



2023 Christmas Challenge Indoor Track Meet

Hosted by the Kamloops Track and Field Club
Sanctioned by BC Athletics

Saturday, Dec. 16, 2023

Location:

Tournament Capital Centre (TCC), 910 McGill Rd., Kamloops, BC.

Facility:

Track: 6 lanes - 200m oval, 8 lanes - 60m, Mondo surface, fully automatic timing. Complete jumps and shot put areas. Change rooms available.

Meet Director:

Wayne Elke: Ph: (250) 554-4240

Email: wcelke@shaw.ca

Meet Manager:

Judy Armstrong: Ph: (250) 319-6321

e-mail: judy54armstrong@gmail.com

Director of Officials:

Sandra Dever: Ph: (250) 319-9761

Email: grammydever@hotmail.ca

Eligible Athletes:

- 2023/2024 BC Athletics members.
- 2023/2024 School Club Members – Elementary, middle, or high school students whose schools hold a BC Athletics School Club Membership are eligible to compete. This includes all Kamloops **public** school athletes. To not pay the “Day of Event” insurance fee, these school athletes must enter the appropriate code into the Trackie field requesting the BCA number. Athletes can get this code from their Athletic Director or Administrator. Alternatively, a request for the code can be made by calling the Entries Chairperson.
- SD#73 has purchased an annual BC Athletics license for all public schools in the district. Therefore, these public-school athletes do not pay the “Day of Event” fee. Instead, they must enter a special code when it asks for their BCA membership number which will bypass that fee. Please contact the Entries Chairperson (see below) to get that code.
- “Day of Event” School Club Members – **Elementary, middle, or high school students only**, whose schools **do not** hold a BC Athletics School Club Membership, must purchase “Day of Event” School Club Membership insurance for \$3.00.

Entry Fees:

- \$10.00 for each event.
- **Late individual entries for all athletes will be charged \$20.00/event (after 7:00 pm Dec. 11).**

Registration & Entries:

Masters athletes' age is determined as of the day of the meet – Dec. 16, 2023. For all other athletes, the age is calculated as of Dec. 31, 2023.

Entries Chairperson:

- Brian Beck: Ph: 250-579-5346
- **E-mail – [kfteregistrar@gmail.com](mailto:kferegistrar@gmail.com)**

All entries must be submitted to Brian by the following method:

- **TrackieReg** – Register online and payment may be made using a credit card:
<http://www.trackie.com/event/2023KAMLxmaschallenge>

****ENTRY DEADLINE FOR REGULAR FEES****: 7:00 pm, Monday, Dec. 11, 2023. All entries must be received by this time to avoid late entry fees. Entries received after this date are considered late and the individual event late entry fee is double.

Online entries close at 7:00 pm on Wednesday, Dec. 13.

Late Entries will be accepted at the meet but are subject to space in the events so that new heats do not have to be created. Relay entries will be accepted up to 1 hour prior to the event and will **not** be considered late.

COMPETITION RULES AND OTHER INFORMATION

COMPETITION NUMBERS:

Payment must be received before the competition numbers are released. Clubs must designate a responsible person who will pick up, completely pay for the club package, and assume responsibility for the package (the Meet Secretary will not look after partial club packages).

Competition numbers must be worn on the front for all track events, and front or back for field events (at the discretion of the official). Hip numbers, if issued, must be worn on the hips on both sides and on the upper left chest area. These will be issued at the start line or at marshalling.

COMPETITION CATEGORIES - 2023:

U10 (2014), U12 (2012 - 2013), U14 (2010-2011), (U16 (08/09), U18 (06/07), U20 (04/05), Senior (1989-2003), Master (1988 and earlier - 35yrs of age+).

AWARDS:

Ribbons will be awarded to athletes placing 1st - 6th or 8th place for individual events only. Awards will be available for pickup usually half an hour after events are completed and posted. They must be picked up by the end of the meet and will be available 30 minutes after the event results have been posted. No mail-outs.

MARSHALLING:

Check-in for all field events is at the event site. Check-in for all track events is at the start line area for the event. All athletes must check in a minimum of 30 minutes prior to the scheduled start time.

IMPLEMENTS:

Indoor shot puts will be supplied by the meet organizers. Athletes may use their own implements which must meet World Athletics standards and be suitable for throwing on hardwood flooring. They must be weighed in and measured at least 45 minutes prior to competition. The weigh-in station will be located near the throws area, inside the track at the east end of the Fieldhouse.

SPIKE LENGTH:

The maximum spike length allowed is 7 mm for all events. No needle spikes will be allowed. All spikes must be either christmas tree or a pyramid.

ORDER OF EVENTS:

All track events will be run from youngest to oldest, female, then male (exception hurdles), and may start up to 30 minutes earlier than the scheduled time. **Please pay attention to announcements regarding time changes for events.**

ATHLETES WITH CONFLICTING EVENTS:

Track events will go as scheduled. Athletes must notify the officials at all events which are in conflict. Athletes in field events will forego their attempt in a round if the round has been completed before they return.

TRACK EVENTS

All Track events will be run as **timed finals**. Sections will be consolidated where possible. Events may be run up to 30 minutes earlier than the scheduled time.

FIELD EVENTS

The Tentative List of Events Offered and the Tentative Schedule, are posted on our website (www.kamtrack.ca). Please check back for updated schedules closer to the date of the event.

COMPETITIVE ATTIRE:

All athletes are encouraged to wear their club/team uniform.

PROTESTS

After discussion with the event referee, any further protest must be submitted in writing to the Chief of Officials and the Jury of Appeal within 30 minutes of the posting of the results of the event concerned. A \$50.00 protest fee is to accompany all protests that are advanced to the Jury. If the protest is upheld, then the protest fee will be returned.

JURY OF APPEAL:

A Jury of Appeal consisting of three competent and qualified persons will be available for decisions arising from protests. All Jury of Appeal decisions are final.

MEDICAL:

St. John's Ambulance will be on site.