



2023 FALL TRAINING & FEE SCHEDULE
- TRACK RASCALS -

Registration for this season will be online at: www.trackiereg.com/OACS-Fall-Winter2024

Registration opens: **Friday, September 1st, 2023**

Our Fall Track Rascals Program runs 5-weeks in length starting Monday, September 18th until Wednesday, October 25th. Track Rascals can choose 1 day (Monday or Wednesday) or both days. All practices are at the Apple Bowl.

There will be a Run, Jump, Throw Event finale for all track rascals on Saturday, October 28th at the Apple Bowl from 10:30am – 12:00pm.

There are no practices for track rascals Monday, October 9th and Wednesday, October 11th

-Training Days & Times-

Group	Monday	Wednesday
Track Rascals	4:30 – 5:30pm	4:30 – 5:30pm

Each day will have a **maximum** of 25 athletes

-Program Fees: Track Rascals Athletes -

Age on Dec 31st 2023	Membership Type	BC Athletics Fee Fees will increase Oct 1st, 2023	OAC Training Fee		Total Fees	
6-8 (2017-2015)	Track Rascal	\$15.00	\$75.00 (1 day)	\$125.00 (2 days)	\$90.00 (1 day)	\$140.00 (2 days)

-Methods of Payment-

1. Online at trackiereg.com with a credit card (there is a small processing fee for payment by this method)
2. By e-transfer to Brad Heinzman at president@okac.ca
3. By cheque – to be brought to the first practice.

-Sibling Discount-

There is a 10% discount for a 2nd sibling and 15% for 3rd + from the OAC training fee. This will be applied automatically on registration.

-Annual BC Athletics Fee-

BC Athletics membership fees are valid until December 31st, 2024, for new and returning members registering on or after September 1st. If your child turns 9 years old at any point in 2024 you may purchase the Junior Development competitive membership for \$60 in anticipation of competing during the 2024 Winter and/or Summer season. If you wish to go ahead with this, please select "competitive" on the drop down menu under BCA membership type. Otherwise, please select "training". If you don't purchase a 2024 JD competitive membership at this time, you can upgrade your membership later. Please note that the BC Athletics membership fees are set to increase on October 1st, 2023.

-Training Shirt-

As part of registration, each athlete who registers by September 6th, 2023, will receive an OAC training shirt to keep. It is important to indicate your size at registration, or we cannot guarantee that we will have your size available for you. Athletes are encouraged to wear them to practices but it is not mandatory. Those who register late are not guaranteed a training shirt and will receive one only if stocks allow.



-Refunds-

As the number of athletes and funding is used to determine coaching requirements and funding, the Club does not provide refunds as a matter of policy. However, in the case of medical circumstance, some level of refund of the OAC Training Fee will be considered at the discretion of the Club Executive. However, the BC Athletics Fee portion of the membership fees is non-refundable.

-Practice Cancellations-

We practice rain or shine. In the event of inclement weather such as thunderstorms or heavy smoke, we will contact athletes by email and social media to notify you if practice is cancelled. Cancelled practices due to mother nature are not refunded.

Athletes are asked to arrive for practice on time. If for any reason you will be late or cannot attend a practice, please inform your coach ahead of time. **Parents must pick up your athletes on time at the end of each practice.**

Please note: OAC has adopted a "No Pay, No Play" policy, whereby OAC fees that have not been paid in full (or whereby a pre-approved payment plan is not in place) by the athlete's first training session of the season, then that athlete will NOT be permitted to train and/or compete in OAC meets. Additionally, any athlete with outstanding fees from any previous season(s) will not be permitted to train and/or compete in OAC meets unless a payment plan is in place.

For all other information, please refer to our
2023/2024 OFFICIAL OAC HANDBOOK,
which can be found on our website www.okac.ca

As always please do not hesitate to contact me if you have any questions.

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