

# Saint Mary's University Open



**Hosted by:** Saint Mary's University

**Date:** Saturday, February 10, 2024

**Event Site:** - Canada Games Center, 26 Thomas Raddall; NS

- Six lane track on the oval with a polyurethane surface.
- Long Jump and Triple Jump Runway
- Maximum spike length is 7mm
- Washrooms are available on-site.

**Timing:** FinishLynx Photoelectric timing

**Categories:** University & All age categories U10 – Masters

## Schedule

- The tentative schedule is subject to change based on entries. The schedule is available at [www.trackiereg.ca](http://www.trackiereg.ca). The final schedule will be posted on Thursday, February 8<sup>th</sup>, 2024

## Registration:

Please use the online registration system at [www.trackiereg.ca](http://www.trackiereg.ca) to register

Registration deadline is **Monday, February 5th @ 11:59 pm**

1<sup>st</sup> event: \$25.00

Each additional event: \$10.00

Tetrathlon: \$10.00

Officials Fee: There will be a \$5.00 Officials fee added to all registrations.

Please note: This meet will be **pre-registration** only!

**University fee** is \$700.00 plus \$5.00 Officials Fee and online processing fees.

Events:							
	U10-12	U14	U16	U18	U20/Seniors	University	Masters
Running		60m	60m	60m	60m	60m	60m
		150m	200m	200m	200m	300m	200m
		1200m	1200m	1500m	1500m	600m	1500m
						1000m	
						1500m	
						3000m	
Hurdles		60mH	60mH	60mH	60mH	60mH	60mH
Relays						4x200m	
Jumps		High Jump	High Jump	High Jump	High Jump	High Jump	High Jump
		Long Jump	Long Jump	Long Jump	Long Jump	Long Jump	Long Jump
		Triple Jump	Triple Jump	Triple Jump	Triple Jump	Triple Jump	Triple Jump
Combined	Tethrathlon	Tethrathlon					
Events	(60m, LJ,	(60m, LJ					
	Shot, 600m	Shot, 600m					

Athletes are encouraged to enter in their respective events but will not be excluded from University events provided they are competitive in that section.

There will be no blocks used in sprint events for age groups U14 and under.

**\*\*Long Jump:** Due to time constraints, U14 - U18 athletes will receive 3 jumps only. The top 8 combined University, U20 & Senior athletes will receive 6 jumps.

**\*\*3000m:** Due to time constraints, the 3000m will have the following entry standards:

Women – 11:45

Men – 9:30

### Seeding:

Please include accurate seed/race times from 2023-24. **Seed times are required.**

Unseeded entries will be treated as the lowest seed times and assigned accordingly

All events will be timed section finals due to time constraints

Events with multiple age groups will be seeded according to seed times

Preferred lanes will be assigned by seed times for all Timed section Finals

### Marshalling:

Field events: Please check in with the official at the event site 30 minutes prior to the start of the event.

Track events: Please check in at the event start area 20 minutes prior to the start of the event.

- Athletes will not be held in the marshalling area, and it is the athlete's responsibility to be at the start line at the time of your event.

**Scratches:**

Scratches will be accepted up until the registration deadline via the [TrackieReg](#) site.

**No entries will be accepted on the day of the meet.**

**Check in and Bib # Pick-up:** Beginning at 8:30 am on Saturday, February 10, 2024.

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