



ATHLETICS / ATHLÉTISME

TRACK & FIELD
2023/2024 ASPIRE POWER SPEED
FALLPROGRAM
AGES 14-16

LOCATION: - Terry Fox Athletic Facility at Mooney’s Bay
- 2960 Riverside Dr

NO TRAINING SESSIONS ON THE FOLLOWING DAYS:

Saturday September 30th & Monday October 9th

REGISTRATION/INFORMATION LINK

<http://www.trackiereg.com/2023-24-OTTL-Aspire-PS>

Days	Time
Monday	6:00pm – 7:30pm
Tuesday	6:00pm – 7:30pm
Thursday	6:00pm – 7:30pm
Saturday	9:00am – 10:30am

Program Fees: 1 practice/ week: \$260.00 2-3 practices / week: \$470.00

- Payment of fees due upon registration on trackiereg.ca
- Cheque, cash accepted by the program manager or registrar
- T.I.P. cards & scholarships must be presented at a practice to redeem.
- During registration, please indicate the day and time slot which your child will be attending.

REFUNDS ARE GRANTED WITHIN 3 DAYS OF REGISTRATION, SUBJECT TO A \$50 ADMIN FEE.

For more information:

Telephone: 613-247-4886

Email: info@ottawalions.com

Website: www.ottawalions.com