





Don't miss this chance to compete in the Ontario Winter Games. The OWG is a multi-sport event and will have over 3,500 participants from 27 sports competing over 4 days. The Judo competition will take place in Thunder Bay, Ontario.

Date: February 16th-18th,2024

Location: Hammarskjold High School, 80 S. Clarkson Street Thunder Bay, ON P7B 4W8

Athlete Cost: \$90 + HST (includes hotel and meals)

Hotel: TBC

Age Divisions: U16 & U18

Belt Rank: Green Belt and up

Chief Referee: Anne-Laurence Chevalier - annelaurence chevalier@hotmail.com

Referee minimum level Provincial B. Interested referees must contact Anee-Laurence Chevalier by November28th/2023

Technical Director: Steve Sheffield - info@judoontario.ca

Registration: Athletes must first register on Trackie by December 6th, 2023: <u>https://registration.judocanada.org/event/2024-ontariowintergames</u>

THIS CONTEST IS SANCTIONED BY AN ORGANIZATION OFFICIALLY RECOGNIZED BY THE PROVINCE OF ONTARIO.







Weight Divisions:

U16 Girls: -36kg, -40kg, -44kg, -48kg, -52kg, -57kg, -63kg, -70kg, +70kg **U16 Boys:** -38kg, -42kg, -46kg, -50kg, 55kg, -60kg, -66kg, -73kg, +73kg **U18 Girls:** -40kg, -44kg, -48kg, -52kg, -57kg, -63kg, -70kg, +70kg **U18 Boys:** -46kg, -50kg, -55kg, -60kg, -66kg, -73kg, -81kg, -90kg, +90kg

Rules and Systems:

- Modified IJF Rules and Judo Ontario/Judo Canada Tournament Regulations will be applied.
- > U16: NO armlocks allowed. Chokes allowed.
- > U18: Chokes and armlocks allowed.
- A minimum rest period equal to two (2) times the match time will be allowed be matches.
- Golden Score will be applied in all divisions
- White and Blue judogis are mandatory.
- Uniforms (Judogis) MUST comply with Judo Canada and IJF size regulations.
- > The competition area will conform to the IJF standard 8m x 8m combat surface
- > 5 or less competitors will use round robin system
- 6 and 7 competitors in a category will use a 2 pool system
- > 8 competitors or more will use a modified double elimination system
- Note: Modified Medical Rules: All, U16 and U18 contestants will be allowed two one-minute free medical examinations per competitor per match (does not include treatments for bleeding) without penalty. A third examination to the same competitor in the same match will result in their opponent being awarded the win by "Kikengachi". All incidents of bleeding in these two age categories will be dealt with in accordance with current IJF Competition Rules, Article 29 (Bleeding Injuries).

Coaches:

Judo Ontario has 6 regions – South West, Central West, Central East, East, North, and North West. There will be one male and one female coach representing and coaching athletes from each of these regions. Each region that has an Official Regional Director/Executive will be able to select their own Regional Coaches and manager. For the Regions that don't have Regional Director/Executive their coaches and manager will be selected by the Judo Ontario HPC. Only the selected Regional Coaches will be able to sit in the coaches chairs and coach mat side.

Coaches must be a minimum NCCP Dojo Instructor Certified (level 2) and have an up-to-date Sterling Background Check on file with Judo Ontario.





Schedule: TBC

Travel Funding:

NOTE: with the increased costs to travel to Thunder Bay and uncertain participation numbers, the amount of travel subsidy available to each participant will not be known until all requests are submitted to the organizing committee (for all sports) likely after the event has concluded. Please factor this into your planning as Judo Ontario and Games Ontario can't provide any guarantee for the amount of subsidy available and all travel expenses are ultimately the responsibility of each participant.

This event is partially funded by Government of Ontario, through its Games Ontario program.

Eligible travel reimbursement is outlined below:

Method of Travel	Distance from Host City (One Way)		
	0-300 KMs	301 KMs to 600 KMs	601+ KMs
Car	Not-Eligible	Eligible	Eligible
Van Rental	Not-Eligible	Not-Eligible	Eligible
Air/Train	Not-Eligible	Not-Eligible	Eligible
Chartered Bus	Not-Eligible	Not-Eligible	Eligible

Ineligible for reimbursement

- Meals during travel.
- Parking.
- Ground transportation to/from the participant's home airport/train/bus station.
- Hotel rooms during air/train/bus travel.
- Flights/trains/buses booked with Air Miles or other reward programs.

<u>Car</u>

For every Games participant in a car, reimbursement will be \$0.10 per kilometer. First 300km one way (600km total round trip) are ineligible for reimbursement.

Example:

1500km round trip – 600km ineligible = 900km eligible for reimbursement

Air/Train/Bus

The GOC is looking into travel dates and flights. The flight costs still have to be determined but the flight cost from the south could be in the \$550 range per participant.





If traveling by air/train/bus, the GOC must <u>pre-approve</u> any flight/train/bus before the participant can book the ticket. If air/train/bus is booked before approval from GOC, reimbursement is not guaranteed.

Baggage fees related to the transportation of sport competition equipment is eligible for reimbursement. The GOC must <u>pre-approve</u> any baggage claim; personal baggage is not eligible for reimbursement.

The GOC will organize shuttles to and from the host community airport/train/bus station (for registered Games Participants ONLY).