

Tim Hortons.
Joe McGuire
MEMORIAL 5k & 10k

The 36th year of the Tim Hortons Joe McGuire Memorial 5k & 10k will be held on **Saturday, July 27, 2024**, as it continues to be part of Woodstock's longest running tradition, Old Home Week.

In honor of Joe's legacy and the phenomenal running career that he had, we made the name change in 2023 to the '*Tim Hortons Joe McGuire Memorial 5K and 10K*'.

This race event has great atmosphere and is open to runners at all levels. We highly encourage our community members to get involved, either by running or walking. It also attracts top runners from around New Brunswick, neighbouring provinces, and from across the border.

Race distances include **10K Run, 5K Run, and 5K Walk**.

As of 2023, our course is officially certified!

Race route is flat and fast along the beautiful St. John River. This race boasts the fastest times in NB racing.

Bib Pick-up and Race start at the **Woodstock Fire Station/Town Hall at 824 Main St. No same-day registration.**

7:00-8:00am – Bib pick-up

8:30am - Race start

Race Route for 5K Run/Walk:

Start at the Fire Station on Main St; proceed up Main to the Grafton Bridge; turn right onto the bridge; turn right off of the bridge; travel down Route 105 to the turn-around markers for the 5K; proceed back to the finish line at the old Irving parking lot, which will be a marked area.

* **5K Walk: All participants who have registered in the 5K Walk division are not permitted to run.**

Race Route for 10K Run:

Start at the Fire Station on Main St; proceed up Main to the Grafton Bridge; turn right onto the bridge; turn right off of the bridge; travel down Route 105 to the turn-around markers for the 10K; proceed back to the finish line at the old Irving parking lot, which will be a marked area.

Parking:

Area located behind the Town Hall

Washrooms:

Located at the Town Hall and portables in parking lot.

POST-RACE NOTES:

Refreshments	Join us for post race snacks, including Tim Horton's treats
Awards	Presentation of awards will take place at the finish line following the race.
Shuttle	Available to take participants back to the Fire Station/Town Hall
Showers	Available at the AYR Motor Centre at 105 Connell Park Road.