

IPTPA Skill Assessment 2.5 Players

2.5 Skill level should also possess all 2.0 skills

- · Knows the basic rules including two bounce rule, scoring and player position relative to scoring
- Demonstrates basic pendulum swing on the forehand & backhand side
- · Working on consistency while dinking down the line forehand & backhand
- Working on consistency while dinking cross court forehand & backhand
- · Demonstrates proper side step movement while staying balanced at NVZ line
- Demonstrates a punch volley
- Is developing 3rd shot drop by long dinking from the transition area
- · Attempting to hit 3rd shot drop during match play on the short court
- Moving forward to approach NVZ for dinks & volleys
- · Demonstrates an overhead with the proper sideways turn, arm positioning and backward movement
- Has good mobility and can move forward in a safe and balanced manner
- Has good eye-hand coordination
- · Beginning to demonstrate control on forehand groundstrokes (direction, depth, height)
- Uses a backhand ground stroke
- Keeps ball in play during short rallies

Skill Testing Requirement: Dinks

- Forehand down the line 6/10
- Forehand cross court 6/10
- Backhand down the line 6/10
- Backhand cross court 6/10

Skill Testing Requirement: 3rd shot drop from transition area (middle of the court)

- Forehand 4/10
- Backhand 4/10

Skill Testing Requirement: Volleys

- Forehand Punch Volley 5/10
- Backhand Punch Volley 5/10

Skill Testing Requirement: Overhead

Overhead 2/5

Skill Testing Requirement: Serves

- Right side of the Court 3/5
- Left side of the Court 3/5

Skill Testing Requirement: Return of serves

- Right side of the Court 3/5
- Left side of the Court 3/5

Ghost Doubles – 3 Games to 11 – Rally Scoring