

TORONTO TRACK

UNIVERSITY OF TORONTO TRACK CLUB

**2024 U20 FRED FOOT
FRIDAY JANUARY 19TH @ 4:00**

**UNIVERSITY OF TORONTO
ATHLETIC CENTER
BRUCE KIDD FIELD HOUSE
55 HARBORD STREET TORONTO, ON**

Meet Director: Colleen Dotson
(colleen.dotson@utoronto.ca)

Cheques:

Cheque Payable to: University of Toronto Track Club

Facility:

Bruce Kidd Field House

Spikes:

MAXIMUM 6mm (see more info below)

Timing:

Finish Lynx Photo-timing

Track event Limits:

The meet will be capped at 50 people per age group - Make sure to enter early!

Entry Fees:

\$20.00 per individual event before Jan 12th, \$30 Late Entry Fee until January 17th

Entries will close on Wednesday January 17th at Midnight.

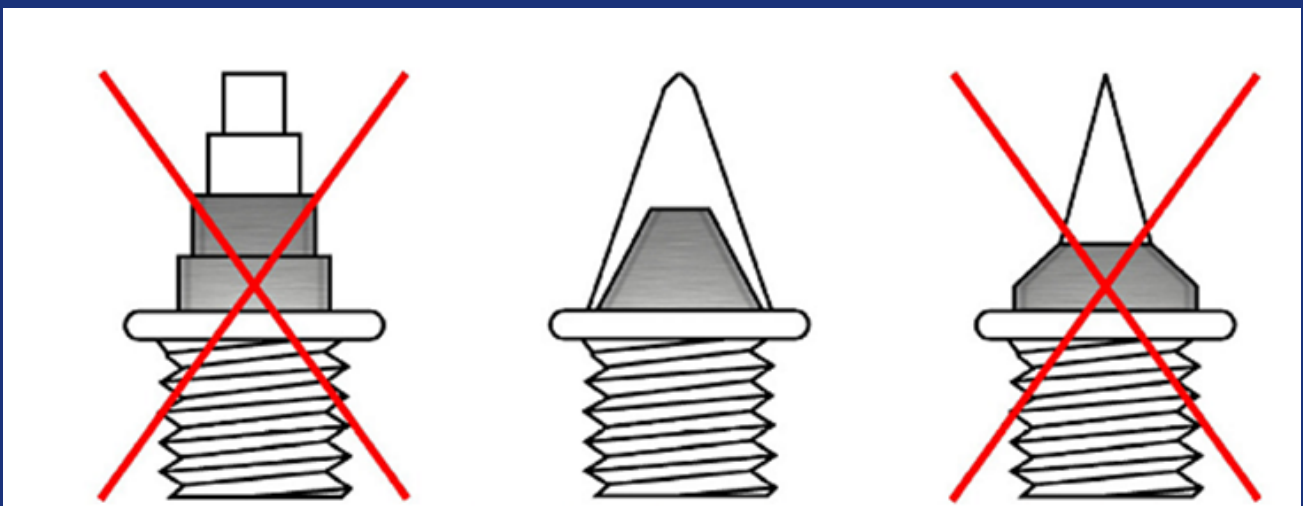
Field events:

Field events will be limited to 20 athletes. After the first round, minimums will be applied.

Final Schedule will be added once the entry deadline has passed.

SPIKES

- All spikes must be presented to be checked at the spike check in table (where you receive your hip numbers)
- Athletes will not be allowed to compete without having their spikes checked and cleared.
 - Acceptable spikes: 6mm pyramids / cones – same size
- Any athletes competing with longer than 7mm spikes will be disqualified.
 - Water is the only permitted drink allowed on the track facility.



TENTATIVE SCHEDULE

January 19th UTTC Fred Foot U20		
Track		
50 entries per age group or 150 per gender		
4:00	60m	W-U16
4:15		W-U18
4:30		W-OPEN
4:45		M-U16
5:00		M-U18
5:15		M-OPEN
5:30	600m	W-U16
5:45		W-U18
6:00		W-OPEN
6:10		M-U16
6:20		M-U18
6:30		M-OPEN
6:45	200m	M-U16
6:55		M-U18
7:05		M-OPEN
7:15		W-U16
7:30		W-U18
7:45		W-OPEN
8:00	1000m	M-U16
8:15		M-U18
8:30		M-OPEN
8:45		W-U16
9:05		W-U18
9:20		W-OPEN

TENTATIVE SCHEDULE

Field Events		
20 Entries		
4:00	LJ	W-OPEN
5:30		M-OPEN
7:00	TJ	W-OPEN
8:30		M-OPEN
4:00	HJ	M-U16
5:30		W-U16
7:00		W-OPEN
8:30		M-OPEN