



2023 Zoltan Tenke Classic
Friday November 17th, 2023
Hosted by the University of Guelph

Location: Gryphon Fieldhouse at of the University of Guelph.

Meet Director- Paul Galas pgalas@uoguelph.ca

Implement Check-In: Please check implements in at the throwing site.

Team Camps: Each collegiate team will be assigned a dedicated area to store belongings and congregate. Unattached athletes will also have a dedicated spot.

Unattached/Club Athletes: The meet will be opened to invited or approved entries for non-collegiate athletes. All non-collegiate athletes or clubs should contact pgalas@uoguelph.ca for meet entry confirmation.

Facility Rules: Please adhere to all University of Guelph facility rules, specifically the removal of outdoor shoes on the competing and warm up areas and only drinking water is permitted in the competition area.

Cost: \$25.00 per athlete, with a maximum charge of \$500 per team. Registration should be done at <https://www.trackie.com/event/2023Tenke> prior to Monday November 13th, 2023, at 12pmET.

Vertical Jumps Progression:

WPV – 3.00m, 3.15m, 3.30m, 3.45m, 3.55m, +10cm

WHJ- 1.43m, 1.48m, 1.53m, 1.58m, 1.63m, 1.68m, +3cm

MPV- 3.60m, 3.80m, 4.00m, 4.15m, 4.30m, 4.45m, 4.55m, 4.65m, +10cm

MHJ – 1.73m, 1.78m, 1.83m, 1.88m, 1.93m, 1.98m, 2.03m, +3cm



Tentative Schedule

**Final Schedule will be communicated after all entries are collected*

TRACK EVENTS	
60m HEATS (Women)	5:15pm
60m HEATS (Men)	5:30pm
1500m Men followed by Women	6:15pm
60m FINAL (A,B,C) Women	6:35pm
60m FINAL (A,B,C) Men	6:45pm

THROWS EVENTS	
Weight Throw (Women)	3:30pm
Weight Throw (Men)	4:30pm
Shot Put (Women)	5:30pm
Shot Put (Men)	6:30pm

JUMP EVENTS	
High Jump (Women Followed by Men)	3:15pm
Long Jump (Women)	4:45pm
Pole Vault (Women)	4:45pm
Pole Vault (Men)	6:30pm
Long Jump (Men)	6:45pm