

FLYING ANGELS INTERNATIONAL CHAMPIONSHIPS

FINAL SCHEDULE

(Revised 7/07/2023)

Track	2023 Flying Angels International Championships Schedule Friday, July 7, 2023		
Time	Event	Round	Age Group
6:30	3,000m	Final	U15 Girls, U16 Girls, U18 Girls / U20 Girls / Open Women
6:50	3,000m	Final	U15 Boys, U16 Boys, U18 Boys / U20 Boys / Open Men
7:10	400m Hurdles	Timed Final	U18 Girls / U20 Girls / Open Women
7:25	400m Hurdles	Timed Final	U18 Boys / U20 Boys / Open Men

Field	2023 Flying Angels International Championships Schedule Friday, July 7, 2023			
Field	Vertical Jumps	Horizontal Jumps	Throws 1	Throws 2
4:00				U18 / U20 / Open Girls (8) Hammer Throw
4:15				
4:30				
4:45				
5:00				
5:15				
5:30				
5:45				
6:00		U20 (6) & Open Women(4) Triple Jump	Open Men (7) U20 Girls (4) & Open Women (4) Shot Put	
6:15				
6:30				
6:45				
7:00				
7:15	U20 Boys (4) & Open Men (3) High Jump			
7:30		U20 Boys (5) & Open Men (2) Triple Jump		U20 Boys (3), Open Men (3), U20 Girls (1) & Open Women (2) Javelin
7:45				
8:00				
8:15				
8:30				
8:45				

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Track	2023 Flying Angels International Championships Schedule Saturday, July 8, 2023		
Time	Event	Round	Age Group
9:00	1200m	Timed Finals	U11 Girls (1 heat)
9:10	1200m	Timed Finals	U11 Boys (1 heat)
9:20	400m	Timed Finals	U9 Girls (2 heats) / U9 Boys (2 heats)
9:30	400m	Timed Finals	U11 Girls (3 heats) / U11 Boys (3 heats)
9:45	400m	Timed Finals	U13 Girls (6 heats) / U13 Boys (3 heats)
10:05	400m	Timed Finals	U15 Girls (4 heats)/ U15 Boys (4 heats)
10:25	400m	Timed Finals	U16 Girls (2 heats) / U16 Boys (3 heats)
10:40	400m	Timed Finals	U18 Girls (3 heats) / U18 Boys (3 heats)
10:55	400m	Timed Finals	U20 Women (1 heat) & Open Women (1 heats)
11:00	400m	Timed Finals	U20 Men (4heats) & Open Men (2 heats)
11:15	OPENING CEREMONIES		
11:30	100m Hurdles	FINAL	U18 Girls (1 heat) / U20 Women & Open Women (1 heat)
11:40	110m Hurdles	FINAL	U18 Boys (1 heat) / U20 Men (1 heat) / Open Men (1 heat)
11:55	1500m	Timed Finals	U13 Girls (1 heat)
12:05	1500m	Timed Finals	U13 Boys (1 heat)
12:15	1500m	Timed Finals	U15 Girls (1 heat)
12:20	1500m	Timed Finals	U15 Boys (2 heats)
12:35	100m	Prelims	U9 Girls (3 heats) / U9 Boys (3 heats)
12:50	100m	Prelims	U11 Girls (5 heats) / U11 Boys (5 heats)
1:15	100m	Prelims	U13 Girls (9 heats) / U13 Boys (5 heats)
1:50	100m	Prelims	U15 Girls (7 heats) / U15 Boys (5 heats)
2:20	100m	Prelims	U16 Girls (4 heats) / U16 Boys (5 heats)
2:45	100m	Prelims	U18 Girls (5 heats) / U18 Boys (8 heats)
3:20	100m	Prelims	U20 Women (2 heats) & U20 Men (4 heats)
3:35	100m	FINAL	Open Women (1 heat)
3:40	100m	Prelims	Open Men (5 heats)
3:55	1500m	Timed Finals	U16 Girls / U18 Girls / Open Women (1 heat)
4:05	100m	FINAL	Parents & Coaches Women & Men (1 heat)
4:10	100m	FINAL	U9 Girls / U9 Boys
4:15	100m	FINAL	U11 Girls / U11 Boys
4:20	100m	FINAL	U13 Girls / U13 Boys
4:25	100m	FINAL	U15 Girls / U15 Boys
4:30	100m	FINAL	U16 Girls / U16 Boys
4:35	100m	FINAL	U18 Girls / U18 Boys
4:40	100m	FINAL	U20 Women
4:45	100m	FINAL	U20 Men & Open Men
4:50	100m	FINAL	Masters Men Showcase
4:55	1500m	Timed Finals	U16 Boys / U18 Boys / U20 Men / Open Men (1 heat)
5:05	4x100 Relay	Timed Finals	U9 & U11 (1 heat), U13 (1 heat), U15 (1 heat), U16/U18//U20/Open Girls (1 heat)
5:15	4x100 Relay	Timed Finals	U9 & U11 (1 heat), U13 (1 heat), U15 (1 heat), U16 & U18 (1 heat), U20 &, Open Boys (1 heat)

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Field	2023 Flying Angels International Championships Schedule Saturday, July 8, 2023				
Time	Vertical Jumps	Horizontal Jumps	Horizontal Jumps	Throws 1	Throws 2
9:00	U11 & U13 Girls High Jump (10)	U20 & Open Men Long Jump (14)	U15 (15) Boys Long Jump	U9 Girls (7) & Boys (5) Shot Put	U16 (5) / U18 (11) Girls Discus
9:15					
9:30					
9:45					
10:00				U15 (4) & U16 (3) / U18 (3) Boys Shot Put	U20 (1) / Open (3) Women Discus
10:15		U16 (18) & U18 (14) Boys Long Jump	U13 (15) Boys Long Jump		
10:30	U15 (9) / U16 (2) / U18 (4) / U20 (2) Girls High Jump	U20 (8) & Open (6) Girls Long Jump		U11 (12) Boys Long Jump	U18 (3) / U20 (0) Boys Shot Put
10:45					
11:00					
11:15					
11:30					
11:45					
12:00					
12:15					
12:30					
12:45					
1:00	U15 (4) / U16 (5) / U18 (3) Boys High Jump	U16 (5) & U18 (18) Girls Long Jump	U11 (21) Girls Long Jump	U15 (8) Girls Shot Put	U15 (7) / U16 (4) / U18 (7) Girls Javelin
1:15					
1:30					
1:45					
2:00					
2:15					
2:30	U11 (4) & U13 (11) Boys High Jump	U15 (19) Girls Long Jump	U13 (26) Girls Long Jump	U13 (11) Girls Shot Put	U15 (4) / U16 (5) / U18 (6) Boys Javelin
2:45					
3:00					
3:15					
3:30				U11 (10) Girls Shot Put	
3:45					
4:00					
4:15					

FLYING ANGELS INTERNATIONAL CHAMPIONSHIPS

FINAL SCHEDULE

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Track	2023 Flying Angels International Championships Schedule Sunday, July 9, 2023			
Time	Event	Round		Age Group
9:00	800m	FINAL		U9 Girls (1 heat)
9:05	800m	FINAL		U11 Girls (1 heat)
9:10	800m	Timed Finals		U13 Girls (2 heats)
9:20	800m	Timed Finals		U15 Girls (2 heats)
9:25	800m	FINAL		U16 Girls (1 heat)
9:30	800m	FINAL		U18 Girls & U20 Women (1 heat)
9:40	200m	Prelims		U9 Girls (3 heats) / U9 Boys (3 heats)
9:50	200m	Prelims		U11 Girls (5 heats) / U11 Boys (5 heats)
10:05	200m	Prelims		U13 Girls (10 heats) / U13 Boys (5 heats)
10:45	200m	Prelims		U15 Girls (5 heats) / U15 Boys (6 heats)
11:15	200m	Prelims		U16 Girls (4 heats) / U16 Boys (5 heats)
11:40	200m	Prelims		U18 Girls (6 heats) / U18 Boys (6 heats)
12:10	200m	FINAL		U20 Women
12:15	200m	Prelims		U20 Men (6 heats)
12:30	200m	Prelims		Open Women (2 heats) / Open Men (5 heats)
1:30	800m	FINAL		U9 Boys (1 heat)
1:35	800m	FINAL		U11 Boys (1 heat)
1:40	800m	FINAL		U13 Boys (1 heat)
1:45	800m	Timed Finals		U15 Boys (2 heats)
1:55	800m	FINAL		U16 Boys (1 heat)
2:00	800m	FINAL		U18 Boys (1 heat)
2:05	800m	FINAL		U20 Men & Open Men (1 heat)
2:20	200m	FINAL		U9 Girls / U9 Boys
2:25	200m	FINAL		U11 Girls / U11 Boys
2:30	200m	FINAL		U13 Girls / U13 Boys
2:35	200m	FINAL		U15 Girls / U15 Boys
2:40	200m	FINAL		U16 Girls / U16 Boys
2:45	200m	FINAL		U18 Girls / U18 Boys
2:50	200m	FINAL		U20 Women & Open Women
2:55	200m	FINAL		U20 Men & Open Men
3:10	4x100 Relay	FINAL		Parents & Coaches Mixed
3:25	Sprint Medley Relay	FINAL		All Girls Teams (2 heats)
3:35	Sprint Medley Relay	FINAL		All Boys Teams (2 heats)
4:00	Team Awards Ceremony			

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Time	Vertical Jumps	Horizontal Jumps	Horizontal Jumps	Throws 1	Throws 2	
9:00		U16 & U18 Boys Triple Jump		U11 Boys Shot Put		
9:15						
9:30						
9:45						
10:00	U16 / U18 / U20 / Open Girls & Boys Pole Vault (5)			U13 Boys Shot Put		
10:15						
10:30		U16 & U18 Girls Triple Jump				
10:45						
11:00				U16 & U18 Girls Shot Put		
11:15						
11:30						
11:45						
12:00		U13 & U15 Boys Triple Jump				
12:15						
12:30					U15 Girls Discus Throw	
12:45						
1:00						
1:15						
1:30		U13 & U15 Girls Triple Jump			U18 & U20 Boys Discus Throw	
1:45						
2:00						
2:15						
2:30					U15 & U16 Boys Discus Throw	
2:45						
3:00		U9 Girls & Boys Long Jump				
3:15						
3:30						
3:45						
4:00						
4:15						