



ATHLETICS / ATHLÉTISME

**TRACK & FIELD**  
**2023-2024 FOUNDATION POWER SPEED**  
**PROGRAM**  
**Spring**  
**FOR AGES 12 THROUGH 13**

**Apr 15<sup>th</sup>- Jun 8<sup>th</sup> 2024 (8 weeks)**

**LOCATIONS: Terry Fox Athletic Facility- at Mooney's Bay-**  
**2960 Riverside Dr**

**REGISTRATION INFORMATION**

Here - <http://www.trackiereg.com/23-24-OTTL-Foundation-PS>

Athletes are asked to bring a light jacket, a water bottle, and comfortable shoes clothing for athletics.

Power Speed	
Day	Time
Monday	6:30pm-8:00pm
Thursday	6:30pm-8:00pm
Saturday	10:00am-11:30am

**Foundation Fees: 1 / week: \$250.00**

**2-3 / week: \$445.00**

- Payment of fees due upon registration on trackiereg.ca
- Cheque, cash accepted by the program manager or registrar
- T.I.P. cards & scholarships must be presented at a practice to redeem.

**REFUNDS ARE GRANTED WITHIN 3 DAYS OF REGISTRATION, SUBJECT TO A \$50 ADMIN FEE.**

**For more information:**

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