

**NIAGARA OLYMPIC CLUB TRACK AND FIELD COMPLEX**  
**Facility Use - Individual Training Permits 2024**

The Niagara Olympic Club operates the Track and Field Complex located at 78 Louth St., St. Catharines, and thereby assumes responsibility of the upkeep and repairs. The Track and Field Complex is not a public park, but is open for training for COMPETITIVE ATHLETES who train three or more times per week and have a valid training permit (\$100.00) and community use for RECREATIONAL RUNNERS who train one or two times per week and have a valid training permit (\$40.00) The permit is NOT TRANSFERRABLE and must be with the person using the facility. The training permit is valid from January 1<sup>st</sup> to December 31, 2024.

The track is closed during Club practice times, which are Monday and Thursday from 6:00 PM to 8:00 PM and Saturday from 10:00 AM to 12:00 PM. For daytime closures, please see the Spring Track Meet Calendar on the website.