

**Legion Trials and Open Meet – July 8-9<sup>th</sup>**  
**Pioneer Coal Athletics Field, Stellarton, NS**



**Hosted and Sanctioned:** Athletics Nova Scotia

**Meet Director:** Kirk Jessome - [athleticstd@sportnovascotia.ca](mailto:athleticstd@sportnovascotia.ca)

**Date:** Saturday, July 8<sup>th</sup> - Sunday, July 9<sup>th</sup>

**Event Site:** - Pioneer Coal Athletics Field, Stellarton, NS

- Eight lane track on the oval with a polyurethane surface.
- All field events accommodated
- Maximum spike length is 7mm
- Washrooms are available on-site.

**Timing:** FinishLynx Photoelectric timing

**Registration:**

Entries must be received by 11:59 p.m. Tuesday, July 4<sup>th</sup>, 2023

Registration Fees: \$20 for first event, \$10 for second, \$7 for third. \$10 Fee for non-members. Tetrathlon Only \$10. There is a one-time \$5 Officials fee for all entries. No charge for additional events.

Please note: This meet will be **pre-registration** only! There will be NO late entries accepted for this meet.

Please use the online registration system at [www.trackiereg.ca](http://www.trackiereg.ca)

**Categories:**

All categories from U14 to Masters will be offered. Athletes U14 and younger are able to register for the tetrathlon (60m, Long Jump, Shot Put, 600m)

**Events:**

80m,100m,150m,200m,300m,400m,800m,1200m,1500m,2000m,3000m,1500mSC, 2000mSC, 3000mSC, 400mRW, 200mH, 300mH, 400mH, Long Jump, Triple Jump, High Jump, Hammer, Discus, Shot Put, Javelin, tetrathlon, Pentathlon, Heptathlon

**\*\*Athletes looking to compete in the Decathlon should contact Meet Director immediately**

**Schedule:**

The schedule is subject to change based on entries. Please see draft schedule at TrackieReg event page. The final schedule will be posted on Thursday July 6.

**Qualification:**

For all information on Legion qualification, see the selection criteria for each at [www.athleticsnovascotia.ca](http://www.athleticsnovascotia.ca). There will be computers set up on-site to submit applications for each team. Submissions are due by the **conclusion of the meet on July 9th**. All athletes will be required to show a birth certificate or ID and proof of vaccination.

**Seeding:**

Please include accurate seed/race times as preferred lanes will be given to the fastest seed times for time sectioned final events. Seed times will be verified.

In most events, athletes in the U16 and U18 sections will compete separate from Open athletes.

**Marshalling**

Field events: Please check in with the official at the event site 30 minutes prior to the start of the event.

Track events: Please check in at the marshalling area 20 minutes prior to the start of the event to check-in and pick up hip numbers

Failure to check in at the marshaling area at least 20mins prior to your event may result in disqualification.

**Scratches**

Scratches will be accepted via TrackieReg until the registration deadline.

**No entries will be accepted on the day of the meet.**

Entry fees **must** be paid before an athlete can compete in the meet. Please designate one person from your club to pick up the entry package and pay all fees.

**Check in and Bib # Pick-up:** Beginning at 9:00am on Saturday, July 8th