

**2024 THUNDER OPEN INDOOR TRACK MEET**

**RUNNING ROOM ACAC INDOOR GRAND PRIX #1**

**Final Schedule**

**Saturday, January 27, 2024**

**Time**  **Event**

10:00 a.m. Set Up + Warm Up

10:30 a.m. Technical Meeting

10:45 a.m. Women's 300m Heat #1

10:48 a.m. Women’s 300m Heat #2

10:51 a.m. Women’s 300m Heat #3

10:54 a.m. Women’s 300m Heat #4

10:57 a.m. Women’s 300m Heat #5

11:00 a.m. Women’s 300m Heat #6

11:03 a.m. Men’s 300m Heat #1

11:06 a.m. Men’s 300m Heat #2

11:09 a.m. Men’s 300m Heat #3

11:12 a.m. Men’s 300m Heat #4

11:15 a.m. Men’s 300m Heat #5

11:18 a.m. Open 300m Wheelchair race

11:30 a.m. Women’s 3km

11:45 a.m. Men’s 3km Heat #1

12:00 p.m. Men’s 3km Heat #2

12:15 p.m. Women’s 4x200m Relay Heat #1

12:20 p.m. Women’s 4x200m Relay Heat #2

12:25 p.m. Men’s 4x200m Relay Heat #1

12:30 p.m. Men’s 4x200m Relay Heat #2

1:00 p.m. W 60m Heat #1

1:03 p.m. W 60m Heat #2

1:06 p.m. W 60m Heat #3

1:09 p.m. W 60m Heat #4

1:12 p.m. M 60m Heat #1

1:15 p.m. M 60m Heat #2

1:18 p.m. M 60m Heat #3

1:21 p.m. M 60m Heat #4

1:24 p.m. M 60m Heat #5

1:30 p.m. W 600m Heat #1

1:35 p.m. W 600m Heat #2

1:40 p.m. M 600m Heat #1

1:45 p.m. M 600m Heat #2

1:50 p.m. M 600m Heat #3

1:55 p.m. M 600m Heat #4

2:00 p.m. W 1500m

2:10 p.m. M 1500m Heat #1

2:15 p.m. M 1500m Heat #2

2:30 p.m. W 4x400m Relay

2:40 p.m. M 4x400m Relay Heat #1

2:50 p.m. M 4x400m Relay Heat #2

3:00 p.m. Take-Down - All participants and support staff depart from the facility at the conclusion of the meet after final clean-up/take-down.