



ATHLETICS / ATHLÉTISME

TRACK & FIELD
2023/2024 ASPIRE POWER SPEED
Winter I PROGRAM
AGES 14-16

LOCATION: - Louis Riel Dome- 1659 Bearbrook rd

NO TRAINING SESSIONS ON THE FOLLOWING DAYS:

Saturday September 30th & Monday October 9th

REGISTRATION/INFORMATION LINK

<http://www.trackiereg.com/2023-24-OTT-Aspire-PS>

Days	Time
Monday	6:30pm – 8:00pm
Tuesday	6:30pm – 8:00pm
Thursday	6:30pm – 8:00pm
Saturday	10:00am – 12:00noon

Program Fees: 1 practice/ week: \$200.00 2-3 practices / week: \$345.00

- Payment of fees due upon registration on trackiereg.ca
- Cheque, cash accepted by the program manager or registrar
- T.I.P. cards & scholarships must be presented at a practice to redeem.
- During registration, please indicate the day and time slot which your child will be attending.

REFUNDS ARE GRANTED WITHIN 3 DAYS OF REGISTRATION, SUBJECT TO A \$50 ADMIN FEE.

For more information:

Telephone: 613-247-4886

Email: info@ottawalions.com

Website: www.ottawalions.com