



Dover Bay Secondary School  
6135 McGirr Rd, Nanaimo, BC V9V 1M1

### KATA & KUMITE CATEGORIES

**SAME FEE FOR ALL AGES!**

**Early Bird Registration (Deadline Sunday Feb 18):**

\$35 first event \$20 each additional event

**Standard Registration (Deadline Sunday March 3)**

\$40 first event \$25 each additional event



Presented by  
Vancouver Island  
Karate Society (Zone 6)

**Officials Kata & Kumite Clinic & Certification - Sat March 9, 9am-5pm**

**Location:** Shima Karate, 3032 Barons Rd, Nanaimo

### ONLINE REGISTRATION :

[www.trackiereg.com/5thVancouverIslandKarate](http://www.trackiereg.com/5thVancouverIslandKarate)

## **Welcome to the premier karate tournament on Vancouver Island!**

You're invited to the 5th annual Vancouver Island Karate Championships. The volunteer Vancouver Island Karate Society (Zone 6) is thrilled to host this event for the karate community.

**The goal is to provide several matches for each athlete while also finishing the event before 6pm by utilizing three tatami mats, therefore registration closes either when 200 athletes have entered, or when the regular registration deadline is reached by March 3, 11:59pm.**

### Divisions for Everyone!

The Island Champs has divisions for every level of competitor, from the novice elementary student to the advanced high-performance athlete.

To provide more value for athlete development, most athletes will have 2 or more matches in individual kata & kumite divisions.

And adult divisions run first so that adult athletes may volunteer afterwards as officials and scorekeepers.

As with previous Island Champs, kobudo and team kata divisions are not included this year in order to use these valuable tournament time slots for the individual kata & kumite divisions to finish on time. Please note the April Karate BC Provincials offers these unique divisions for anyone interested.

### More for Officials

The annual Official's Clinic is being held the day before to train both new officials and to provide refresher training for returning officials. New officials who then participate in the tournament on Sunday can become certified with Karate BC.

### Convenient Nanaimo location!

This year's championships are again in Nanaimo for its easy access from anywhere on Vancouver Island, and from the BC mainland via the BC Ferries terminals of Departure Bay and Duke Point.

### "Fernando Correia Vancouver Island Champions" title!

The "Correia Champions" title and keeper plaque is to be awarded to the club team with the most Gold medals in honor of Correia Sensei who hosted the Island Champs for many decades.

The organizing committee warmly thanks the volunteers, officials, Karate BC and event sponsors for helping to continue the Zone 6 premier annual event.

We look forward to seeing everyone in Nanaimo on Sunday, March 10, 2024!

Sincerely,

Richard Mosdell (Kenzen Karate)  
Vancouver Island Karate Society, president  
T 250-507-1441  
E [richard@kenzenkarate.com](mailto:richard@kenzenkarate.com)

Richard Jane (Shima Karate)  
Vancouver Island Karate Society, tournament director  
T 250-618-3595  
E [zone6viks@gmail.com](mailto:zone6viks@gmail.com)

# 5th Annual Vancouver Island Karate Championships and Official's Clinic 2024

## **DATES & LOCATIONS**

### **OFFICIAL'S CLINIC & CERTIFICATION**

**Saturday, March 9, 9:00am – 5:00pm**

Location: Shima Karate

3032 Barons Rd, Nanaimo, BC V9T 4B5

Registration: [www.karatebc.org/kbc-calendar-grid-view/](http://www.karatebc.org/kbc-calendar-grid-view/)

### **OFFICIAL'S REGISTRATION FOR CHAMPIONSHIPS**

Please email Zone 6 chief official Rob Walker;

[westshorekarate@gmail.com](mailto:westshorekarate@gmail.com)

### **VANCOUVER ISLAND CHAMPIONSHIPS**

**Sunday, March 10, 9:30am – 5:00pm**

Location: Dover Bay Secondary School

6135 McGirr Rd, Nanaimo, BC V9V 1M1

*Championships registration:*

<https://trackie.com/event/2024-5thVancouverIslandKarate>

## **HOST**

Vancouver Island Karate Society (VIKS, Zone 6)

## **CONTACTS**

*Tournament Director*

Richard Jane (Shima Karate)

[zone6viks@gmail.com](mailto:zone6viks@gmail.com)

mobile: 250-618-3595

## **PARTICIPANTS**

Any Karate BC member (standard fees)

Non-Karate BC member (\$1 non-member extra fee as per Karate BC policy)

## **RULES**

2023 World Karate Federation (WKF) plus Karate BC modifications

**[See below for explanation](#)**

## **SANCTION**

Karate BC (provincial sport organization with Sport BC)

## **SCHEDULE**

8am	Gymnasium Opens
8:30am	Volunteer Meeting
9am	Coaches/Officials Meeting
9:30am	Opening Ceremony
9:35am	Competition Begins
6pm	Competition Ends & Championship Club announced

**\*BE ADVISED\***

1. Times are approximate and the schedule is subject to changes without notice.

2. The final *Division Timetable* will be emailed to all competitors 24-48hrs prior to the event.
3. Divisions may run 60 MINUTES PLUS OR MINUS of the original posted start times.

**CANCELLATION POLICY**

1. Full refund if a written email notice is received by the regular registration deadline.
2. No refunds issued after the registration deadline for any reason.
3. If a higher authority for the event (Karate BC, insurance agency, venue management, BC Government, etc) instructs VIKS to cancel the event, a refund of a full or partial amount is issued to registered participants. The final refund amount is determined on expenses VIKS may still be required to spend regardless of the event being canceled.

**SAFETY PLAN**

The association will do its utmost to reduce both the physical risk and financial risk of all participants for the event by following the current BC government event hosting safety guidelines. Any required safety instructions will be sent out with the final tournament event notices.

**ATHLETE ONLINE REGISTRATION**

1. Online registration may be done by a club coach for the whole team, or by individuals directly.
2. From the athlete registration data, the tournament director creates competitive divisions based on the entry information, sometimes having to combine divisions.
3. *Division Timetable* to be emailed to participants approximately 24-48hrs before the event.
4. *Division Draws* will be released on the morning of the event.

**REGISTRATION FEES & DEADLINES FOR ALL ENTRIES**

Early Bird deadline	Sunday, February 18, 11:59pm	\$35 first event	\$20 second event
Regular deadline	Sunday, March 3, 11:59pm	\$40 first event	\$25 second event

**Reminder, registration turns off when the 200 athlete maximum registrations is reached.**

**OFFICIALS, THE VANCOUVER ISLAND CHAMPIONSHIPS NEEDS YOU!**

We welcome all levels of officials to help out at the event. If you are interested in starting officiating or in upgrading your certification, there is an official’s clinic on Saturday.

**TO OFFICIATE AT THE EVENT:**

Please contact ROB WALKER ([westshorekarate@gmail.com](mailto:westshorekarate@gmail.com))

Include: name, phone number, club and current officiating qualification in the WKF system (regional, provincial, national, continental and world)

**TO REGISTER FOR THE CLINIC & CERTIFICATION ON SATURDAY:**

[www.karatebc.org/kbc-calendar-grid-view/](http://www.karatebc.org/kbc-calendar-grid-view/)

**RULE EXPLANATION**

WKF rules & Karate BC modifications [WEBLINK](#)  
 Also see Island Champs unique kata list

**DIVISION QUALIFICATION**

1. Please use your best judgment. For example;
  - a. **Novice athletes:** normally this event is a novice’s first or second tournament and they have less than two years of karate experience.
  - b. **Intermediate athletes:**
    - i. Normally an athlete has two to three years of karate experience.
    - ii. Has not competed in an Advanced, Black Belt, or Elite category at a Karate BC Provincial Championships, a Karate BC sanctioned local tournament, a BC Winter Games zone tryouts, or a Canada Open Karate Championships.
    - iii. Has never tried out, nor qualified for the Karate BC Junior & Senior Team.
    - iv. Does not possess a brown or black belt, or other belt equivalent to this rank in any Karate style as of this event date.
  - c. **Advanced athletes:** any athlete who does not meet the criteria for Novice or Intermediate as indicated above.
2. This event is open to all karate athletes who wish to compete under the WKF rule system.
3. Numbers indicate KYU (pre-black belt) RANK, and a Kyu rank is designated a belt color, different from dojo to dojo.
4. DAN means a black belt DEGREE, from SHODAN (1st degree) upwards.
5. EXPERIENCE relates to years practicing karate in the dojo.

	<i>Chito/ Shito</i>	<i>Gima- Ha</i>	<i>Wado</i>	<i>Goju</i>	<i>Uechi- Ryu</i>	<i>Shotokan/ Shukokai</i>	<i>Kyokushin</i>
<i>Novice ie. white-yellow belts 1yr +/- experience</i>	6 - 5	10 - 7	8 - 7	10 - 8	10 - 7	9 - 8	10 - 7
<i>Intermediate ie. orange-green belts 2-3yrs experience</i>	4 - 3	6 - 4	6 - 4	7 - 4	6 - 4	7 - 4	6 - 4
<i>Advanced ie. blue-brown belts 4-5yrs experience</i>	2 - 1	3 - 1	3 - 1	3 - 1	3 - 1	3 - 1	3 - 1
<i>Black Belts 5yrs+ experience</i>	All Dans	All Dans	All Dans	All Dans	All Dans	All Dans	All Dans

## KATA RULES

	<b>Novice</b>	<b>Intermediate</b>	<b>Advanced &amp; Black Belt</b>
<b>Performance</b>	11yrs & under: 2 athletes at a time 12yrs & older: 1 athlete at a time		1 athlete at a time
<b>Scoring system</b>	WKF Flags		WKF scoring system
<b>Number of rounds</b>	One to Three May repeat same kata	One to Three Must perform different kata per round (ie. A-B-A is ok)	One to Three Must perform different kata per round
<b>Permitted Kata</b>	See list below		
<b>Awards</b>	Gold, Silver 2 Bronze (3rd & 4th)		
<b>Uniform &amp; Belt</b>	White uniform with personal color belt (red & blue belts optional)		White uniform with red AND blue belts

<b>PERMITTED KATA LIST</b>		
<b>Novice</b>	<b>Intermediate</b>	<b>Advanced &amp; Black Belt</b>
Fugyugata 1-2 Gekisai Dai Ichi Happp Geri Heian 1-2 Kanshiwa Kihon Kata (any) Ni Sei Shi (dai) Pinan 1-2 Rohai Sho Sanchin Shi Ho Wari/Hai Tai Sabaki Tenshin Tensho Zenshin Kota any Taikyoku Kata	Gekisai Dai Ni Heian 3-5 Juroku Kanshu Naifanchin (1) Pinan 3-5 Rohai (Matsumura or Matsumora) Rohai Dai Saifa Seichin Seienchin Tekki Shodan Tsuki No Kata Yantsu <i>or</i> <i>any kata from the Novice list</i>	Any tokui kata from the WKF list page 39 <a href="#">WEBLINK</a>  <i>or</i> <i>any kata from the            previous two lists</i>

The permitted kata list provides athletes with a more balanced and fair competition to match their

development level.

Allowing Advanced & Black Belt athletes to perform any WKF kata allows them to acquire beneficial tournament experience with their highest competitive kata prior to challenging elite divisions in the future.

**KUMITE RULES**

	<b>Novice (all ages)</b>	<b>Intermediate (all ages)</b>	<b>Advanced &amp; Black Belt (all ages)</b>
<b>Time</b>	1 min 30 sec stop time	1 min 30 sec stop time	1 min 30 sec stop time
<b>Points</b>	First to 6 Senshu rule applied	First to 8 Senshu rule applied	First to 8 Senshu rule applied
<b>Contact</b>	No head touch with fist or foot Body touch is only light		
<b>Uniform &amp; Belt</b>	White uniform with personal color belt	White uniform with personal color belt	White uniform Red AND Blue belts
<b>Mandatory Protective Gear</b>	Mouthguard (Fitted, internal, upper)  Personal belt color ok  WKF fist protector (White, Red OR Blue)  Groin protector (males)	Mouthguard (Fitted, internal, upper)  Personal belt color ok  WKF fist protector (White, Red OR Blue)  Groin protector (males)	Mouthguard (Fitted, internal, upper)  Red AND Blue belts  WKF fist protector Red AND Blue  Groin protector (males)
<b>Optional Protective Gear</b>	Red & Blue belts WKF shin/instep protector approved head protector WKF chest guard	Red & Blue belts WKF shin/instep protector approved head protector WKF chest guard	WKF shin/instep protector approved head protector WKF chest guard
<b>Awards</b>	Gold, Silver 2 Bronze (3rd & 4th)		

Female Divisions			
Female - Kata		Female - Kumite	
001	Girls 7 & Under - Kata All belts	028	Girls 7 & Under - Kumite All belts
002	Girls 8/9 - Kata Novice	029	Girls 8/9 - Kumite Novice
003	Girls 8/9 - Kata Intermediate	030	Girls 8/9 - Kumite Intermediate
004	Girls 8/9 - Kata Advanced	031	Girls 8/9 - Kumite Advanced
005	Girls 10/11 - Kata Novice	032	Girls 10/11 - Kumite Novice
006	Girls 10/11 - Kata Intermediate	033	Girls 10/11 - Kumite Intermediate
007	Girls 10/11 - Kata Advanced	034	Girls 10/11 - Kumite Advanced
008	Girls 12/13 - Kata Novice	035	Girls 12/13 - Kumite Novice
009	Girls 12/13 - Kata intermediate	036	Girls 12/13 - Kumite intermediate
010	Girls 12/13 - Kata Advanced	037	Girls 12/13 - Kata Advanced
011	Girls 12/13 - Kata Black Belt	038	Girls 12/13 - Kumite Black Belt
012	Girls 14/15 - Kata Novice	039	Girls 14/15 - Kumite Novice
013	Girls 14/15 - Kata Intermediate	040	Girls 14/15 - Kumite Intermediate
014	Girls 14/15 - Kata Advanced	041	Girls 14/15 - Kumite Advanced
015	Girls 14/15 - Kata Black Belt	042	Girls 14/15 - Kumite Black Belt
016	Girls 16/17 - Kata Novice	043	Girls 16/17 - Kumite Novice
017	Girls 16/17 - Kata intermediate	044	Girls 16/17 - Kumite intermediate
018	Girls 16/17 - Kata Advanced	045	Girls 16/17 - Kumite Advanced
019	Girls 16/17 - Kata Black Belt	046	Girls 16/17 - Kumite Black Belt
020	Women 18yrs & up - Kata Novice	047	Women 18yrs & up - Kumite Novice
021	Women 18yrs & up - Kata Intermediate	048	Women 18yrs & up - Kumite Intermediate
022	Women 18yrs & up - Kata Advanced	049	Women 18yrs & up - Kumite Advanced
023	Women 18yrs & up - Kata Black Belt	050	Women 18yrs & up - Kumite Black Belt
024	Masters Women 35yrs & up - Kata Novice	051	Masters Women 35yrs & up - Kumite Novice
025	Masters Women 35yrs & up - Kata Intermediate	052	Masters Women 35yrs & up - Kumite Intermediate
026	Masters Women 35yrs & up - Kata Advanced	053	Masters Women 35yrs & up - Kumite Advanced
027	Masters Women 35yrs & up - Kata Black Belt	054	Masters Women 35yrs & up - Kumite Black Belt



**Male Divisions**

Male - Kata		Male - Kumite
055	Boys 7 & Under - Kata All belts	082 Boys 7 & Under - Kumite All belts
056	Boys 8/9 - Kata Novice	083 Boys 8/9 - Kumite Novice
057	Boys 8/9 - Kata Intermediate	084 Boys 8/9 - Kumite Intermediate
058	Boys 8/9 - Kata Advanced	085 Boys 8/9 - Kumite Advanced
059	Boys 10/11 - Kata Novice	086 Boys 10/11 - Kumite Novice
060	Boys 10/11 - Kata Intermediate	087 Boys 10/11 - Kumite Intermediate
061	Boys 10/11 - Kata Advanced	088 Boys 10/11 - Kumite Advanced
062	Boys 12/13 - Kata Novice	089 Boys 12/13 - Kumite Novice
063	Boys 12/13 - Kata Intermediate	090 Boys 12/13 - Kumite Intermediate
064	Boys 12/13 - Kata Advanced	091 Boys 12/13 - Kata Advanced
065	Boys 12/13 - Kata Black Belt	092 Boys 12/13 - Kumite Black Belt
066	Boys 14/15 - Kata Novice	093 Boys 14/15 - Kumite Novice
067	Boys 14/15 - Kata Intermediate	094 Boys 14/15 - Kumite Intermediate
068	Boys 14/15 - Kata Advanced	095 Boys 14/15 - Kumite Advanced
069	Boys 14/15 - Kata Black Belt	096 Boys 14/15 - Kumite Black Belt
070	Boys 16/17 - Kata Novice	097 Boys 16/17 - Kumite Novice
071	Boys 16/17 - Kata intermediate	098 Boys 16/17 - Kumite intermediate
072	Boys 16/17 - Kata Advanced	099 Boys 16/17 - Kumite Advanced
073	Boys 16/17 - Kata Black Belt	100 Boys 16/17 - Kumite Black Belt
074	Men's 18yrs & up - Kata Novice	101 Men's 18yrs & up - Kumite Novice
075	Men's 18yrs & up - Kata Intermediate	102 Men's 18yrs & up - Kumite Intermediate
076	Men's 18yrs & up - Kata Advanced	103 Men's 18yrs & up - Kumite Advanced
077	Men's 18yrs & up - Kata Black Belt	104 Men's 18yrs & up - Kumite Black Belt
078	Masters Men's 35yrs & up - Kata Novice	105 Masters Men's 35yrs & up - Kumite Novice
079	Masters Men's 35yrs & up - Kata Intermediate	106 Masters Men's 35yrs & up - Kumite Intermediate
080	Masters Men's 35yrs & up - Kata Advanced	107 Masters Men's 35yrs & up - Kumite Advanced
081	Masters Men's 35yrs & up - Kata Black Belt	108 Masters Men's 35yrs & up - Kumite Black Belt

**5th Vancouver Island Karate Championships, Sunday, March 10, 2024**

*This is an internal club form only.* **Online registration URL**

COACH 1: \_\_\_\_\_ COACH 2: \_\_\_\_\_

OFFICIAL 1 \_\_\_\_\_ OFFICIAL 2 \_\_\_\_\_

Surname	First Name	Age	M / F	Kyu or Dan rank	NOV INT ADV BLKB	Event CODES	NON KARATE BC members \$1 fee	X Reg. Fee	TOTAL