



Thunder & Ice Fest  
December 3, 2023  
Hosted by Edmonton Thunder Track & Field Club  
Sanctioned by Athletics Alberta

Technical Package will be updated as needed on [www.ellistiming.ca](http://www.ellistiming.ca)  
and the Trackie registration page.

### **LOCATION, FACILITY, and TIMING**

#### **Location:**

Kinsmen Fieldhouse - Enter through Door 3  
9100 Walterdale Hill, Edmonton, Alberta

#### **Meet Inquiries**

If you have any questions about the meet, please email [edmontonthundertrack@gmail.com](mailto:edmontonthundertrack@gmail.com)

#### **Package Pickup**

Sunday Morning: Packages will be available at the Technical Information Centre behind the stairs on track level.

#### **Entry Deadline and Process**

- Entry Deadline: 11:59 p.m. on Tuesday, Nov 14, 2023.
- LATE Entry Deadline: 11:59 on Wednesday, Nov 22, 2023.
- Scratch Deadline: 8:00 p.m. on Wednesday, November 29.
- Scratches after the scratch deadline will not be refunded.
- Meet schedule will be available on the Trackie registration page. The finalized schedule will be posted the late evening of November 29th.
- All entries must be through the Trackie registration page (<https://www.trackie.com/event/thunder-and-ice-fest-2023/1001631/>).
- NO Team Manager file will be available for uploading into Trackie registration.

**Photo Timing System:** Finish Lynx (Supplied by Ellis Timing Canada)

## **ENTRY FEES**

- All U16+ events: \$35.00
  - Late Registration for U16+ events: \$45
- Multiple Events (U10, U12, U14): \$40.00
- Late Registration for Multiple Event (U10, U12, U14): \$50

## **Eligibility**

Alberta coaches and athletes entering must be registered members of Athletics Alberta (no exceptions). Out-of-province athletes must be registered with their respective provincial athletics associations.

## **Age categories offered**

U10 – born 2014 or later,

U12 – born 2011-2012,

U14 – born 2011-2010,

U16 – born 2008-2009,

U18 – born 2006-2007,

U20 – born 2005-2004,

Open – born 2003–earlier,

\*\*U18 and U20 Athletes who register in their respective age categories may later be combined with the OPEN age category in the final schedule in applicable events.\*\*

## **Schedule**

A final schedule will be posted once entries have closed on the Trackie registration page and [www.ellistiming.ca](http://www.ellistiming.ca).

\* U10, U12, and U14 events will be combined events scoring using the development tables -- medals will be based on total points. U10: 50m, Standing Long Jump, Shot Put, 600m U12: 50m, Standing Long Jump, Shot Put, 600m U14: 50m, High Jump, Shot Put, 600m.

## **General Rules**

- Marshaling procedures are in effect. Marshaling takes place at track level indicated by the marked call room or warm up area.
- Athletes who do not present themselves in the Marshaling Area as required will not be eligible to compete in their designated race.
- Track event athletes (including multiple event track events) are required to check in at the Check-In Desk at least 15 minutes prior to the scheduled event start time. Athletes will be required to remain there until a starter's assistant or volunteer leads them to their start line.
- Field event athletes will marshal at the event competition area and are requested to arrive 30 minutes before the scheduled start time of the event.
- Starting blocks are mandatory for all athletes in the Under 16 and older age groups. Starting blocks are optional for Masters. Starting blocks will not be used for Under 10, Under 12, nor

Under 14 events. \*\*\* Athletes with a medical condition may apply to not use starting blocks by emailing [edmontonthundertrack@gmail.com](mailto:edmontonthundertrack@gmail.com) ahead of the competition.

Modified Rules for U10, U12, and U14 Throws:

- Each competitor will receive 4 attempts for all throwing events.

**Events Offered by Age Category**

Event	U10	U12	U14	U16	U18	Open
50m	X	X	X	X	X	X
200m				X	X	X
600m	X	X	X	X	X	X
1000m				X	X	X
Standing Long Jump	X	X				
Shot Put	X	X	X			
High Jump			X			