# Mississauga Olympians <br> Track \& Field Athletic Association Presents The 1 ${ }^{\text {st }}$ Annual Patricia Warwick Track and Field Meet 

Date: Saturday January 27, 2024
Time: 9:00am- 5:00pm
Sanctioned By: Minor Track Association (Ontario)
Competition Director: Carla Warwick 905-997-2713 carla@mississaugaolympians.com
Entries Chairperson: Carla Warwick carla@mississaugaolympians.com
Location: Toronto Track \& Field Centre, York University 231 Ian MacDonald Boulevard Toronto, Ontario, Canada M3J 3L9

Facilities: Chevron surface on 5-lane 200m banked oval and 8-lane sprint straight; Chevron surface on all field approaches with a concrete throwing circle. Change room facilities and showers are available on site

## Age Categories and Events:

Peewee: Athletes born in 2019 and 2018 60m (time finals), LJ (3 jumps only)
Mite: Athletes born 2017 and 2016 60m, 200m, 400m, 800m, Long Jump, Shot Put
Tyke: Athletes born in 2015 and 201460 m, 200m, 400m, 800m, 1200m, Long Jump, High Jump, Shot Put, 4x200m

Atom: Athletes born in 2013 and 201260 m, 200m, 400m, 800m, 1500m, Long Jump, High Jump, Shot Put, 4x200m

Senior: Athletes born in 2011 and 201060 m, 200m, 400m, 800m, 1500m, Long Jump, High Jump, Shot Put, 4x200m

Intermediate: Athletes born in 2009 and 200860 m, 200m, 400m, 800m, 1500m, Long Jump, High Jump, Shot Put, 4x200m

Youth: Athletes born in 200760 m, 200m, 400m, 800m, 1500m, Long Jump, High Jump, Shot Put, 4x200m
Notes:

1. Athletes may enter in three individual events, of which no more than two may be track events (relay not included)
2. Track events will run girls first, then boys for each age category, starting at the youngest age categories and working up through to Intermediate
3. Waiver forms must be submitted online with meet registration
4. Events with less than five athletes may be combined with another age group.
5. Starting blocks for Atom, Senior. and Intermediate: only.

| General Rules: | Track events take precedence over field schedules. If the timing of a field and track event conflict, the athlete must check in at both events, notify both officials of the conflict and be ready to run when the race is started. The athlete will be able to return to the field event. |
| :---: | :---: |
| FIELD EVENTS |  |
| High Jump | Each competitor receives 3 trials at each height A tie will be broken by the second best jump. |
| Long Jump A |  |
|  | Less than 10 competitors each competitor gets 3 jumps top 8 gets 2 more |
|  | More than 10 each competitor gets 2 jumps top 8 gets 2 more |
|  | Seniors and Intermediate Jump from the line. |
| Throws | Less than 10 competitors each competitor gets 3 throws top 8 gets 2 more |
|  | More than 10 each competitor gets 2 throws top 8 gets 2 more |
| TRACK EVENTS | One Heat: Straight Final |
| Sprints/ Hurdles 50-100m | Two Heats or more: 1st in each heat plus next fastest times advance to final. |

Awards: Medals will be awarded for the first three places in all events with ribbons for $4^{\text {th }}-6$ th.
Entry Fees: The entry deadline will be on Wednesday, January 24, 2024, at 11:59 pm Entry fees are as follows:
$\$ 15.00$ per athlete per event.
$\$ 20.00$ per relay team
The late entry deadline will be at 11:59 pm on Thursday, January 25, 2024. The late fees are: $\$ 20.00$ per athlete for each event and $\$ 30.00$ per relay team

All Entries must be submitted online at https://trackie.com/event/2024-MississaugaOlympiansMeet

The1st Annual Patrica Warwick
Track and Field Meet
Saturday January 27, 2024
This is a running schedule and may be advanced or delayed as required

| Track |  | Field | L | SP | HJ |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 9:15 | 1200/1500m Time Finals | 9:00 | Intermediate Boys Intermediate Girls | Mite Boys Mite Girls | Tyke Boys |
|  |  |  | Youth Boys Youth Girls | Tyke Boys Tyke Girls | Atom Boys |
|  | 400m Time Finals |  | Senior Boys Senior Girls | Atom Girls Atom Boys | Senior Boys |
|  |  |  | Atom Boys Atom Girls | Senior Boys Senior Girls | Intermediate Boys |
|  | 60m Heat |  |  | Intermediate Boys Intermediate Girls | Youth Boys |
|  |  |  |  | Youth Boys Youth Girls |  |
| 12:45 | Lunch Break | 12:45 | Lunch Break |  |  |
| 1:30 | 60 m Finals | 1:30 | PeeWee Boys PeeWee Girls |  | Tyke Girls |
|  |  |  |  |  | Atom Girls |
|  | 800m Time Finals |  | Mite Girls Mite Boys |  | Senior Girls |
|  |  |  |  |  | Intermediate Girls |
|  | 200m Time Finals |  | Tyke Boys Tyke Girls |  | Youth Girls |
|  |  |  |  |  |  |
|  | 4x200m Relay |  |  |  |  |

