



POTOMAC VALLEY ASSOCIATION

14 & UNDER NATIONAL AGE-GROUP INVITATIONAL
PRINCE GEORGE'S SPORTS AND LEARNING COMPLEX

8001 Sheriff Road Landover, MD. 20785 (301) 583-2400

Date: February 17-18, 2024 Meet starts Saturday promptly at 9:00am.

Registration must be done online at <https://coachoregistration.com/dbi-bin/calendar.pl> and select the meet from the calendar.

Entry Fee: \$10.00 per event \$40.00 per relay

THIS IS A USATF SANCTIONED MEET.

USATF Membership number is not required

SPECTATOR FEE \$9.00 per day or two day pass \$16.00

AGE: Age as of December 31, 2024. Proof required if requested.

AWARDS: Awards for top 6 places. Championship watches for each individual event winner. Age groups will be as following: 8 & Under, 9-10, 11-12, and 13-14.

Start Time 9:00am

Saturday February 17, 2024

<u>Event</u>	<u>Ages</u>
3000m Run	(11-14)
200M Semi	All ages
1500M Racewalk	(9- 14)
60 hurdle (Semi)	(11-14)
Sprint Medley	(11-14)
(200,200,400,800)	
400M (SEMI)	All Ages

Start Time 9:00am

Sunday February 18, ,2024

<u>Event</u>	<u>Ages</u>
4 x 400 relay	All ages
60M (SEMI)	All ages
1600M Run	All ages
400M (Finals)	All Ages
60M (Finals)	All Ages
60M hurdle(Finals)	(11-14)
200M (Finals)	All Ages
800M (Finals)	All Ages
4 x 200 Relay	All ages

Top eight in 55M dash and 55M hurdles will run in the finals on Sunday
Top twelve in the 200m and 400m will run in the finals on Sunday.

Saturday Field Events

Field Events

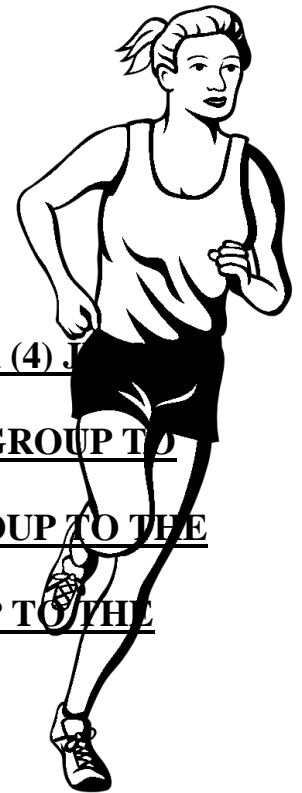
Long Jump	All ages
High Jump	(9-14)
ShotPut	All ages

Venue Specifications:

6-lane, 200 meter oval track, on Mondo surface

¼ inch pyramid spike ONLY, No food or drinks on track surface.

Go to www.usatf.org/assoc/pva for results



EACH COMPETITOR WILL RECEIVE A MAXIMUM OF FOUR (4) JUMPS OR THROWS.

THE LONG JUMP WILL START FROM THE YOUNGER AGE GROUP TO THE OLDER.

THE HIGH JUMP WILL START FROM THE OLDER AGE GROUP TO THE YOUNGER.

THE SHOTPUT WILL START WITH THE OLDER AGE GROUP TO THE YOUNGER.

FIELD EVENTS WILL BEGIN AT 9:00AM.

Contact Information: Henry McCallum Jr. (301) 807-0032

Hotel Information:

Refer to PVA 14 and Under when reserving your room

Meet Headquarters: DoubleTree by Hilton Hotel Largo

9100 Basil Court, Largo, Maryland 20774 Ph:301-773-0700

\$149.00 Double Queens Full Buffet Breakfast for up to four people;

Rooms must be reserved by January 18, 2024.

Sports & Learning Complex Satellite Parking FedEx

GREEN LOT D3 & D4: REDSKINS ROAD

DIRECTIONS:

From 495: Take Landover road exit 17B. Get into left land off the ramp onto Landover Road. Take left onto Brightseat Road. Follow green overhead signs through light onto Redskins Road. Take immediate right into Green Lot D3 & D4.

From Sheriff Road: Follow Sheriff Road toward Fed Ex Field past the Sportsplex entrance. Stay in the right hand lane. Take a right turn before the light at Sheriff and Brightseat road intersections onto Redskins Road. Take an immediate right into Green Lot D3 & D4.