

# 2023

## NATIONAL **ENDURANCE** SUMMIT

HOSTED BY Athletics Nova Scotia



### December 9th-10th, 2023



Hosted at Hotel Halifax,  
Downtown Halifax, Nova Scotia

**REGISTER HERE!**

#### ABOUT THE SUMMIT

*Coaches and athletes will have the opportunity to learn from some of the brightest minds in endurance running through presentations and case studies, as well as hearing from sport scientists and researchers in the field. Schedule:*

*Saturday - 9:00am-4:00pm,*

*Sunday - 8:00am-12:00pm*

#### REGISTRATION AND ACCOMMODATIONS

- *Registration fee: \$275*
- *Registration Deadline - November 28th*
- *Rooms available at Hotel Halifax*

HOTEL HALIFAX:

1-833-357-8155

[DIRECT BOOKING LINK](#)

#### SPEAKERS INCLUDE:

- **Mark Rowland - AC Hub Endurance Coach**
- **Heather Hennigar - AC Hub Lead**
- **Felix-Antoine Lapointe - Laval University Head Coach**
- **Mark Bomba - Queens University Head Coach**
- **Nate Riech - Paralympic Champion, 2x World Champion**
- **Kelsey Hogan - MSc, Mental Performance research in Endurance Athletes**

**REGISTER HERE!**

**FOR MORE INFORMATION:**

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