



ATHLETICS / ATHLÉTISME

TRACK & FIELD
2023-2024 FOUNDATION PROGRAM
Winter III
FOR AGES 12 THROUGH 13

Feb 26th – Apr 1st

**No Practices: March Break Mar 9th – 17th, Easter Bunny
Pursuit- Mar 30th, Easter Monday- Apr 1st**

LOCATIONS: Louis Riel Dome- 1659 Bearbrook rd

REGISTRATION INFORMATION

Here - <http://www.trackiereg.com/23-24-OTTL-Foundation-PS>

Athletes are asked to bring a light jacket, a water bottle, and comfortable shoes clothing for athletics.

Power Speed		Endurance	
Day	Time	Day	Time
Monday	6:00pm-7:30pm	Monday	6:00pm-7:30pm
Thursday	6:00pm-7:30pm	Thursday	6:00pm-7:30pm
Saturday	8:30am-10:00am	Saturday	8:30am-10:00am

Foundation Fees: 1 / week: \$220.00

2-3 / week: \$395.00

- Payment of fees due upon registration on trackiereg.ca
- Cheque, cash accepted by the program manager or registrar
- T.I.P. cards & scholarships must be presented at a practice to redeem.

REFUNDS ARE GRANTED WITHIN 3 DAYS OF REGISTRATION, SUBJECT TO A \$50 ADMIN FEE.

For more information:

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