|  |  |  |
| --- | --- | --- |
| mikeslogo-onblue-2006-small | The St. Michael CHS15th AnnualTURKEY TROT  | Turkey%2BRunning%2BScared |

Thursday, October 5th, 2023

St. Michael CHS, Kemptville ON

Start times and order of events:

10:00am – Gr. 7 Girls 3km 10:25am – Gr. 7 Boys 3km

10:50am – Gr. 8 Girls 3km 11:15am – Gr. 8 Boys 3km

11:45pm – Senior Boys 6km 12:25pm – Senior Girls 6km

1:10pm – Junior Boys 5.4km 1:50pm – Junior Girls 5.4km

2:30pm – Novice Boys 4.1km 3:00pm – Novice Girls 4.1km

The course features open fields, dirt roads and single-track routes through Ferguson Forestry Centre. Course maps will be made available at registration on the day of the meet.

**Awards**

**The winner of each division will receive a frozen turkey!!** Ribbons for places 2nd to 6th. Ribbons also for the top three teams in each event. Random draw prize for one runner in each race.

**Entries**

You may enter an unlimited number of eligible runners; however, students can only race in one event.

Please **use trackie.com** for your entries.

**The entry deadline is 11:59pm, Monday, October 2nd, 2023.**

**Entry fee is $5.00/ high school runner to a team max of $175.**

**For elementary students, the entry fee is $3/runner, max $125.**

**Please make cheques payable to: *St. Michael Catholic High School.***

**Do not worry about scratches after the entry deadline.Late entries are $4.00 for elementary and $10.00 for high school, no max, this will be enforced.**

**Please ensure that each runner gets the bib that is assigned to them.**

**Directions**

*From Ottawa* – Hwy 416 South towards Hwy. 401. Exit Highway 43 West to Kemptville.

*From Hwy. 401* – Hwy. 416 North towards Ottawa. Exit Hwy 43. Turn left heading into Kemptville. Bus parking is available at the North Grenville Municipal Centre, next to the school.