

The Serve

- The server's arm must be moving in an upward arc when the ball is struck.
- Paddle contact with the ball must not be made above the waist level.
- The head of the paddle must not be above the highest part of the wrist at contact.
- A 'drop serve' is also permitted in which case none of the elements above apply.
- At the time the ball is struck, the server's feet may not touch the court or outside the imaginary extension of the sideline or center line and at least one foot must be behind the baseline on the playing surface or the ground behind the baseline.

Can you hit the net in pickleball

- It's important to note that although a player may cross the plane of the net after striking the ball, they may not touch any part of the net system, their opponent, or their opponent's court while the ball is still in play. If any of these instances occur, it is a fault and results in the loss of a point.

Can a ball hit the net posts

- The net posts (including connected wheels, arms, or other support construction) are positioned out of bounds. If a ball or player contacts the net post, it is a fault and a dead ball is declared.
- A ball contacting the net, net cable, or rope between the net posts remains in play.

Kitchen Fault

- Your paddle cannot scrap the ground in the kitchen while making a shot, unless it has bounced first.