



ATHLETICS / ATHLÉTISME

TRACK & FIELD

2023/2024 FOUNDATION XC PROGRAM-

WINTER I-Nov 6- Dec 16

WINTER II-Jan 8- Feb 24

WINTER III- Feb 26- Apr 13

SPRING-Apr 15- Jun 8

SUMMER-Jun 10- Aug 14

GRADES 7 & 8

**LOCATIONS:Mooney’s Bay, 2960 Riverside dr - Louis Riel Dome 1659
Bearbrook rd**

REGISTRATION/INFORMATION LINK

[http://www.trackiereg.com/ 23-24-OTTL-Founda-tion-XC](http://www.trackiereg.com/23-24-OTTL-Founda-tion-XC)

Days	Time
Winter I/II/II	Louis Riel Dome
Tuesday	6:00pm - 7:30pm
Spring/Summer	Mooney’s Bay
Tuesday	6:30pm - 8:00pm

Program Fees: Winter I -1 practice/ week: \$250.00 2-3 practices / week: \$445.00

Winter II- 1 practice/week:\$220

Inter III- 1 practice/wk:\$220.00

Spring- 1 practice/week- \$250.00

Summer- 1 practice/week- \$310.00

- Payment of fees due upon registration on trackiereg.ca
- Cheque, cash accepted by the program manager or registrar
- T.I.P. cards & scholarships must be presented at a practice to redeem.
- During registration, please indicate the day and time slot which your child will be attending.

REFUNDS ARE GRANTED WITHIN 3 DAYS OF REGISTRATION, SUBJECT TO A \$50 ADMIN FEE.

For more information:

Telephone: 613-247-4886

Email: info@ottawalions.com

Website: www.ottawalions.com