



**HIRO'S JUDO CLUB**  
ESTABLISHED IN 1957 BY HIRO KANASHIRO

**The 43rd  
Rocky Mountain Invitational Shiai**

**Saturday, February 3, 2024**



Judo Alberta Sanction #2024-04

**Location: Shane Homes YMCA at Rocky Ridge  
11300 Rocky Ridge Rd NW  
Calgary, AB**

**U10, U12, U14, U16, U18, U21 (Female and Male)  
Senior Women and Senior Men  
Veteran Men and Women**

**This is a pre-registration tournament only.  
This is a points tournament for the 2024 National Championships**

**Honorary Tournament Chairman: Mr. Paul Knoll  
Tournament Chairman: Mr. Garry Yamashita  
Tournament Director: Mr. George Tesanovic  
Chief Referee: Mr. Allan Sattin, IJF International Referee (Hon)**

**Gradings for Provincial C, B, and A level Referees will be held at the tournament.  
Club Sensei should submit the names of candidates to Steven Norris ([stevenorris69@gmail.com](mailto:stevenorris69@gmail.com)) by January 20, 2024.  
Candidates for Provincial C can put their own names forward.**

Supported by volunteers from the Airdrie Judo Club, Hiro's Judo Club and the Ishi Yama Institute of Judo

**Entry Fees:** \$70.00 per judoka  
Additional Division \$10  
Entries will be accepted until January 29, 2024

**Online Registration:** <https://registration.judocanada.org/event/RMIJT2024>

**No phone entries. No registrations accepted at weigh-ins. No refunds.**

**PLEASE HELP US BY GETTING YOUR REGISTRATION IN EARLY - THANK YOU.**

For judoka in U10 and U12, **use the attached club entry form.** A club sensei **needs** to confirm the listed weights to eliminate the need for these judoka to attend weigh-in. Submit these entry forms to Garry Yamashita at [gee\\_why2@yahoo.com](mailto:gee_why2@yahoo.com) by January 29<sup>st</sup>. However, all U10 and U12 competitors will need to check in at the tournament site, so we can confirm their attendance.

**Eligibility:** Judoka must be in the designated age and weight parameters using the year born.  
Changing weight divisions will result in a \$10.00 charge.  
Minimum rank - Yellow Belt (Gokyu)

**Location:** Shane Homes YMCA Rocky Ridge Gymnasiums #1 and 2  
11300 Rocky Ridge Rd NW, Calgary, AB

**Awards:** First, Second and Third Place medals for Shiai  
In U10 and U12 'Participation' Categories, each judoka will receive a recognition award  
*Judokas are required to wear their judogis or an official team tracksuit to receive their awards.*

**IJF, Judo Canada and Judo Alberta rules will apply.**

- Blue judogi optional for U10, U12, and U14 divisions. White judogi is **mandatory for first name** called for a match. Judoka **must** have a white judogi available.
- Judoka must be paid-up member of provincial, state or country association.
- Females must wear a plain **white** tee shirt under judogi.
- For divisions where there is only one competitor the Tournament Chairman or Director may permit exhibition matches provided the separation of the contestants is no more than one weight division higher or lower.
- Weight divisions may be combined. Competitors may only be combined with other competitors who are no more than one weight category lighter or heavier. Actual weights will be considered when divisions are combined. There will be no combining of weight divisions for the U16, U18 or U21 categories
- The tournament director reserves the right to make changes where necessary.

**Format:** 2 competitors – Best 2 out of 3  
3-4 competitors – Round Robin  
5 & more competitors – True Double Knock Out

**Weigh-In - Friday February 2, 2024 (no weigh-in Saturday)**  
Hiro's Judo Club (#115 1919 – 27th Avenue NE) 6:30 pm to 9:00 pm

**Remote Weigh-ins – Friday, February 2, 2024 (6-7 PM)**  
Tokugawa Judo Club, 9647-62 Ave, Edmonton, AB  
Kyodokan Judo Club, 2775 28th Avenue South Lethbridge, AB

**Tournament Schedule:** (Approximate times dependent on # of competitors; but will *not* start before the listed time)

**Block 1 - 9:00 AM**

U10 and U12 Girls and Boys

**Block 2 - 11:30 AM**

U14 Girls and Boys, U18 Women and Men, Veterans

**Block 3 - 2:00 PM**

U16 Girls and Boys, U21 and Senior Women and Men

**WEIGHT DIVISIONS** (per Judo Canada's policies as of September 1, 2023): For the U10 and U12 divisions, there are no specific weight classes, and children are paired with closest weight with a maximum of 15% weight difference.

In the U12 age group, yellow belts can compete against orange belts (maximum), while orange belts can compete against green belts (maximum).

**U14 Girls** (Born 2011, 2012): -30 kg, -33 kg, -36 kg, -40 kg, -44 kg, -48 kg, -52 kg, -57 kg, -63 kg, +63 kg

**U16 Girls** (Born 2009, 2010): -36 kg, -40 kg, -44 kg, -48 kg, -52 kg, -57 kg, -63 kg, -70 kg, +70 kg

**U18 Women** (Born 2007-2009\*): -40 kg, -44 kg, -48 kg, -52 kg, -57 kg, -63 kg, -70 kg, +70 kg

**U21 Women** (Born 2004-2009\*): -48 kg, -52 kg, -57 kg, -63 kg, -70 kg, -78 kg, +78 kg

**Senior Women** (Born 2009\* or earlier): -48 kg, -52 kg, -57 kg, -63 kg, -70 kg, -78 kg, +78 kg

**Veteran Women** (all ranks)

(Weight divisions to be decided based on entries)

**U14 Boys** (Born 2011, 2012): -32 kg, -35 kg, -38 kg, -42 kg, -46 kg, -50 kg, -55 kg, -60 kg, -66 kg, +66 kg

**U16 Boys** (Born 2009, 2010): -38 kg, -42 kg, -46 kg, -50 kg, -55 kg, -60 kg, -66 kg, -73 kg, +73 kg

**U18 Men** (Born 2007-2009\*): -50 kg, -55 kg, -60 kg, -66 kg, -73 kg, -81 kg, -90 kg, +90 kg

**U21 Men** (Born 2004-2009\*): -60 kg, -66 kg, -73 kg, -81 kg, -90 kg, -100 kg, +100 kg

**Senior Men** Yellow to Blue (Born 2009\* or earlier): -60 kg, -66 kg, -73 kg, -81 kg, -90 kg, -100 kg, +100 kg

**Senior Men** Brown and Black (Born 2009\* or earlier): -60 kg, -66 kg, -73 kg, -81 kg, -90 kg, -100 kg, +100 kg

**Veteran Men** Yellow to Blue Brown and Black  
(Weight divisions to be decided based on entries)

Strangulation (shime-waza) and armlocks (kansetsu-waza) techniques are not allowed in any age division for yellow and orange belts. Similarly, drop techniques, makikomi-waza, and sutemi-waza are not allowed in the U14 novice (yellow and orange belt) divisions.

Novice divisions for the U14, U16, U18 and U21 age groups, as outlined in the Judo Canada Tournament Sanction Policy. The novice divisions for senior men and women are explicitly listed in this invitation. Due to the expected number of veteran competitors, no separate novice divisions are listed, but the restrictions on allowed techniques will apply.

\* In the U16, U18, U21 and Seniors divisions, the Judo Canada Early Bloomer policies may apply to approved younger competitors, as derived from the Judo Canada age designations. Early Bloomer applications must be submitted and approved by Judo Canada at <https://judocanada.org/early-bloomer-form-formulaire-pour-athlete-precoce/>

**JUDO CANADA EARLY BLOOMER RULES FOR 2023 - 2024 SEASON:**

U14 born in 2011 can also compete in U16 with completion of this waiver.

U16 born in 2010 can also compete in U18 with completion of this waiver.

Born 2009 or earlier can compete in U18, U21 and Senior without waiver, maximum 2 divisions per tournament



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### Note to Parents of U10 and U12 Athletes:

In keeping with the directions of Sports Canada and Judo Canada, Judo Alberta is following the Long-Term Athlete Development (LTAD) model.

This model states that athletes in the U10 and U12 divisions should be at the stage of **skill development**, and not at a competitive phase of their development.

In the U10 category the tournament will consist of randori sessions of two minutes duration. The match will continue for the continuous two minutes, unless the referee calls for a pause to explain something to the competitors. However, if one competitor completely dominates the match, the match may be stopped at that point – the Judo Canada rule of ending the match after two ippons will not be applied at this tournament. Participants will be allowed to attempt standing and ground techniques, however, after an ippon throw, transition to groundwork will be permitted but will not be considered for scoring purposes. After the throw, or a transition to ne-waza, *matte* will be called to allow the person being thrown to recover and start again in a standing position. *Shido* penalties will not be called for a first offense, but an explanation will be provided as to why the action is not allowed (with the time stopped).

In the U12 category the tournament will consist of randori sessions of two minutes duration. Time will be stopped when there is a break (*matte*). When an ippon is scored, the match will be stopped. This is a new change from previous rules. Infractions and use of disallowed techniques will not be penalised on the first instance, but an explanation will be given to the judoka. On a second such action, the judoka and the coach will get an explanation and a *shido* or other appropriate penalty will be given.

In the U10 and U12 categories, winners will not be declared after each match as scores will not be recorded and all participants will be recognized for their skill and performance.

Note that in both the U10 and U12 division, there will be no specified weight divisions, and children are paired with closest weight with a maximum of 15% weight difference. Mixed gender matches are allowed and may occur if there are inadequate numbers for single gender competition.



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Club Entry List for U10 (Born 2015-2016) and U12 Categories (Born 2013-2014) only

All U10 and U12 competitors must check in at the tournament site, so we can confirm their attendance.

Name of Club:			Location of Club:	
Name:	Year Born	Category (U10/U12)	Gender	Actual Weight

Weights must be confirmed by Club Sensei

Signature of Club Sensei \_\_\_\_\_