

ON THE WORLD STAGE: INSIGHTS INTO NATIONAL TEAM COACH SELECTION



SIMON NATHAN

Simon Nathan is the High Performance Director at Athletics Canada. He holds a physics degree from Birmingham University and spent 15 years as a software engineer specializing in Object Oriented Databases and Statistical Process Control systems. In 2001, he became the High Performance Manager for the Northern Ireland Athletics Federation, and later held positions as Head of Performance Operations at UK Athletics and High Performance Director for Athletics Australia, Simon has a background in athletics as a thrower and has been an honorary lifetime member of Leamington C&AC and Bolton Harriers AC. His coaching career includes working with British Record Holders, Commonwealth Games and World Junior medallists, and coaching various international athletes in events like High Jump, Shot Putt, Discus, Javelin, Long Jump, and Combined Events. He's been involved in 56 major championships and over 40 international matches as a coach, manager, or team leader, including prominent roles in the Great Britain and Australian athletics teams during the Beijing, London 2012, and Rio Olympic & Paralympic Games.



INGRID RUYS

Ingrid has been involved with Athletics since the early 90s (yes, as in 1990s) on Provincial or National teams. Ingrid owns and runs a her own successful business (Medicallegal), along with officiating (competition secretariat) and coaching (ChPC) background. Plus over 20 years with U-Sport in a variety of roles: managerial, coaching, and executive level, provides for a versatile background.