

We are delighted to announce the opening of registration for Lakehead Track & Field/XC High Performance Club for the upcoming season. We are excited to welcome both returning and new members to join us for another season of elite athletic development and achievement.

We are dedicated to nurturing and supporting the growth of high-performance athletes who aspire to reach their full potential. Our program is designed to provide a comprehensive training and competition experience that encompasses all aspects of athletic development, including strength and conditioning, skill refinement, mental preparation, and sportsmanship.

**Key Information:**

* Training cycle of 25-Weeks, culminating at the NIKE Championships
* 4-Training Sessions available per-week
* Competition focused training
* Includes subsidized travel & additional coaching.

**Registration Details:**

* Registration Fee: $900.00, reflects subsidized travel, more coaching & practices.
* Includes some team clothing.
* Training Schedule: Monday/Wednesday @ 5:00pm, Friday @ 4:00pm & Saturday @ 12:00pm.
* Note, High Performance members are responsible for strictly adhering to the Athlete Code of Conduct.
* https://legacy.trackie.com/online-registration/event/lakehead-track-field-xc-2023-24-sept-mar/493344/

**What We Offer:**

* Experienced and Certified Coaching Staff: Our coaches are highly qualified and dedicated to helping athletes excel in their respective disciplines.
* Comprehensive Training Programs: Athletes will have access to tailored training programs that address their individual needs and goals.
* Competition Opportunities: Athletes will have the chance to compete at local, regional, and national levels (permitting entry-standards have been met).
* Collegiate pathways: For athletes with aspirations beyond the club level, we provide guidance and support in pursuing collegiate opportunities, additional Lakehead Track & Field scholarships may be available to those in the High-Performance program.

We look forward to having you as part of our high-performance community and working together to achieve your athletic goals.