



40th Annual Don Wright Team Challenge & All-Comers
Saturday, January 20th, 2024
TECHNICAL PACKAGE

Location: Thompson Recreation and Athletic Centre
Western University – 1231 Western Road
London, Ontario

Meet Director: Scott MacDonald

Entries: All entries to be completed at the link below:
<https://trackie.com/event/2024DonWright>

Entry Fees: \$25 per athlete and relays or \$600 varsity team max
Cheques payable to “Western University Track and Field”

Deadline: Monday, January 15th, 2023 at 11:59pm

Prizes: Prizes will be provided for the Don Wright portion of the meet only

Maximum Entries per school in Don Wright Team Challenge sections:

All Varsity teams may enter a maximum of 4 athletes per track event with the exception of the 300m (maximum of 2) unless they have achieved the standards below. Additional athletes without standard may compete in the morning all-comers sections.

Select post-collegiate athletes may be permitted to compete in the Don Wright sections, but must contact scottmaclwtfc@gmail.com to request an entry as an invited guest.

EVENT	WOMEN	MEN
60m	8.30	7.30
60m Hurdles	9.60	8.90
300m	43.50	37.50
600m	1:42.00	1:25.00
1000m	3:07.00	2:40.00
1500m/MILE	5:00.00/5:20.00	4:10.00/4:25.00
3000m	10:45.00	9:00.00



TENTATIVE SCHEDULE

Track Events	Field Events
All-Comers	
9:00am 60m All-Comers Women/Girls	9:00am Weight Throw University/Open Men
9:25am 60m All-Comers Men/Boys	Long Jump U20 Girls
9:50am 1500m All-Comers Women/Girls	9:30am Pole Vault Under 3.00m Girls
10:05am 1500m All-Comers Men/Boys	10:00am High Jump U20/Open Men
10:20am 300m All-Comers Women/Girls	10:30am Weight Throw University/Open Women
10:50am 300m All-Comers Men/Boys	Long Jump U20 Boys
11:20am 600m All-Comers Women/Girls	11:30am Pole Vault Under 4.00m Boys
11:35am 600m All-Comers Men/Boys	High Jump U20 Girls
11:50am 60m Hurdles Girls	12:00pm Triple Jump University/Open Men
Don Wright Team Challenge	
12:20pm National Anthem	
12:25pm 60mH prelims University Men	Shot Put University/Open Men
12:40pm 60mH prelims University Women	1:30pm High Jump University/Open Women
12:50pm 60m prelims University Men	Pole Vault 3.00m+ Women
1:05pm 60m prelims University Women	Triple Jump University/Open Women
1:20pm 60mH FINAL University Women	2:15pm Shot Put University/Open Women
1:30pm 60mH FINAL University Men	3:00pm Long Jump University/Open Men
1:40pm 60m FINAL University Men	3:30pm High Jump University Men
1:45pm 60m FINAL University Women	Pole Vault 4.00m+ Men
1:55pm 60m run Alumni	3:45pm Shot Put U20 Men
2:05pm 60m run Kids of Alumni	4:45pm Long Jump University/Open Women
2:15pm 1000m University Men	Shot Put U20 Women
2:30pm 1000m University Women	
2:45pm 300m University Men	
2:55pm 300m University Women	
3:05pm 3000m University Men	
3:25pm 3000m University Women	
3:45pm 600m University Men	
3:55pm 600m University Women	
4:10pm 4x200m University Men	
4:20pm 4x200m University Women	
4:30pm MILE University Men	
4:45pm MILE University Women	
5:00pm 4x400m University Men	
5:10pm 4x400m University Women	
5:25pm 4x800m University Women	