## CTAC Early Bird Elementary Cross-Country Meet Saturday September $23{ }^{\text {rd }} 2023$.

CELEBRATING 10 YEARS

## Course and Race Distances

The race features a 1 k and 2 k loop on flat, wide-open trails in Sunnybrook Park.

Grade $1 \& 2$ girls and boys Grade $3 \& 4$ girls and boys Grade $5 \& 6$ girls and boys Grade $7 \& 8$ girls and boys

1 km [1 x 1 km loop]
2 km [1 x 2 km loop]
2 km [1 x 2 km loop]
3 km [1km loop +2 km loop]


