



APRIL
5, 6 & 7
2024

U8, U10, U12
U14, U16, U18 & U21
SENIOR VETERANS & KATA

BC PROVINCIAL CHAMPIONSHIPS

PRINCE GEORGE, BRITISH COLUMBIA



INTRODUCTION

Judo BC and local hosts the Prince George Judo Club invite judokas of all ages to participate in the 2024 Provincial Championships. Please note the following:

- This tournament is a selection tournament for U16, U18, U21 and Senior athletes wishing to participate in the 2024 Canadian Open National Championships.
- For the U10 & U12 divisions this is a friendly competition with no scores recorded or overall winners selected. For the U8 division this will be a demonstration event only, not a competition.

TOURNAMENT CONTACTS

Tournament Director: Aline Strasdin – strasdin.aline@gmail.com

Tournament Registrar: Katie Thomson – general@judobc.ca

Chief Referee: Brian Deevy

Kata Tournament Director: John Morris – kata@judobc.ca

Judo BC Chief Official: Jeremy Le Bris - sdd@judobc.ca

COMPETITION SITE

All events, meetings and weigh in will take place at the Northern Sport Centre, 3333 University Way, Prince George, BC V2N 4Z9

ELIGIBILITY

All participants must be a current member of a provincial judo association and Judo Canada. Photo ID will be required at weigh-in for all U18 and older aged athletes.

EARLY BLOOMER

Early Bloomer is a clause that allows exceptional athletes to compete in a higher aged category. For more information about the Early Bloomer clause please contact your club coach. Athletes born in 2013 entering U14, athletes born in 2010 & 2011 entering U16, or athletes born in 2010 entering U18 who qualify as an "Early Bloomer" must submit the Early Bloomer waiver, signed by a parent and coach. Please upload your Early Bloomer waiver in Trackie at the time of registration. The waiver is posted in the Trackie registration in the Additional Information "Documents" section.

DRAWS AND RESULTS

Draw sheets and competition results will be posted on live.judobc.ca after weigh in is completed. To see a list of entries prior to the draw, please view the event information and registration site -

<https://registration.judocanada.org/event/2024-judo-bc-provincial-championships/1000481/>

WEIGH IN

No weigh in for U8, U10 & U12.

Friday, April 5th

4:00 – 7:30 pm Unofficial scale available

5:00 – 5:25 pm Official weigh-in for those athletes that will be refereeing the U10 & U12 event

6:00 - 6:30 pm Official weigh-in U14 followed by U16

6:30 - 7:00 pm Official weigh-in U18 followed by U21

7:00 - 7:30 pm Official weigh-in Senior followed by Veterans

Please note:

- Athletes are only required to weigh in once.
- To keep the tournament on schedule, no change requests will be accepted after 8:00 am on the day of the tournament.

COMPETITION DATES AND SCHEDULE

Thursday, April 4th

Midnight – Last chance to make weight division changes free of charge. Changes after this date will cost \$40.

Friday, April 5th – U8, U10 & U12 Events

5:15 pm Check in for U8, U10 & U12

5:30 pm Warmup U8, U10 & U12

6:00 pm to 8 pm U8 Demos and U10 & U12 Competition

Saturday, April 6th – U14, U16, U18, U21, Seniors, Veteran & Kata Competition

8:15 am – Warm up for U14 & Veterans

8:55 am – Opening ceremony

9:00 am – Competition starts for U14 & Veterans

~ 11:00 am – followed by U18, U21 & Kodomo Kata

~ 2:00 pm - followed by U16, & Seniors

~ 5:00 pm - Kata

Sunday, April 7th

8:30 am to 10:30 am Provincial Practice U14 and up

* Preliminary schedule, subject to change. The final schedule will be confirmed shortly after the regular registration deadline of March 19th. The schedule will remain similar to what is listed above, with the most likely changes being an earlier or later start time based on the number of entries.

DIVISION INFORMATION

U8	BORN IN 2017 & 2018 WHITE BELT MINIMUM Demonstration event only
	U10
U12	BORN IN 2015 & 2016 YELLOW BELT MINIMUM
	BORN IN 2013 & 2014 YELLOW BELT MINIMUM
U14	BORN IN 2011 & 2012 (earlier bloomer) YELLOW BELT MINIMUM MALE: -32kg, -35kg, -38kg, -42kg, -46kg, -50kg, -55kg, -60kg, -66kg, +66kg FEMALE: -30kg, -33kg, -36kg, -40kg, -44kg, -48kg, -52kg, -57kg, -63kg, +63kg
	BORN IN 2009 & 2010 ADVANCED (GREEN to BLACK) NOVICE (YELLOW to ORANGE/GREEN) MALE: -38kg, -42kg, -46kg, -50kg, -55kg, -60kg, -66kg, -73kg, +73kg FEMALE: -36 kg, -40 kg, -44 kg, -48 kg, -52 kg, -57 kg, -63 kg, -70kg, +70 kg
U16	BORN IN 2007, 2008 & 2009 ADVANCED (GREEN to BLACK) MALE: -46kg, -50kg, -55kg, -60kg, -66kg, -73kg, -81kg, -90kg, +90 kg FEMALE: -40 kg, -44 kg, -48 kg, -52 kg, -57 kg, -63 kg, -70 kg, +70 kg
	BORN IN 2004 to 2009 ADVANCED (BLUE, BROWN & BLACK) MALE: -60 kg, -66 kg, -73 kg, -81 kg, -90 kg, -100 kg, +100 kg FEMALE: -48 kg, -52 kg, -57 kg, -63 kg, -70 kg, -78 kg, +78 kg
U18	BORN IN 2009 AND EARLIER ADVANCED (BROWN & BLACK) INTERMEDIATE (GREEN & BLUE) NOVICE (YELLOW & ORANGE) MALE: -60 kg, -66 kg, -73 kg, -81 kg, -90 kg, -100 kg, +100 kg FEMALE: -48 kg, -52 kg, -57 kg, -63 kg, -70 kg, -78 kg, +78 kg
	BORN IN 2009 AND EARLIER ADVANCED (BROWN & BLACK) INTERMEDIATE (GREEN & BLUE) NOVICE (YELLOW & ORANGE) MALE: -60 kg, -66 kg, -73 kg, -81 kg, -90 kg, -100 kg, +100 kg FEMALE: -48 kg, -52 kg, -57 kg, -63 kg, -70 kg, -78 kg, +78 kg
U21	BORN IN 2009 AND EARLIER ADVANCED (BROWN & BLACK) INTERMEDIATE (GREEN & BLUE) NOVICE (YELLOW & ORANGE) MALE: -60 kg, -66 kg, -73 kg, -81 kg, -90 kg, -100 kg, +100 kg FEMALE: -48 kg, -52 kg, -57 kg, -63 kg, -70 kg, -78 kg, +78 kg
	BORN IN 2009 AND EARLIER ADVANCED (BROWN & BLACK) INTERMEDIATE (GREEN & BLUE) NOVICE (YELLOW & ORANGE) MALE: -60 kg, -66 kg, -73 kg, -81 kg, -90 kg, -100 kg, +100 kg FEMALE: -48 kg, -52 kg, -57 kg, -63 kg, -70 kg, -78 kg, +78 kg
SENIOR	BORN IN 2009 AND EARLIER ADVANCED (BROWN & BLACK) INTERMEDIATE (GREEN & BLUE) NOVICE (YELLOW & ORANGE) MALE: -60 kg, -66 kg, -73 kg, -81 kg, -90 kg, -100 kg, +100 kg FEMALE: -48 kg, -52 kg, -57 kg, -63 kg, -70 kg, -78 kg, +78 kg
	BORN IN 2009 AND EARLIER ADVANCED (BROWN & BLACK) INTERMEDIATE (GREEN & BLUE) NOVICE (YELLOW & ORANGE) MALE: -60 kg, -66 kg, -73 kg, -81 kg, -90 kg, -100 kg, +100 kg FEMALE: -48 kg, -52 kg, -57 kg, -63 kg, -70 kg, -78 kg, +78 kg
VETERAN	BORN IN 2009 AND EARLIER ADVANCED (BROWN & BLACK) INTERMEDIATE (GREEN & BLUE) NOVICE (YELLOW & ORANGE) MALE: -60 kg, -66 kg, -73 kg, -81 kg, -90 kg, -100 kg, +100 kg FEMALE: -48 kg, -52 kg, -57 kg, -63 kg, -70 kg, -78 kg, +78 kg
	BORN IN 1994 AND EARLIER* (BLUE BELT MINIMUM) (*Distribution of the age and weight categories will be based on the number of participants present) MALE: -60kg, -66 kg, -73kg, -81 kg, -90kg, -100kg, +100kg FEMALE: -48kg, -52kg, -57 kg, -63kg, -70 kg, -78kg, +78 kg
KATA	U23 (GREEN to BLACK) SENIOR (BROWN & BLACK) NAGE-NO KATA (3 sets for U23 only) NAGE-NO KATA (5 sets) KATAME-NO KATA JUNO KATA KODOKAN GOSHIN JUTSU KIME-NO-KATA
	U8 to U16 KODOMO KATA – SETS 1 to 7

Please note: All weight divisions may be combined to create competition opportunities for divisions with low registration. This will be done at the discretion of the Tournament Director in accordance with the Judo Canada Tournament Standards. If you have questions or concerns about this, please contact your club coach.

ENTRY FEES & DEADLINES

Division	Early Bird Fee March 2 nd	Regular Fee March 19 th	Late Fee April 2 nd
U8	\$30	\$30	\$30
U10 & U12	\$52	\$62	\$72
U14, U16, U18, U21, Seniors, Veterans & Kata	\$65	\$75	\$85
2nd division entered	\$46	\$56	\$66

Change request – only for athletes who do not make weight at weigh in*

\$40

* Weight division changes can be made free of charge up to 2 days prior to the start of the competition - midnight PDT Thursday April 4th.

All registrations must be submitted and paid online at:

<https://registration.judocanada.org/event/2024-judo-bc-provincial-championships/1000481/>

All participants must pre-register by the deadlines for this tournament. This includes coaches, referees, kata evaluators, athletes, and chaperones.

NO REFUNDS will be issued after March 19th unless the competition is cancelled by Judo BC due to unforeseen circumstances such as government pandemic closures.

RULES & COMPETITION FORMAT

Format of all age divisions as per current [Judo Canada Sanctioning Policy & Tournament Standards](#). Please note the following:

U8:

Demonstrations of throw to hold downs and escapes. Each participant will have several opportunities to demonstrate with different partners.

The following actions are not allowed:

- Kansetsu-waza and Shime-waza
- Head locking with a grip over or around the neck both in Tachi-waza (no Kubi-nage) and Newaza
- All drop down techniques, which start on one or both knees.
- Tani-otoshi.
- Makikomi-waza.
- Sutemi-waza.

U10 & U12:

- Weigh-in: Honor System (Provided by the parents, checked by club coach), the list will be sent to coaches 1 week prior the event.
- There will be a scale for spot checks should concerns arise. We ask that Club Instructors verify the athlete's weights. Discrepancies between reported weights and actual weights may result in disqualification without refund.
- White judogi required.

All issues/cases(s) that are unexpected or deemed exceptional circumstances will be solved by decisions taken by the Judo BC designated Chief Official in cooperation with the Tournament Director.

AWARDS

In the U8, U10 & U12 divisions every competitor will receive a medal and no provincial champion will be declared.

For all other divisions, medals will be awarded for first, second and third place according to the Judo Canada Tournament Standards. All medal winners must win at least one match.

Medalists are required to wear their WHITE judogis on the podium.

Medal ceremonies will take place at the completion of each division.

OFFICIALS INFORMATION

Meetings:

5:30 pm Friday, April 5 th	Pre-shiai referee meeting (25 mins)
8:00 to 9:00 pm Friday, April 5 th	Coaches and Referee meeting (strongly recommended for all coaches)
8:30 am Saturday April 6 th	Pre-shiai referee meeting (25 mins)
4 pm Saturday April 7 th	Kata evaluators pre competition meeting

Referee Eligibility U8, U10 & U12:

Provincial D and higher, minimum green belt

Referee Eligibility U14, U16, U18, U21, Senior & Veterans:

Provincial C and higher

Referee Evaluations:

Provincial A, B & C

Referees and Kata Judges

Judo BC kindly requests that all clubs with athletes participating in these Championships send referees and/or nationally certified kata judges. Please pre-register to judge and/or referee –



<https://registration.judocanada.org/event/2024-judo-bc-provincial-championships/1000481/>

HOTELS

Best Western Plus Prince George

Catharine Burke | General Manager

3387 Highway 16 West, Prince George, BC V2N 5P8

250-964-8833

Reservations: 1 (800) 780-7234

generalmgr@bestwesternpluspg.com

Standard room with 2 queen beds \$155 per night plus tax

Included: Parking, Wifi, breakfast, coffee station, business center, 2 self-serve washer/dryers (uses coins)

Pool and hot tub open daily 6am-10pm (waterslide should be operational by April)

Pet friendly rooms available - \$20 per night

Online booking link: https://www.bestwestern.com/en_US/book/hotel-rooms.62136.html?groupId=J24BC6T3

Book by March 1, 2024

Treasure Cove

Karla Ingram | Sales and Marketing Manager

2005 Hwy 97S, Prince George BC V2N 7A3

P: 250-614-9111 ext.102

Kingram@prestigehotels.ca

Guests may reserve by phone or email. Promo code for 25% off - JUDO

Standard two queen rooms for April 2024 start at \$219

Breakfast boxes can be added to any room for an additional \$10-\$13 per breakfast

Dog friendly rooms - \$30/day per pet

Pool, waterslide and hot tub. Other great amenities include a pool table in the lounge & Casino attached with food options.

Sandman Signature Prince George Hotel

Karla Dizon | Regional Sales Manager – BC North

2990 Recreation Place, Prince George BC V2N 0B2

Direct 250 645 2154 | Hotel 250 645 7263

sales_signaturepg@sandman.ca

\$159 per night – 2 queen beds

Block Code: SPG2404JUDO

Block ID: 338834

Pet friendly rooms available, Restaurant and pool on-site

Pomeroy Inn and Suites

Gail Canlas | Guest Services Manager

2700 Recplace Dr, Prince George, BC V2N 0H4

Telephone 236-423-4546

gailc@pomeroyprincegeorge.com

Double queen room - \$179 per night plus taxes

Rates include breakfast and access to our amenities, WaterPark, Business and Fitness Center

Pet friendly hotel - \$25 per night + taxes