



ATHLETICS / ATHLÉTISME

**TRACK & FIELD**

**2023/2024 ASPIRE ENDURANCE PROGRAM-  
FALL**

**Sept 9<sup>th</sup> - Dec 16<sup>th</sup>  
AGES 14-16**

**LOCATIONS:** Location may vary depending on coaches' discretion

**REGISTRATION/INFORMATION LINK**

<http://www.trackiereg.com/2023-24-OTTL-Aspire-EN>

Days	Time
Monday	6:00pm- 8:00pm
Thursday	6:00pm- 8:00pm
Saturday	9:00am -11:00am

**Program Fees: 1 practice/ week: \$445.00 2-3 practices / week: \$650.00**

**Annual: \$1700.00**

- Payment of fees due upon registration on trackiereg.ca
- Cheque, cash accepted by the program manager or registrar
- T.I.P. cards & scholarships must be presented at a practice to redeem.
- During registration, please indicate the day and time slot which your child will be attending.

**REFUNDS ARE GRANTED WITHIN 3 DAYS OF REGISTRATION, SUBJECT TO A \$50 ADMIN FEE.**

**For more information:**

Telephone: 613-247-4886

Email: [info@ottawalions.com](mailto:info@ottawalions.com)

Website: [www.ottawalions.com](http://www.ottawalions.com)