	No	Yes - Green Belt and Above	Yes - Green Belt and Above	Yes - Green Belt and Above	Yes - Green Belt and Above	Yes - Green Belt and Above
<b>Shime Waza (Chokes)</b>	No	No	No	Yes - Green Belt and Above	Yes - Green Belt and Above	Yes - Green Belt and Above	Yes - Green Belt and Above	Yes - Green Belt and Above	Yes - Green Belt and Above
<b>Sankaku Gatame</b>	No	No	No	Yes - Green Belt and Above	Yes - Green Belt and Above	Yes - Green Belt and Above	Yes - Green Belt and Above	Yes - Green Belt and Above	Yes - Green Belt and Above
<b>Drop Techniques</b>	No	No	No	Yes	Yes	Yes	Yes	Yes	N/A
<b>Tani Otoshi</b>	No	No	Yes	Yes	Yes	Yes	Yes	Yes	N/A
<b>Sutemi Waza</b>	No	No	Yes - Green Belt and Above	Yes	Yes	Yes	Yes	Yes	N/A
<b>Makikomi Waza</b>	No	Yes - <i>if started with allowed technique then Uke's reaction results in Makikomi</i>	Yes - <i>if started with allowed technique then Uke's reaction results in Makikomi</i>	Yes	Yes	Yes	Yes	Yes	N/A
<b>Head Locking, Koshi-Guruma/Kubi-Nage</b>	No	No	No	Yes	Yes	Yes	Yes	Yes	N/A
<b>Counter-rotation against One legged throws ie. Uchi-mata, Harai-goshi</b>	No	No	No	Yes	Yes	Yes	Yes	Yes	N/A
<b>Gripping</b>	Standard Grips - No crossing the front plane of opponent except on immediate throw	Standard Grips - No headlocking in Tachi-waza or Ne-waza	Standard Grips - No headlocking in Tachi-waza	IJF Rules	IJF Rules	IJF Rules	IJF Rules	IJF Rules	IJF Rules
<b>Medical Rules</b>	Unlimited	Unlimited	Unlimited	Unlimited	Unlimited	IJF Rules	IJF Rules	IJF Rules	IJF Rules
<b>Prohibited actions</b>	Mate and Explain	<b>Warning</b> for the 2nd same infraction. <b>Shido</b> for 3rd subsequent infractions	<b>Shido</b> for prohibited actions	IJF Rules	IJF Rules	IJF Rules	IJF Rules	IJF Rules	IJF Rules
<b>Time</b>	2 mins. Non-stop No Golden Score	2 mins. Reg time No Golden Score	3 mins. Reg time No Golden Score	3 mins. Reg time Unlimited Golden Score	4 mins. Reg time Unlimited Golden Score	4 mins. Reg time Unlimited Golden Score	4 mins. Reg time Unlimited Golden Score	3 mins. Reg time Unlimited Golden Score	4 mins. Reg time Unlimited Golden Score