



# THOROLD ELITE SEASON OPENER



Sunday, April 28, 2024

**This meet is part of a two-part prep meet series. The second meet is on Saturday May 4 and contains some different events.**

**Location:** Canada Games Park @ Brock University  
2021 Canada Games Way, L2V 4Y6

**Parking:** Parking is FREE at this venue. There are two possible lots directly beside the outdoor track. One is in front of the building and the other is behind the track.



**Hosted by:** Thorold Elite TC

**Sanctioned by:** Athletics Ontario

**Meet Director:** Steven Fife [thoroldelitetc@gmail.com](mailto:thoroldelitetc@gmail.com)

**Entries Chairperson:** Steven Fife [thoroldelitetc@gmail.com](mailto:thoroldelitetc@gmail.com)

**Eligibility:** Athletes registered with Athletics Ontario (AO); Minor Track Association of Ontario (MTA)

**Regular Deadline:** Wednesday April 24, 2024 @ 11:59 pm

**Late Deadline:** Saturday April 27, 2024 @ 12:00 pm  
Entries received after this deadline may be accepted at the discretion of the meet directors and only if maximum field sizes are not reached.

**Entry Fees:** \$20 per event

An additional \$5.00 processing fee applies to all late entries.

**Registration:** To be completed online at [www.trackie.com/event/TETC-April28](http://www.trackie.com/event/TETC-April28)

**Waiver:** Mandatory for all athletes and to be completed online

**Age Divisions:** All ages eligible.

Most events will be run as OPEN. There is a possibility of separating some events by age division, depending on number of entries.

**Number of Attempts:** All athletes in all throws and horizontal jumps will receive six attempts.

**Washrooms:** Indoor washrooms are available in the Facility

**Events Offered:**

**TRACK-** Sprint hurdles, 100 m, 200 m, 400 m, 800 m, 1500 m, 3000 m, 800/1500/3000 m racewalk

**FIELD-** Javelin, Shot put, Discus, Hammer, Long jump, Triple jump, High jump

**Implements & Weigh-ins:**

- Athletes are required to bring their own implements and to retrieve their own implements;
- Implements will not undergo an initial weigh-in; however, In the case of a record broken, implements will be subject to further inspection.



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## Tentative Schedule

- Schedule will be adjusted based on entry numbers in each event
- A Final schedule as well as Heat/ Flight lists will be sent out on the evening of Fri April 26
- Final schedule may still be advanced +/- 15 minutes as required
- **All track events will run girls first boys second from slowest to fastest heat**

Time	Track	Javelin	Throws	Jumps
9:15 am	Registration/ facility opens for initial warm-ups			
10:00 am	800/1500/3000 m racewalk	Boys Javelin	Girls Shot put	Girls Long jump
10:30 am				
11:00 am	Sprint hurdles	Girls Javelin	Boys Shot put	Boys Long jump
11:30 am	3000 m			
	100 m Prelims 400 m 100 m Finals			
12:00 pm	Lunch Break		Boys Discus	Girls Triple jump
12:30 pm				
1:00 pm	1500 m		Girls Discus	Boys Triple jump
1:30 pm	200 m			
2:00 pm	800 m		Boys Hammer	Boys High jump
2:30 pm				
3:00 pm			Girls Hammer	Girls High jump
3:30 pm				
4:00 pm				
4:30 pm				
5:00 pm	Approximate conclusion of meet			

*Currently this schedule shows the order of track events in the morning and afternoon. We will give a specific time in the final schedule based on entry numbers.*

*Field events may be combined Boys/ Girls if numbers warrant*