

2024 WOA Winter Open - 1/19/2024 to 1/20/2024**James Daly Fieldhouse, Max Bell Centre****Results****Women 14-15 2000 Meter U16**

Name	Yr	Team	Finals
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Finals

1	Milena Sgambato	09	Winnipeg Optimist Athletics	8:25.48
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Women 60 Meter Hurdles 0.762m-8.5m U18

Name	Yr	Team	Finals
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Finals

1	Jordyn Davis	07	Winnipeg Optimist Athletics	8.96
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Women Shot Put 3kg U18

Name	Yr	Team	Finals
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Finals

1	Jencie Henry	08	Predator Athletics Club	10.62m
2	Jett Turner	07	Winnipeg Optimist Athletics	7.81m

Women Weight Throw 7.26kg U18

Name	Yr	Team	Finals
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Finals

1	Jett Turner	07	Winnipeg Optimist Athletics	9.49m
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Girls 8-11 60 Meter Open

Name	Yr	Team	Prelims	H#
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Preliminaries

1	Zoe Salvador	13	Tough Track	9.31 q	4
2	Hannah Schnarr	13	Winnipeg Optimist Athletics	9.75 q	7
3	Mary Oderemi	13	Winnipeg Optimist Athletics	10.42 q	7
4	Mercy Jeje	13	Winnipeg Optimist Athletics	10.65 q	7
5	Natalie Dressler	14	Winnipeg Optimist Athletics	10.93 q	7
6	Addi Peters	15	unassigned	11.45 q	7
7	Kaylee Dressler	16	Winnipeg Optimist Athletics	11.56 q	7

Girls 12-13 60 Meter Open

Name	Yr	Team	Prelims	H#
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Preliminaries

1	Halle Fenn Holdnick	11	Winnipeg Optimist Athletics	9.02 q	3
2	Sara Morris	11	Tough Track	9.37 q	5
3	Azeezat Agboola	12	Winnipeg Optimist Athletics	9.72 q	5
4	Berkeley Mitchell	12	Winnipeg Optimist Athletics	10.56 q	7

Women 14-15 60 Meter Open

Name	Yr	Team	Prelims	H#
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Preliminaries

1	Nyah Moyes	09	Tough Track	8.49 q	1
2	Paxton Ives	10	Winnipeg Optimist Athletics	8.73 q	2
3	Fallyne McNabb	10	Tough Track	9.05 q	3
4	Alyssa Kim	10	Winnipeg Optimist Athletics	9.23 q	5
5	Isabelle Kim	10	Winnipeg Optimist Athletics	9.28 q	5

Women 16-17 60 Meter Open

Name	Yr	Team	Prelims	H#
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Preliminaries

1	Kyla Findley	08	Winnipeg Optimist Athletics	7.97 q	1
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2024 WOA Winter Open - 1/19/2024 to 1/20/2024**James Daly Fieldhouse, Max Bell Centre****Results****Preliminaries ... (Women 16-17 60 Meter Open)**

Name	Yr	Team	Prelims	H#
1 Jaela Babulira	08	Stars Athletics Academy	10.18 q	6
2 Raina Garland	08	Winnipeg Optimist Athletics	8.59 q	2
3 Morayo Bankole	08	Winnipeg Optimist Athletics	8.63 q	3
4 Emma Unrau	08	Tough Track	8.75 q	3
5 Sienna Banman	07	Winnipeg Optimist Athletics	9.10 q	4
6 Talia Stadnyk	07	Winnipeg Optimist Athletics	9.15 q	6
7 Kali Boyko T38;F38	07	Tough Track	9.34 q	4
8 Sara Buccini	08	Winnipeg Optimist Athletics	9.39 q	4

Women 16-17 60 Meter Exhibition F Open

Name	Yr	Team	Finals
Finals			
1 Kyla Findley	08	Winnipeg Optimist Athletics	7.97

Women 18-19 60 Meter Open

Name	Yr	Team	Prelims	H#
Preliminaries				
1 Skyler Kuypers	06	Winnipeg Optimist Athletics	8.30 q	1
2 Kaila Dennie	05	Manitoba Bisons	8.39 q	1
3 Rianna Cassils	06	Winnipeg Optimist Athletics	8.44 q	2
4 Sarah McChristie	05	Manitoba Bisons	8.49 q	2
5 Siobhan Hyndman	06	Winnipeg Optimist Athletics	8.54 q	2
6 Sydney Burak	06	Winnipeg Optimist Athletics	8.90 q	6
7 Julia Owzarek	06	Winnipeg Optimist Athletics	9.31 q	6

Women 18-19 60 Meter Exhibition F Open

Name	Yr	Team	Finals
Finals			
1 Kaila Dennie	05	Manitoba Bisons	8.20
2 Skyler Kuypers	06	Winnipeg Optimist Athletics	8.26
3 Rianna Cassils	06	Winnipeg Optimist Athletics	8.36

Women 20-34 60 Meter Open

Name	Yr	Team	Prelims	H#
Preliminaries				
1 Brianna Tynes	99	Manitoba Bisons	8.03 q	1
2 Kirsten Hurdal	99	Manitoba Bisons	8.19 q	1
3 Jennifer Simcoe	03	Manitoba Bisons	8.37 q	1
4 Annessa Stasiuk	04	Manitoba Bisons	8.41 q	2
5 Hayley Turner	02	Manitoba Bisons	8.50 q	2
6 Yvette Morgan	96	Bison Athletics Club	8.81 q	2
7 Valerie Beynon	91	Winnipeg Optimist Athletics	9.30 q	4
8 Temiloluwa Oyewole	04	Manitoba Bisons	9.31 q	5

Women 20-34 60 Meter Exhibition F Open

Name	Yr	Team	Finals
Finals			
1 Brianna Tynes	99	Manitoba Bisons	7.98
2 Kirsten Hurdal	99	Manitoba Bisons	8.18
3 Jennifer Simcoe	03	Manitoba Bisons	8.32
4 Annessa Stasiuk	04	Manitoba Bisons	8.35

2024 WOA Winter Open - 1/19/2024 to 1/20/2024**James Daly Fieldhouse, Max Bell Centre****Results****Women 35+ 60 Meter Open**

Name	Yr	Team	Prelims	H#
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Preliminaries

1	Omena Babalola	68	Winnipeg Optimist Athletics	10.91 q	6
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Girls 8-11 300 Meter Open

Name	Yr	Team	Finals	H#
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Finals

1	Averie Hemlow	14	Stars Athletics Academy	1:11.25	2
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Girls 12-13 300 Meter Open

Name	Yr	Team	Finals	H#
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Finals

1	Rowen Mulvey	11	Tough Track	45.86	1
2	Maya Buccini	11	Winnipeg Optimist Athletics	55.24	1
3	Azeezat Agboola	12	Winnipeg Optimist Athletics	58.10	2
4	Kylie Hemlow	12	Stars Athletics Academy	1:02.03	2

Women 14-15 300 Meter Open

Name	Yr	Team	Finals
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Finals

1	Nyah Moyes	09	Tough Track	45.08
2	Nina Arkova-Tough	09	Tough Track	45.43

Women 15&U 400 Meter Open

Name	Yr	Team	Finals
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Finals

1	Claire Hendrickson	09	Tough Track	1:04.54
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Women 16-17 400 Meter Open

Name	Yr	Team	Finals	H#
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Finals

1	Lillian Waldner	08	Tough Track	1:01.36	1
2	Kennedy Adolph	08	Winnipeg Optimist Athletics	1:05.01	3
3	Paige Cookson	07	Winnipeg Optimist Athletics	1:06.59	3
4	Ally Kowalchuk	07	Winnipeg Optimist Athletics	1:07.24	3

Women 18-19 400 Meter Open

Name	Yr	Team	Finals	H#
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Finals

1	Anne Forman	06	Winnipeg Optimist Athletics	1:03.25	2
2	Arianna Fulcher	05	Manitoba Bisons	1:03.75	2
3	Jordyn Allison	06	Tough Track	1:05.73	3
4	Hana Lysiuk	06	Last Mile Athletics Club	1:06.95	1
---	Morgan Kehl	06	Winnipeg Optimist Athletics	DQ	2

Women 20-34 400 Meter Open

Name	Yr	Team	Finals	H#
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Finals

1	Dana Poulton	01	Manitoba Bisons	1:01.10	1
2	Emily Watson	00	Manitoba Bisons	1:05.43	2

2024 WOA Winter Open - 1/19/2024 to 1/20/2024**James Daly Fieldhouse, Max Bell Centre****Results****Girls 6-11 150 Meter Open**

Name	Yr	Team	Finals	H#
Finals				
1 Zoe Salvador	13	Tough Track	22.02	1
2 Mary Oderemi	13	Winnipeg Optimist Athletics	25.86	2
3 Mercy Jeje	13	Winnipeg Optimist Athletics	26.46	3
4 Norah Van Dyke	14	Tough Track	29.09	3

Girls 12-13 150 Meter Open

Name	Yr	Team	Finals	H#
Finals				
1 Rowen Mulvey	11	Tough Track	21.28	3
2 Halle Fenn Holdnick	11	Winnipeg Optimist Athletics	22.51	1
3 Sara Morris	11	Tough Track	23.09	1
4 Ashley Schneider	11	Winnipeg Optimist Athletics	24.01	1
5 Azeezat Agboola	12	Winnipeg Optimist Athletics	24.21	2
6 Paisley Strauman	12	Winnipeg Optimist Athletics	24.39	1
7 Jocelyn Anderson	11	Winnipeg Optimist Athletics	24.69	1
8 Berkeley Mitchell	12	Winnipeg Optimist Athletics	25.97	2
9 Maya Buccini	11	Winnipeg Optimist Athletics	27.52	2

Women 14-15 200 Meter Open

Name	Yr	Team	Finals	H#
Finals				
1 Nyah Moyes	09	Tough Track	27.95	2
2 Paxton Ives	10	Winnipeg Optimist Athletics	28.93	3
3 Fallyne McNabb	10	Tough Track	29.31	3
4 Willow Lakusta	09	Winnipeg Optimist Athletics	29.92	5
5 Alyssa Kim	10	Winnipeg Optimist Athletics	31.08	5
6 Isabelle Kim	10	Winnipeg Optimist Athletics	31.50	5

Women 16-17 200 Meter Open

Name	Yr	Team	Finals	H#
Finals				
1 Lillian Waldner	08	Tough Track	26.35	1
2 Esther Akinlade	08	Winnipeg Optimist Athletics	27.73	2
3 Paige Cookson	07	Winnipeg Optimist Athletics	28.41	2
4 Emma Unrau	08	Tough Track	28.95	3
5 Ally Kowalchuk	07	Winnipeg Optimist Athletics	29.53	4
6 Elizabeth Oderemi	08	Winnipeg Optimist Athletics	30.29	5
7 Kali Boyko T38;F38	07	Tough Track	30.59	4
8 Sara Buccini	08	Winnipeg Optimist Athletics	31.11	4

Women 18-19 200 Meter Open

Name	Yr	Team	Finals
Finals			
1 Skyler Kuypers	06	Winnipeg Optimist Athletics	27.40
2 Morgan Kehl	06	Winnipeg Optimist Athletics	27.96

2024 WOA Winter Open - 1/19/2024 to 1/20/2024**James Daly Fieldhouse, Max Bell Centre****Results****Women 20-34 200 Meter Open**

Name	Yr	Team	Finals	H#
Finals				
1 Brianna Tynes	99	Manitoba Bisons	26.28	1
2 Nicole Davis	00	Manitoba Bisons	26.34	1
3 Sarah Smith	99	Manitoba Bisons	28.21	2
4 Yvette Morgan	96	Bison Athletics Club	29.24	3
5 Valerie Beynon	91	Winnipeg Optimist Athletics	31.13	4
--- Joanna Johnson-Audu	02	Unattached-Manitoba	DQ	5

Girls 8-11 600 Meter Open

Name	Yr	Team	Finals	H#
Finals				
1 Norah Van Dyke	14	Tough Track	2:28.92	3

Girls 12-13 600 Meter Open

Name	Yr	Team	Finals	H#
Finals				
1 Ashley Schneider	11	Winnipeg Optimist Athletics	1:58.82	2
2 Paisley Strauman	12	Winnipeg Optimist Athletics	2:14.19	3
3 Julie Xiong	12	Tough Track	2:16.08	3
4 Berkeley Mitchell	12	Winnipeg Optimist Athletics	2:17.26	3
5 Maya Buccini	11	Winnipeg Optimist Athletics	2:22.41	3

Women 14-15 600 Meter Open

Name	Yr	Team	Finals	H#
Finals				
1 Kate Tobac	09	Tough Track	1:44.50	1
2 Nina Arkova-Tough	09	Tough Track	1:46.00	2
3 Claire Hendrickson	09	Tough Track	1:47.77	1

Women 16-17 600 Meter Open

Name	Yr	Team	Finals	H#
Finals				
1 Evie Hall	08	Tough Track	1:47.19	2

Women 18-19 600 Meter Open

Name	Yr	Team	Finals	H#
Finals				
1 Adriana Koes	06	Tough Track	1:45.51	2
2 Jordyn Allison	06	Tough Track	1:49.10	2

Women 20-34 600 Meter Open

Name	Yr	Team	Finals	H#
Finals				
1 Chioma Nwagbo	00	Bison Athletics Club	1:42.00	1
2 Emily Watson	00	Manitoba Bisons	1:46.28	1
3 Lily Francis	04	Manitoba Bisons	1:51.77	2

Women 14-15 800 Meter Open

Name	Yr	Team	Finals	H#
Finals				
1 Shae Friesen	10	Winnipeg Optimist Athletics	2:53.76	

2024 WOA Winter Open - 1/19/2024 to 1/20/2024**James Daly Fieldhouse, Max Bell Centre****Results****Women 16-17 800 Meter Open**

Name	Yr	Team	Finals
Finals			
1 Frances Terichow Parrott	07	Winnipeg Optimist Athletics	2:34.84
2 Avery Penner	07	Winnipeg Optimist Athletics	2:36.17
3 Riley Fontaine	08	Winnipeg Optimist Athletics	2:48.48

Women 18-19 800 Meter Open

Name	Yr	Team	Finals
Finals			
1 Hana Lysiuk	06	Last Mile Athletics Club	2:33.49
2 Maisey Williams	05	Manitoba Bisons	2:49.76

Girls 6-11 1000 Meter Open

Name	Yr	Team	Finals
Finals			
1 Norah Van Dyke	14	Tough Track	4:36.83
2 Averie Hemlow	14	Stars Athletics Academy	4:38.93

Girls 12-13 1200 Meter Open

Name	Yr	Team	Finals
Finals			
1 Ashley Schneider	11	Winnipeg Optimist Athletics	4:21.52
2 Julie Xiong	12	Tough Track	5:05.97
3 Berkeley Mitchell	12	Winnipeg Optimist Athletics	5:19.50
4 Kylie Hemlow	12	Stars Athletics Academy	5:31.88

Women 14-15 1200 Meter Open

Name	Yr	Team	Finals
Finals			
1 Kate Tobac	09	Tough Track	4:18.23
2 Shae Friesen	10	Winnipeg Optimist Athletics	4:44.04
3 Milena Sgambato	09	Winnipeg Optimist Athletics	4:44.44

Women 16-17 1500 Meter Open

Name	Yr	Team	Finals
Finals			
1 Annika De Smet	08	Winnipeg Optimist Athletics	4:42.79
2 Addy Champagne	08	Vincent Massey	5:03.22
3 Frances Terichow Parrott	07	Winnipeg Optimist Athletics	5:19.10
4 Avery Penner	07	Winnipeg Optimist Athletics	5:47.92

Women 18-19 1500 Meter Open

Name	Yr	Team	Finals
Finals			
1 Sara Gross	06	Last Mile Athletics Club	5:18.99

Women 20-34 1500 Meter Open

Name	Yr	Team	Finals
Finals			
1 Natalie Fournier	04	Manitoba Bisons	5:18.35
2 Sophia Alexander	04	Manitoba Bisons	5:31.40
3 Megan Van Heyst	02	Manitoba Bisons	5:51.79

2024 WOA Winter Open - 1/19/2024 to 1/20/2024**James Daly Fieldhouse, Max Bell Centre****Results****Women 16-17 3000 Meter Open**

	Name	Yr	Team	Finals
Finals				
1	Annika De Smet	08	Winnipeg Optimist Athletics	10:06.52
2	Lilianna Aiello	08	Winnipeg Optimist Athletics	10:52.26

Women 18-19 3000 Meter Open

	Name	Yr	Team	Finals
Finals				
1	Olivia Penner	06	Winnipeg Optimist Athletics	11:41.39
2	Sara Gross	06	Last Mile Athletics Club	11:47.75

Women 20-34 3000 Meter Open

	Name	Yr	Team	Finals
Finals				
1	Sophia Alexander	04	Manitoba Bisons	11:57.94
2	Annika Niblock	02	Manitoba Bisons	12:00.80
3	Shayna Giesbrecht	98	Manitoba Bisons	12:12.05

Women 35+ 5000 Meter Open

	Name	Yr	Team	Finals
Finals				
1	Gina Tranquada	85	Roadkill Running Club	19:13.24
2	Alice Sherwin	88	Unattached-Manitoba	19:15.01

Women 16-17 60 Meter Hurdles Exhibition F Open

	Name	Yr	Team	Finals
Finals				
1	Jordyn Davis	07	Winnipeg Optimist Athletics	8.92

Women 20-34 60 Meter Hurdles Exhibition F Open

	Name	Yr	Team	Finals
Finals				
1	Rachel Mann	02	Manitoba Bisons	9.57
2	Eniola Odeleye	01	Manitoba Bisons	9.79
3	Annessa Stasiuk	04	Manitoba Bisons	9.80
4	Sarah Smith	99	Manitoba Bisons	9.87

Women 18-34 60 Meter Hurdles 0.84m-8.5m Open

	Name	Yr	Team	Finals
Finals				
1	Jordyn Davis	07	Winnipeg Optimist Athletics	8.96
2	Sarah Smith	99	Manitoba Bisons	9.54
3	Rachel Mann	02	Manitoba Bisons	9.57
4	Annessa Stasiuk	04	Manitoba Bisons	9.78
5	Eniola Odeleye	01	Manitoba Bisons	10.19
6	Lindsey Gundrum	03	Manitoba Bisons	10.34
7	Jaylyn Deurbrouck	03	Manitoba Bisons	11.14

Women 4x100 Meter Relay Open

	Team	Relay	Finals
Finals			
1	Winnipeg Optimist Athletics	A	57.66

2024 WOA Winter Open - 1/19/2024 to 1/20/2024**James Daly Fieldhouse, Max Bell Centre****Results****Finals ... (Women 4x100 Meter Relay Open)**

Team	Relay	Finals
2 Winnipeg Optimist Athletics	B	1:05.70

Women 4x400 Meter Relay Open

Team	Relay	Finals
1 Winnipeg Optimist Athletics	B	4:30.91
2 Winnipeg Optimist Athletics	A	5:02.36

Girls 7-11 High Jump Open

Name	Yr	Team	Finals
1 Natalie Dressler	14	Winnipeg Optimist Athletics	0.90m

Girls 12-13 High Jump Open

Name	Yr	Team	Finals
1 Esther Oderemi	09	Winnipeg Optimist Athletics	1.35m
--- Rowen Mulvey	11	Tough Track	NH

Women 14-15 High Jump Open

Name	Yr	Team	Finals
1 Rocklyn Turner	10	Unattached-Manitoba	1.25m

Women 16-17 High Jump Open

Name	Yr	Team	Finals
1 Esther Akinlade	08	Winnipeg Optimist Athletics	1.47m
2 Talia Stadnyk	07	Winnipeg Optimist Athletics	1.35m
3 Kavishi Udumullage	08	Winnipeg Optimist Athletics	1.29m

Women 18-19 High Jump Open

Name	Yr	Team	Finals
1 Lola Oaldapo	05	Manitoba Bisons	1.53m
2 Ariel Young	06	Winnipeg Optimist Athletics	1.50m
3 Sydney Burak	06	Winnipeg Optimist Athletics	1.47m
4 Anne Forman	06	Winnipeg Optimist Athletics	1.41m
5 Julia Owzarek	06	Winnipeg Optimist Athletics	1.38m

Women 20-34 High Jump Open

Name	Yr	Team	Finals
1 Lara Denbow	03	Manitoba Bisons	1.68m
2 Eniola Adepoju	99	Manitoba Bisons	1.50m

Girls 13&U Pole Vault Open

Name	Yr	Team	Finals
1 Jaeda Liske	12	Winnipeg Optimist Athletics	2.85m

2024 WOA Winter Open - 1/19/2024 to 1/20/2024**James Daly Fieldhouse, Max Bell Centre****Results****Women 16-17 Pole Vault Open**

Name	Yr	Team	Finals
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Finals

1	Riley Fontaine	08	Winnipeg Optimist Athletics	2.65m
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Women 20-34 Pole Vault Open

Name	Yr	Team	Finals
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Finals

1	Emily Blackner	97	Winnipeg Optimist Athletics	4.00m
2	Danica Bazin	00	Winnipeg Optimist Athletics	3.15m
3	Arianna Pilat	03	Manitoba Bisons	2.85m
4	Mikaela Garfinkel	92	Winnipeg Optimist Athletics	2.65m
---	Hayley Turner	02	Manitoba Bisons	NH

Girls 7-11 Long Jump Open

Name	Yr	Team	Finals
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Finals

1	Zoe Salvador	13	Tough Track	3.44m
2	Mary Oderemi	13	Winnipeg Optimist Athletics	2.95m
3	Mercy Jeje	13	Winnipeg Optimist Athletics	2.93m
4	Kaylee Dressler	16	Winnipeg Optimist Athletics	2.45m
5	Tessa Phillipow	13	Stars Athletics Academy	1.50m

Girls 12-13 Long Jump Open

Name	Yr	Team	Finals
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Finals

1	Esther Oderemi	09	Winnipeg Optimist Athletics	4.34m
2	Willow Lakusta	09	Winnipeg Optimist Athletics	4.28m
3	Fiona Petrie	09	Tough Track	4.23m
4	Halle Fenn Holdnick	11	Winnipeg Optimist Athletics	3.32m
5	Azeezat Agboola	12	Winnipeg Optimist Athletics	3.26m
6	Malin Reid	12	Unattached-Manitoba	2.78m

Women 16-17 Long Jump Open

Name	Yr	Team	Finals	H#
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Finals

1	Talia Stadnyk	07	Winnipeg Optimist Athletics	4.60m	2
2	Emma Unrau	08	Tough Track	4.09m	2
3	Kavishi Udumullage	08	Winnipeg Optimist Athletics	4.07m	2
4	Sienna Banman	07	Winnipeg Optimist Athletics	3.54m	2
5	Jaela Babulira	08	Stars Athletics Academy	3.52m	2
---	Raina Garland	08	Winnipeg Optimist Athletics	FOUL	1

Women 18-19 Long Jump Open

Name	Yr	Team	Finals	H#
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Finals

1	Sarah McChristie	05	Manitoba Bisons	4.92m	1
2	Kaila Dennie	05	Manitoba Bisons	4.89m	1
3	Lola Oaldapo	05	Manitoba Bisons	4.47m	1
4	Siobhan Hyndman	06	Winnipeg Optimist Athletics	4.44m	2
5	Sydney Burak	06	Winnipeg Optimist Athletics	4.24m	2
5	Rianna Cassils	06	Winnipeg Optimist Athletics	4.24m	2

2024 WOA Winter Open - 1/19/2024 to 1/20/2024**James Daly Fieldhouse, Max Bell Centre****Results****Women 20-34 Long Jump Open**

Name	Yr	Team	Finals	H#
Finals				
1 Eniola Odeleye	01	Manitoba Bisons	5.19m	1
2 Jennifer Simcoe	03	Manitoba Bisons	4.68m	1
3 Dinu Rajapakse	01	Manitoba Bisons	4.66m	1
4 Kirsten Hurdal	99	Manitoba Bisons	4.60m	1
--- Temiloluwa Oyewole	04	Manitoba Bisons	FOUL	2

Women 14-15 Triple Jump Open

Name	Yr	Team	Finals
Finals			
1 Willow Lakusta	09	Winnipeg Optimist Athletics	9.74m
2 Esther Oderemi	09	Winnipeg Optimist Athletics	9.34m
--- Fiona Petrie	09	Tough Track	FOUL
--- Rocklyn Turner	10	Unattached-Manitoba	FOUL

Women 16-17 Triple Jump Open

Name	Yr	Team	Finals
Finals			
1 Esther Akinlade	08	Winnipeg Optimist Athletics	9.96m
2 Talia Stadnyk	07	Winnipeg Optimist Athletics	9.78m
3 Lalisae Beshada	08	Kelvin High School	9.29m

Women 18-19 Triple Jump Open

Name	Yr	Team	Finals
Finals			
1 Sarah McChristie	05	Manitoba Bisons	11.07m
2 Siobhan Hyndman	06	Winnipeg Optimist Athletics	9.68m
3 Rianna Cassils	06	Winnipeg Optimist Athletics	9.41m

Women 20-34 Triple Jump Open

Name	Yr	Team	Finals
Finals			
1 Dinu Rajapakse	01	Manitoba Bisons	10.49m
--- Eniola Adepoju	99	Manitoba Bisons	FOUL

Women Shot Put 4kg Open

Name	Yr	Team	Finals
Finals			
1 Ashley Morrow	06	Winnipeg Optimist Athletics	10.83m
2 Danica Kubay	05	Manitoba Bisons	9.37m
3 Karen Ferris	91	Flying M Athletic Club	9.25m
4 Alainna Melnyk	04	Manitoba Bisons	8.88m
5 Cecilia Cormier	06	Flying M Athletic Club	8.86m

Women Weight Throw 9.07kg Open

Name	Yr	Team	Finals
Finals			
1 Ashley Morrow	06	Winnipeg Optimist Athletics	12.98m
2 Alexa Matwyczuk	93	Flying M Athletic Club	12.37m
3 Alainna Melnyk	04	Manitoba Bisons	11.95m
4 Danica Kubay	05	Manitoba Bisons	11.56m

2024 WOA Winter Open - 1/19/2024 to 1/20/2024**James Daly Fieldhouse, Max Bell Centre****Results****Finals ... (Women Weight Throw 9.07kg Open)**

	Name	Yr	Team	Finals
5	Natasha English	03	unassigned	10.77m
6	Bryarae Gudmundson	97	Flying M Athletic Club	10.48m

Girls 7-11 Standing Long Jump Open

	Name	Yr	Team	Finals
Finals				
1	Zoe Salvador	13	Tough Track	2.06m
2	Natalie Dressler	14	Winnipeg Optimist Athletics	1.67m
3	Addi Peters	15	unassigned	1.44m
4	Kaylee Dressler	16	Winnipeg Optimist Athletics	1.36m
5	Tessa Pillipow	13	Stars Athletics Academy	1.30m

Women 20-34 800 Meter Open Indoor Pentathlon

	Name	Yr	Team	Finals
Finals				
1	Lindsey Gundrum	03	Manitoba Bisons	2:40.02
---	Rachel Mann	02	Manitoba Bisons	DNF

Women 20-34 60 Meter Hurdles Open Indoor Pentathlon

	Name	Yr	Team	Finals
Finals				
1	Rachel Mann	02	Manitoba Bisons	9.57
2	Lindsey Gundrum	03	Manitoba Bisons	10.34
3	Jaylyn Deurbrouck	03	Manitoba Bisons	11.14

Women 20-34 High Jump Open Indoor Pentathlon

	Name	Yr	Team	Finals
Finals				
1	Jaylyn Deurbrouck	03	Manitoba Bisons	1.50m
2	Lindsey Gundrum	03	Manitoba Bisons	1.41m
3	Rachel Mann	02	Manitoba Bisons	1.26m

Women 20-34 Long Jump Open Indoor Pentathlon

	Name	Yr	Team	Finals
Finals				
1	Rachel Mann	02	Manitoba Bisons	4.62m
2	Lindsey Gundrum	03	Manitoba Bisons	4.57m

Women 20-34 Shot Put Open Indoor Pentathlon

	Name	Yr	Team	Finals
Finals				
1	Lindsey Gundrum	03	Manitoba Bisons	9.50m
2	Jaylyn Deurbrouck	03	Manitoba Bisons	8.03m
3	Rachel Mann	02	Manitoba Bisons	7.40m

Women 20-34 Indoor Pentathlon Open

	Name	Yr	Team	Finals	H#
Finals					
1	Lindsey Gundrum	03	Manitoba Bisons	2116	
2	Rachel Mann	02	Manitoba Bisons	1983	

2024 WOA Winter Open - 1/19/2024 to 1/20/2024**James Daly Fieldhouse, Max Bell Centre****Results****Men 2000 Meter U16**

Name	Yr	Team	Finals
Finals			
1 Joel Thiessen	09	Winnipeg Optimist Athletics	7:06.63
2 Nicholas Nazar	10	Winnipeg Optimist Athletics	7:35.51

Men 60 Meter Hurdles 0.84m-8.5m U16

Name	Yr	Team	Finals
Finals			
1 Donovan Pringle	09	Winnipeg Optimist Athletics	9.08
2 Reed Passmore	10	Winnipeg Optimist Athletics	9.41
3 Logan Thorn	09	Winnipeg Optimist Athletics	9.82
4 Edwin Dalke	09	Winnipeg Optimist Athletics	9.91

Men Shot Put 6kg U20

Name	Yr	Team	Finals
Finals			
1 Dylan Barnych	05	Winnipeg Optimist Athletics	11.24m

Men Weight Throw 11.34kg U20

Name	Yr	Team	Finals
Finals			
1 Dylan Barnych	05	Winnipeg Optimist Athletics	15.79m

Men 8-11 60 Meter Open

Name	Yr	Team	Prelims	H#
Preliminaries				
1 Ezekiel Akinlade	13	Winnipeg Optimist Athletics	9.16 q	5
2 Fabien Mutobano	13	Stars Athletics Academy	10.76 q	6
3 Aldridge Vaughn Sanchez	13	Stars Athletics Academy	11.60 q	6

Men 12-13 60 Meter Open

Name	Yr	Team	Prelims	H#
Preliminaries				
1 Noah Duncan	12	Winnipeg Optimist Athletics	9.23 q	5
2 Oliver Bayani	12	Winnipeg Optimist Athletics	9.79 q	5
3 Kyle D'Sa	12	Winnipeg Optimist Athletics	10.27 q	5
4 Noah McCarron	12	Winnipeg Optimist Athletics	10.78 q	5
5 Max Beardy-Berard	12	Winnipeg Optimist Athletics	13.11 q	6

Men 14-15 60 Meter Open

Name	Yr	Team	Prelims	H#
Preliminaries				
1 Yusuff Ajibola Yusuff	09	Winnipeg Optimist Athletics	7.44 q	3
2 Tyler Motkaluk	09	Winnipeg Optimist Athletics	7.53 q	3
3 Owen McKenty	09	Winnipeg Optimist Athletics	8.32 q	4
4 Alexander Schinkel	10	Tough Track	8.52 q	5
5 Malik Brown	09	Winnipeg Optimist Athletics	8.56 q	5

Men 16-17 60 Meter Open

Name	Yr	Team	Prelims	H#
Preliminaries				
1 Joshua Onwuanimkwu	07	Winnipeg Optimist Athletics	7.09 q	1

2024 WOA Winter Open - 1/19/2024 to 1/20/2024**James Daly Fieldhouse, Max Bell Centre****Results****Preliminaries ... (Men 16-17 60 Meter Open)**

Name	Yr	Team	Prelims	H#
2 Terick Burchill	07	Winnipeg Optimist Athletics	7.33 q	2
3 Dylan Bazan	07	Winnipeg Optimist Athletics	7.57 q	1
4 Praise Oni	07	Winnipeg Optimist Athletics	7.82 q	4
5 Landon Moyes	07	Tough Track	7.88 q	4
6 Elliot McKay	08	Winnipeg Optimist Athletics	7.95 q	4
7 Trevor Coffin	07	Tough Track	8.19 q	4

Men 16-17 60 Meter Exhibition F Open

Name	Yr	Team	Prelims
Preliminaries			
1 Joshua Onwuanimkwu	07	Winnipeg Optimist Athletics	6.99 q

Men 18-19 60 Meter Exhibition F Open

Name	Yr	Team	Prelims
Preliminaries			
1 Augustine Nkundimana	06	Winnipeg Optimist Athletics	6.97 q
2 Elijah Falade	06	Winnipeg Optimist Athletics	7.04 q
3 Denzel Aguinaldo	05	Manitoba Bisons	7.09 q
4 Connor Hutchison-Campbell	06	Winnipeg Optimist Athletics	7.42 q

Men 18-19 60 Meter Open

Name	Yr	Team	Prelims	H#
Preliminaries				
1 Augustine Nkundimana	06	Winnipeg Optimist Athletics	7.05 q	1
2 Elijah Falade	06	Winnipeg Optimist Athletics	7.10 q	1
3 Denzel Aguinaldo	05	Manitoba Bisons	7.17 q	2
4 Connor Hutchison-Campbell	06	Winnipeg Optimist Athletics	7.37 q	2
5 John McGowan	06	Ottawa Lions T.F.C.	7.40 q	2

Men 20-34 60 Meter Exhibition F Open

Name	Yr	Team	Prelims
Preliminaries			
1 Miracle Eze	01	Manitoba Bisons	6.96 q
2 Michael Puchala	00	Manitoba Bisons	7.28 q
3 Dexus Valenzona	04	Manitoba Bisons	7.34 q

Men 20-34 60 Meter Open

Name	Yr	Team	Prelims	H#
Preliminaries				
1 Miracle Eze	01	Manitoba Bisons	7.02 q	1
2 Olamide Olanrewaju	03	Manitoba Bisons	7.36 q	3
3 Dexus Valenzona	04	Manitoba Bisons	7.36 q	1
4 Michael Puchala	00	Manitoba Bisons	7.37 q	2
5 Wilfred Onunkwo	03	Winnipeg Optimist Athletics	7.42 q	2
6 Max Speiser	00	Manitoba Bisons	7.47 q	3
7 Enock Birinda	04	Manitoba Bisons	7.60 q	3
8 Xerxes Ejercito	02	Manitoba Bisons	7.61 q	2
9 Caelan Norea	02	Winnipeg Optimist Athletics	7.75 q	3
10 Kyle Yaffe	00	Manitoba Bisons	7.78 q	4
11 Harith Mtwangi	02	Flying M Athletic Club	7.97	4

2024 WOA Winter Open - 1/19/2024 to 1/20/2024**James Daly Fieldhouse, Max Bell Centre****Results****Men 35+ 60 Meter Open**

Name	Yr	Team	Prelims	H#
Preliminaries				
1 Ernest Cholakis	75	Unattached-Manitoba	8.58 q	6
2 Timothy Berard T36;F36	81	Flying M Athletic Club	16.20 q	6

Men 6-11 150 Meter Open

Name	Yr	Team	Finals
Finals			
2 Ezekiel Akinlade	13	Winnipeg Optimist Athletics	21.72
3 Aldridge Vaughn Sanchez	13	Stars Athletics Academy	29.15

Men 12-13 150 Meter Open

Name	Yr	Team	Finals
Finals			
1 Jack Tobac	12	Tough Track	23.50
2 Oliver Bayani	12	Winnipeg Optimist Athletics	24.71
3 Noah McCarron	12	Winnipeg Optimist Athletics	27.48
4 Max Beardy-Berard	12	Winnipeg Optimist Athletics	31.86

Men 14+ 150 Meter Open

Name	Yr	Team	Finals	H#
Finals				
1 Alexander Schinkel	10	Tough Track	20.22	2
1 Malik Brown	09	Winnipeg Optimist Athletics	20.86	2
2 Ernest Cholakis	75	Unattached-Manitoba	21.24	2
3 George Stewart	59	Winnipeg Optimist Athletics	22.93	2
4 Timothy Berard T36;F36	81	Flying M Athletic Club	42.04	2

Men 14-15 200 Meter Open

Name	Yr	Team	Finals	H#
Finals				
1 Yusuff Ajibola Yusuff	09	Winnipeg Optimist Athletics	23.56	2
2 Tyler Motkaluk	09	Winnipeg Optimist Athletics	24.56	3
3 Reed Passmore	10	Winnipeg Optimist Athletics	25.54	4

Men 16-17 200 Meter Open

Name	Yr	Team	Finals	H#
Finals				
1 Eli Dawkins	07	Winnipeg Optimist Athletics	23.90	2
2 Landon Moyes	07	Tough Track	25.03	4
3 Elliot McKay	08	Winnipeg Optimist Athletics	25.62	5

Men 18-19 200 Meter Open

Name	Yr	Team	Finals	H#
Finals				
1 Denzel Aguinaldo	05	Manitoba Bisons	23.80	3

Men 20-34 200 Meter Open

Name	Yr	Team	Finals	H#
Finals				
1 Roy Tambal Musa	02	Manitoba Bisons	22.69	1
2 Wilfred Onunkwo	03	Winnipeg Optimist Athletics	23.73	1

2024 WOA Winter Open - 1/19/2024 to 1/20/2024**James Daly Fieldhouse, Max Bell Centre****Results****Finals ... (Men 20-34 200 Meter Open)**

	Name	Yr	Team	Finals	H#
3	Michael Puchala	00	Manitoba Bisons	23.90	3
4	Tochukwu Achilefu	04	Manitoba Bisons	23.95	1
5	Olamide Olanrewaju	03	Manitoba Bisons	24.19	3
6	Kyle Yaffe	00	Manitoba Bisons	24.54	4
7	Xerxes Ejercito	02	Manitoba Bisons	25.10	3
8	Dexus Valenzona	04	Manitoba Bisons	25.11	2
9	Enock Birinda	04	Manitoba Bisons	25.11	4

Men 35+ 200 Meter Open

	Name	Yr	Team	Finals	H#
Finals					
1	Greg Athayde	61	Tough Track	28.37	5
2	Paul Samyn	65	Winnipeg Optimist Athletics	33.38	5

Men 8-11 300 Meter Open

	Name	Yr	Team	Finals	H#
Finals					
1	Ezekiel Akinlade	13	Winnipeg Optimist Athletics	50.26	2

Men 12-13 300 Meter Open

	Name	Yr	Team	Finals	H#
Finals					
1	Max Beardy-Berard	12	Winnipeg Optimist Athletics	1:10.94	2

Men 14-15 300 Meter Open

	Name	Yr	Team	Finals	H#
Finals					
1	Logan Thorn	09	Winnipeg Optimist Athletics	41.18	

Men 20-34 300 Meter Open

	Name	Yr	Team	Finals	H#
Finals					
1	Ihor Brezdun	04	Winnipeg Optimist Athletics	37.82	
2	Tochukwu Achilefu	04	Manitoba Bisons	37.96	

Men 35+ 300 Meter Open

	Name	Yr	Team	Finals	H#
Finals					
1	Darcey Harder	72	Roadkill Running Club	49.36	2
2	George Stewart	59	Winnipeg Optimist Athletics	50.34	2

Men 16-17 400 Meter Open

	Name	Yr	Team	Finals	H#
Finals					
1	Eli Dawkins	07	Winnipeg Optimist Athletics	53.30	1
2	Luc Fillion	07	Tough Track	53.49	1
3	Parker Thomas	08	Winnipeg Optimist Athletics	55.16	2
4	Cohen Orlesky	07	Unattached-Manitoba	57.31	1
5	Landon Moyes	07	Tough Track	58.80	2

2024 WOA Winter Open - 1/19/2024 to 1/20/2024**James Daly Fieldhouse, Max Bell Centre****Results****Men 18-19 400 Meter Open**

Name	Yr	Team	Finals
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Finals

1		Giacomo Mangili	06 Tough Track	52.83
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Men 20-34 400 Meter Open

Name	Yr	Team	Finals	H#
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Finals

1		Gavin McCulloch	04 Winnipeg Optimist Athletics	59.61	3
2		Jared Vachon	02 Manitoba Bisons	1:01.00	3

Men 35+ 400 Meter Open

Name	Yr	Team	Finals	H#
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Finals

1		Greg Athayde	61 Tough Track	59.94	2
2		Claude Faucher	67 Unattached-Manitoba	1:01.86	3
3		Shawn Watters	61 Tough Track	1:08.37	3

Men 8-11 600 Meter Open

Name	Yr	Team	Finals	H#
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Finals

1		Ezekiel Akinlade	13 Winnipeg Optimist Athletics	2:01.63	2
2		Aldridge Vaughn Sanchez	13 Stars Athletics Academy	2:41.22	2

Men 12-13 600 Meter Open

Name	Yr	Team	Finals	H#
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Finals

1		Jack Tobac	12 Tough Track	2:01.89	2
2		Oliver Bayani	12 Winnipeg Optimist Athletics	2:16.99	2

Men 14-15 800 Meter Open

Name	Yr	Team	Finals	H#
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Finals

1		Edwin Dalke	09 Winnipeg Optimist Athletics	2:28.11	3
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Men 16-17 800 Meter Open

Name	Yr	Team	Finals	H#
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Finals

1		Draycen Ralph	07 Tough Track	1:59.41	1
2		Luc Fillion	07 Tough Track	2:01.34	1
3		Carter Heroux	08 Winnipeg Optimist Athletics	2:05.31	2
4		Nate Phillips	07 Last Mile Athletics Club	2:09.17	1
5		Nicolas Bergen	07 Tough Track	2:09.48	2
6		Dorian Johnson	08 Tough Track	2:10.61	2
7		Tristan Gudmundson	08 Winnipeg Optimist Athletics	2:16.50	2
8		Cohen Orlesky	07 Unattached-Manitoba	2:23.12	3

Men 18-19 800 Meter Open

Name	Yr	Team	Finals	H#
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Finals

1		Wylie Garchinski	05 Manitoba Bisons	2:00.25	1
2		Jonah Leppelemann	05 Manitoba Bisons	2:02.85	1
3		Giacomo Mangili	06 Tough Track	2:03.76	1

2024 WOA Winter Open - 1/19/2024 to 1/20/2024**James Daly Fieldhouse, Max Bell Centre****Results****Finals ... (Men 18-19 800 Meter Open)**

	Name	Yr	Team	Finals	H#
4	Nathan Dyck	06	Last Mile Athletics Club	2:05.80	2
5	Nathan Simard	06	Unattached-Manitoba	2:07.23	1
6	Jase Herie	06	Winnipeg Optimist Athletics	2:08.30	2
7	Cole McCulloch	06	Winnipeg Optimist Athletics	2:24.48	3

Men 20-34 800 Meter Open

	Name	Yr	Team	Finals	H#
Finals					
1	Gavin McCulloch	04	Winnipeg Optimist Athletics	2:29.08	3
---	Gavin Maxwell	02	Manitoba Bisons	DNF	1
---	Noel Kendle	00	Manitoba Bisons	DNF	1

Men 35+ 800 Meter Open

	Name	Yr	Team	Finals	H#
Finals					
1	John Coffin	81	Tough Track	2:09.41	2
2	Claude Faucher	67	Unattached-Manitoba	2:19.80	3

Men 14-15 1500 Meter Open

	Name	Yr	Team	Finals
Finals				
1	Edwin Dalke	09	Winnipeg Optimist Athletics	5:06.59

Men 16-17 1500 Meter Open

	Name	Yr	Team	Finals
Finals				
1	Liam Palmer	07	Winnipeg Optimist Athletics	4:09.34
2	Nate Phillips	07	Last Mile Athletics Club	4:21.10
3	Nicolas Bergen	07	Tough Track	4:26.07
4	Dorian Johnson	08	Tough Track	4:41.20

Men 18-19 1500 Meter Open

	Name	Yr	Team	Finals
Finals				
1	Crason Kroeker	05	Manitoba Bisons	4:11.52
2	Nathan Dyck	06	Last Mile Athletics Club	4:21.26
3	Cole McCulloch	06	Winnipeg Optimist Athletics	5:06.99

Men 20-34 1500 Meter Open

	Name	Yr	Team	Finals
Finals				
1	Gavin Maxwell	02	Manitoba Bisons	4:20.27

Men 35+ 1500 Meter Open

	Name	Yr	Team	Finals
Finals				
1	John Coffin	81	Tough Track	4:27.02
2	Stephen Terichow Parrott	62	Roadkill Running Club	6:07.53

2024 WOA Winter Open - 1/19/2024 to 1/20/2024**James Daly Fieldhouse, Max Bell Centre****Results****Men 16-17 3000 Meter Open**

Name	Yr	Team	Finals
Finals			
1 Liam Palmer	07	Winnipeg Optimist Athletics	8:54.67
2 Nate Phillips	07	Last Mile Athletics Club	9:00.85

Men 18-19 3000 Meter Open

Name	Yr	Team	Finals
Finals			
1 Jase Herie	06	Winnipeg Optimist Athletics	10:03.28

Men 35+ 3000 Meter Open

Name	Yr	Team	Finals
Finals			
1 Shawn Watters	61	Tough Track	11:51.24
2 Sam Zhou	68	Roadkill Running Club	11:54.51

Men 20-34 5000 Meter Open

Name	Yr	Team	Finals
Finals			
1 Sam Vincent	92	unassigned	14:28.83
2 Nickolas Kosmenko	90	Bison Athletics Club	16:50.95

Men 35+ 5000 Meter Open

Name	Yr	Team	Finals
Finals			
1 Sam Zhou	68	Roadkill Running Club	20:25.63
2 Bob Cox	60	Roadkill Running Club	21:10.57

Men 18-19 60 Meter Hurdles Exhibition F Open

Name	Yr	Team	Finals
Finals			
1 Jordan Beinert	05	Manitoba Bisons	8.77
2 Kieran Reid	05	Manitoba Bisons	9.63

Men 20-34 60 Meter Hurdles Exhibition F Open

Name	Yr	Team	Finals
Finals			
1 Max Speiser	00	Manitoba Bisons	8.64

Men 18-34 60 Meter Hurdles 1.067-9.14m Open

Name	Yr	Team	Finals
Finals			
1 Jordan Beinert	05	Manitoba Bisons	8.73
2 Max Speiser	00	Manitoba Bisons	8.77
3 Donovan Pringle	09	Winnipeg Optimist Athletics	9.08
4 Kieran Reid	05	Manitoba Bisons	9.33
5 Reed Passmore	10	Winnipeg Optimist Athletics	9.41
6 Logan Thorn	09	Winnipeg Optimist Athletics	9.82
7 Edwin Dalke	09	Winnipeg Optimist Athletics	9.91
8 Darby Brown	73	Unattached-Manitoba	11.88

2024 WOA Winter Open - 1/19/2024 to 1/20/2024**James Daly Fieldhouse, Max Bell Centre****Results****Men 4x100 Meter Relay Open**

Team	Relay	Finals
Finals		
1 Winnipeg Optimist Athletics	A	54.84
2 Unattached-Manitoba	A	1:01.47

Men 4x200 Meter Relay Open

Team	Relay	Finals
Finals		
1 Roadkill Running Club	A	2:27.36

Men 4x400 Meter Relay Open

Team	Relay	Finals
Finals		
1 Unattached-Manitoba	A	5:11.29

Men 18-19 High Jump Open

Name	Yr	Team	Finals
Finals			
1 Adebare Adegbosin	05	Manitoba Bisons	1.90m
2 Hatden Caraoa	05	Manitoba Bisons	1.85m
3 Richard Bestman	06	Unattached-Manitoba	1.70m

Men 20-34 High Jump Open

Name	Yr	Team	Finals
Finals			
1 Daniel Nwogo	03	Manitoba Bisons	1.65m

Men 35+ High Jump Open

Name	Yr	Team	Finals
Finals			
1 Kyle D'Sa	12	Winnipeg Optimist Athletics	1.75m
1 Noah Duncan	12	Winnipeg Optimist Athletics	1.75m

Men 16-17 Pole Vault Open

Name	Yr	Team	Finals
Finals			
1 Ivan Doerksen	08	Predator Athletics Club	2.90m

Men 20-34 Pole Vault Open

Name	Yr	Team	Finals
Finals			
1 Max Speiser	00	Manitoba Bisons	4.55m
2 Misha Bruning-Haid	03	Manitoba Bisons	3.10m

Men 14-15 Long Jump Open

Name	Yr	Team	Finals
Finals			
1 Donovan Pringle	09	Winnipeg Optimist Athletics	5.64m
2 Owen McKenty	09	Winnipeg Optimist Athletics	4.85m
3 Malik Brown	09	Winnipeg Optimist Athletics	3.29m

2024 WOA Winter Open - 1/19/2024 to 1/20/2024**James Daly Fieldhouse, Max Bell Centre****Results****Men 16-17 Long Jump Open**

Name	Yr	Team	Finals
Finals			
1 Dylan Bazan	07	Winnipeg Optimist Athletics	5.79m
2 Praise Oni	07	Winnipeg Optimist Athletics	5.57m
3 Soren Reid	08	Unattached-Manitoba	5.41m
4 Elliot McKay	08	Winnipeg Optimist Athletics	4.89m

Men 18-19 Long Jump Open

Name	Yr	Team	Finals
Finals			
1 Hatden Caraoa	05	Manitoba Bisons	6.36m
2 Kieran Reid	05	Manitoba Bisons	6.13m
3 Richard Bestman	06	Unattached-Manitoba	6.01m
4 Jordan Beinert	05	Manitoba Bisons	5.79m

Men 20-34 Long Jump Open

Name	Yr	Team	Finals
Finals			
1 Max Speiser	00	Manitoba Bisons	6.43m
2 Joshua Banman	04	Manitoba Bisons	6.04m
3 Misha Bruning-Haid	03	Manitoba Bisons	6.03m
4 Daniel Nwogo	03	Manitoba Bisons	5.48m
5 Caelan Norea	02	Winnipeg Optimist Athletics	5.04m

Men 35+ Long Jump Open

Name	Yr	Team	Finals
Finals			
1 Noah Duncan	12	Winnipeg Optimist Athletics	3.91m
2 Oliver Bayani	12	Winnipeg Optimist Athletics	3.59m
3 Ezekiel Akinlade	13	Winnipeg Optimist Athletics	3.50m
4 Fabien Mutobano	13	Stars Athletics Academy	3.02m
5 Kyle D'Sa	12	Winnipeg Optimist Athletics	2.89m
6 Noah McCarron	12	Winnipeg Optimist Athletics	2.68m

Men 14-15 Triple Jump Open

Name	Yr	Team	Finals
Finals			
1 Donovan Pringle	09	Winnipeg Optimist Athletics	11.48m

Men 16-17 Triple Jump Open

Name	Yr	Team	Finals
Finals			
1 Soren Reid	08	Unattached-Manitoba	11.65m

Men 18-19 Triple Jump Open

Name	Yr	Team	Finals
Finals			
1 Adebare Adegbosin	05	Manitoba Bisons	14.28m
2 Enoch Amolegbe	06	Winnipeg Optimist Athletics	12.97m

2024 WOA Winter Open - 1/19/2024 to 1/20/2024**James Daly Fieldhouse, Max Bell Centre****Results****Men 20-34 Triple Jump Open**

Name	Yr	Team	Finals
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Finals

1	Gee-Ef Nkwonta	94	Winnipeg Optimist Athletics	15.07m
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Men Shot Put 7.26kg Open

Name	Yr	Team	Finals
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Finals

1	Cole Gagnon	98	Manitoba Bisons	11.74m
2	Sean Rowe	05	Manitoba Bisons	11.53m
3	Benjamin Marsh	05	Manitoba Bisons	11.17m
4	Jordan Furletti	02	Manitoba Bisons	10.58m
5	Misha Bruning-Haid	03	Manitoba Bisons	10.50m
6	Naty Vaserman	05	Manitoba Bisons	10.18m

Men Weight Throw 15.88kg Open

Name	Yr	Team	Finals
------	----	------	--------

Finals

1	Cole Gagnon	98	Manitoba Bisons	13.30m
2	Sean Rowe	05	Manitoba Bisons	10.40m
3	Naty Vaserman	05	Manitoba Bisons	9.65m
4	Benjamin Marsh	05	Manitoba Bisons	8.53m

Men 7-11 Standing Long Jump Open

Name	Yr	Team	Finals
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Finals

1	Aldridge Vaughn Sanchez	13	Stars Athletics Academy	1.68m
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Men 12-13 Standing Long Jump Open

Name	Yr	Team	Finals
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Finals

1	Noah Duncan	12	Winnipeg Optimist Athletics	2.03m
2	Noah McCarron	12	Winnipeg Optimist Athletics	1.58m

Men 50-54 60 Meter Hurdles 36" Master

Name	Yr	Team	Finals
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Finals

1	Darby Brown	73	Unattached-Manitoba	11.87
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Men Shot Put 4Kg Special O

Name	Yr	Team	Finals
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Finals

1	Timothy Berard T36;F36	81	Flying M Athletic Club	5.20m
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