

WINDSOR INDOOR CLASSIC

Dennis Fairall Fieldhouse, Toldo Lancer Centre Sunday, February 18, 2024

Events: 60m, 60mH, 150m, 300m, 600m, 1000m,

Long Jump, Women's Triple Jump, Men's High Jump, Shot Put, Pole Vault

Package Pickup: Envelopes with final competition information will be available at Scorers Table upon arrival

Location: Toldo Lancer Centre, 2555 College Ave, Windsor, ON

Eligibility: Competition is open to all club athletes registered with the Athletics Canada and/or USATF

Non-competitive or Unregistered athletes will pay an extra \$10.00 insurance fee.

Entry Deadline: Thursday, February 15, 2024.

Meet Registration: All entries will be processed online: www.trackie.com/event/2024_Windsor_Indoor_Classic

Entry Fee: \$15.00 per event, payable online.

Post Entries: Post Entries will be accepted up to one hour before the start of the event at a cost of \$25.00/event

Age Groupings: There will be **one** age group **(Open)** for the meet. Athletes will be grouped according to ability

level and for this purpose it is imperative that you use Accurate Seed Times.

Facility: Newly resurfaced (Mondo - July 2017) flat 200 metre six lane, with a 7 lane 60m sprint

straightaway. Track and jumping surfaces are Mondo; shot circle is concrete.

Spikes: Indoor cone shaped spikes no longer than 6mm (1/4"). Shoes will be checked and offenders

withdrawn from competition.







Throwing Implements: Athletes are encouraged to bring their own, weigh-ins will occur at event site, implements must be

shared.

Starting Heights: The starting heights for the vertical jumps will be as follows:

Men's High Jump 1.50m Women's High Jump 1.25m Men's Pole Vault 3.00m Women's Pole Vault 2.00m

Results: Provided by Windsor Timing (www.windsortiming.com)

Age Class Specifications: The following age class specifications will be accommodated at this meet:

Shot Put - Men @ 4kg, 5kg, 6kg, & 7.26kg; Women @ 4kg & 3kg

Weight Throw – Men @16lbs, 20lbs, 25lbs, & 35lbs; Women @12lbs, 16lbs, 20lbs

Hurdles Men - 110mH spacing @ 33", 36", 39", 42"

Hurdles Women - 80mH spacing @ 30" & 100mH spacing @ 30", 33"

WINDSOR INDOOR CLASSIC Track & Field Meet

Sunday, February 18, 2024

<u>Track</u>	10:00am	Field Weight Throw (M&W)
12:00pm 600m Timed Finals	12:00pm	Men's Long Jump Women's Shot Put
60mH Heats		Women's Pole Vault
60m Heats	1:30pm	Men's Shot Put
300m Timed Finals	2:00pm	Women's Long Jump Men's Pole Vault
60mH Finals		
60m Finals	3:00pm	Men's High Jump
150 51 151 1	3:30pm	Women's Triple Jump
150m Timed Finals		
1000m Timed Finals		

Note:

- 1) All events are women followed by men unless stated otherwise.
- 2) All timed finals will run slowest to fastest.

