



2023 Culturama Games

Technical Bulletin

Culturama



Information Rules and regulations pertaining to and governing the 2023 TC&A Culturama Games being held on Sunday 16th July, 2023 at the Nevis Athletics Stadium, Long Point, Nevis. West Indies.

2023 TC&A Culturama Games

TECHNICAL BULLETIN

***To: All Participating Individuals, Clubs Associations, and Countries Venue:
Nevis Athletic Stadium, Long Point Road. Nevis.***

Date: Sunday 16th July, 2023

Email: culturamagames@gmail.com

1. TIME:

The meet begins at **10:00am**. The Schedule of Events is attached to this bulletin. Teams must be present 1 hour before the start of the event.

2. EVENTS

Females

100m, 200m 400m, 800m, 1500m, 4 x 100m, 4 x 400m, Shot Put, Long Jump,

Males

100m, 200m 400m, 800m, 1500m, 4 x 100m, 4 x 400m, Shot Put, Long Jump,

NB: the 100m, 200m and 400m events will be run in lanes, while the first curve of the 800m event will be run in lanes. The 1500m will start on scratch lines.

For an individual event to take place there must be a minimum of three (3) athletes. For a Relay event to take place there must be a minimum of three (3) Teams representing and at the start line.

Season's best performance Seed Times must be presented for all athletes registered in the international category. Date and place where achieved must be provided for verification.

3. CATEGORIES:

Track: (U9, U11, U13; U15; U17; U20; Senior (20+))

Field: (U9,U11, U13, U15, U17, U20, Senior (20+))

(ages as at 31st December, 2023)

4. FACILITIES:

a) **Track:** A nine (9) lane Mondo 400 meter track for competition. Also provided is a 200 meter Mondo surface warm up facility located to the east of the competition Arena at the Stadium. The warm up facility does not allow for training/warm up by athletes involved in the Throws and Jumps. Arrangements will therefore be made for participants in these events to go through their paces in the competition arena.
Note time finals for any event with more than 9 athletes.

b) **Field:** One (1) High Jump Landing Area, Four (4) Long Jump Pits, Two (2) Javelin Throwing Area and Two (2) Throwing Circles all laid by Mondo, to World Athletics specifications.

Athletes Area: An Athletes' Stand with Tents is provided for the Athletes. The holding area and is located adjoining the athlete warm up area, northeast of the Competition Arena at the Stadium.

c) **Call Rooms:** Two (2) Tents will be set up to accommodate Registration. Holding of Athletes before being escorted into the Arena, will be done in the call room north of the competition area.

d) **Toilets:** Designated toilet facilities for athletes and team officials are located in the Warm Up Area.

5. COMPETITORS

Athletes must compete in their competition uniform and the running bibs provided.

For medical purposes, all athletes are to declare special needs to the Medical Team in advance of the start of the meet.

6. REGISTRATION

Registration must be done online via link provided to invited individuals, clubs, countries, and Associations. Link now open at:

Deadline for registration is **11:59 PM. on Saturday 9th July, 2023.** **Final Declarations** must be done at the **Technical Meeting**, slated for **Friday 14th July, 2023 at 6:00PM** Ministry of Sports Conference Room.

Accreditation completed at the Ministry of Sports conference room Nevis, from 6:00 pm on Friday, July 14th, 2022.

RULES AND REGULATIONS

World Athletics Rules will govern and be enforced for all events. All athletes must wear the numbers assigned to them. Where only one number is provided, this should be worn on the athlete's chest except for the High Jump where it can be placed on the chest or the back depending on the jumping style of the athlete. Athletes participating in more than one event simultaneously should indicate this upon registration at the Call Room on the first call.

Any encroachment onto the Staging Area (Arena) is prohibited and will be viewed

as a serious offense. Coaches may accompany athletes to assist with the marking of the run for Jumping Events, but must leave thereafter before the commencement of the competition or when the Chief Judge or Referee so indicates.

The use of starting blocks or crouched start is compulsory for races up to and including the 400m, and the relays. Said events will be run in lanes.

Please see below the sizes of track spikes that should be used on the synthetic track:

- 1/8" (3mm) - Pyramid/Needle
- 3/16" (5mm) - Pyramid/Needle
- 1/4" (7mm) - Pyramid/Needle
- 3/8" (9mm) - Needle Only

All other spikes are prohibited.

Please be advised that athletes not wearing the required spikes will not be allowed to compete

Electronic timing system will be provided for all track events. Meet is sanctioned and all performances to be ratified.

7. CALL ROOM

Athletes are required to report to the Call Room Judge's desk for all events as follows:

Track Events: First Call: Forty five (45) minutes before each event. Athletes or coaches must present themselves to Call Room 1.

Second Call: Twenty (20) minutes before the event. Athlete must present to Call Room 2 within 5 minutes of call, to be taken to competition area.

Field Events: Forty-five (45) minutes before each event, athletes must present themselves to Call Room One (1)

8. ACCOMODATION AND TRANSPORTATION

Except where arranged and indicated, visiting individuals/teams are responsible for their own accommodation. Assistance with arrangements is available upon request.

Transportation will be provided to and from the competition site. Buses will provide transportation for all participating athletes and officials from Accommodations on Nevis or the Ferry Terminal, as is the case, to the Nevis Athletic Stadium. Schedule to be provided.

9. AWARDS:

Medals will be awarded for the first three (3) positions in each event.

A trophy will be awarded to the Male and the Female "Meet MVP". Calculation done by points on the following scale ...

1st-10pts; 2nd-7pts; 3rd-5pts; 4th-3pts; 5th-2; 6th-1pt

By seeking to register and participate in this meet, all individuals, clubs, countries and Associations; and the associated athletes agree to abide by the rules and regulations of the competition. They also agree to be bound by any and all decisions made in association with said meet. Where there is ambiguity or uncertainty within the bulletin or otherwise with regards to the meet, Culturama Games (through the Meet Director or Delegates), shall have sole authority to provide clarity, judgment or decision.

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Schedule of Events

EVT#	P/Q/S/F	EVENT NAME	START	Am/Pm
1	F	Girls Shot Put U17	10:00	am
2	F	Boys Long Jump U17	10:00	am
3	F	Girls Long Jump U9	10:00	am
4	F	Boys Long Jump U9	10:00	am
5	F	Girls 400m U11	10:15	am
6	F	Boys 400m U11	10:20	am
7	F	Girls 400m U13	10:25	am
8	F	Boys 400m U13	10:30	am
9	F	Girls 400m U15	10:35	am
10	F	Boys 400m U15	10:40	am
11	F	Girls 400m U17	10:45	am
12	F	Boys 400m U17	10:50	am
13	F	Girls 400m U20	10:55	am
14	F	Boys 400m U20	11:00	am
15	F	Girls 400m Open	11:05	am
16	F	Boys 400m Open	11:10	am
17	F	Girls U11 Long Jump	11:10	am
18	F	Boys U11 Long Jump	11:10	am
19	F	Girls 1200m U15	11:15	am
20	F	Boys 1200m U15	11:25	am

21	F	Girls 1500m U17	11:35	am
22	F	Boys 1500m U17	11:45	am
23	F	Girls 1500m U20	11:55	am
24	F	Boys 1500m U20	12:05	pm
25	F	Girls 1500m Open	12:15	pm
26	F	Boys 1500m Open	12:25	pm
Lunch Break				
27	F	Boys Shot Put U17	3:00	pm
28	F	Girls Long Jump U17	3:00	pm
29	F	Girls Shot Put U20	3:00	pm
30	F	Boys Long Jump U20	3:00	pm
31	F	Girls 100m U9	3:00	pm
32	F	Boys 100mU9	3:05	pm
33	F	Girls 100m U11	3:10	pm
34	F	Boys 100m U11	3:15	pm
35	F	Girls 100m U13	3:20	pm
36	F	Boys 100m U13	3:25	pm
37	F	Girls 100m U15	3:30	pm
38	F	Boys 100m U15	3:35	pm
39	F	Girls 100m U17	3:40	pm
40	F	Boys 100m U17	3:45	pm
41	F	Girls 100m U20	3:50	pm
42	F	Boys 100m U20	3:55	pm
43	F	Girls 100m Open	4:00	pm
44	F	Boys 100m Open	4:05	pm
45	F	Girls Long Jump U13	4:05	pm
46	F	Boys Long Jump U13	4:05	pm
47	F	Girls Long Jump U15	4:05	pm
48	F	Boys Long Jump U15	4:05	pm

49	F	Girls 800m U15	4:15	pm
50	F	Boys 800m U15	4:25	pm
51	F	Girls 800m U17	4:35	pm
52	F	Boys 800m U17	4:45	pm
53	F	Girls 800M U20	4:55	pm
54	F	Boys 800m U20	5:05	pm
55	F	Girls 800m Open	5:15	pm
56	F	Boys 800M Open	5:25	pm
57	F	Girls Long Jump U20	5:30	pm
58	F	Boys Shot Put U20	5:30	pm
59	F	Girls 200m U9	5:40	pm
60	F	Boys 200m U9	5:45	pm
61	F	Girls 200m U11	5:55	pm
62	F	Boys 200m U11	6:00	pm
63	F	Girls 200m U13	6:05	pm
64	F	Boys 200m U13	6:10	pm
65	F	Girls 200m U15	6:15	pm
66	F	Boys 200m U15	6:20	pm
67	F	Girls 200m U17	6:25	pm
68	F	Boys 200m U17	6:30	pm
69	F	Girls 200m U20	6:35	pm
70	F	Boys 200m U20	6:40	pm
71	F	Girls 200m Open	6:45	pm
72	F	Boys 200m Open	6:50	pm
73	F	Girls 4x100m Relay	7:00	pm
74	F	Boys 4x100m Relay	7:15	pm
75	F	Girls 4x400m Relay	7:30	pm
76	F	Boys 4x400m Relay	7:45	pm
		End Of Meet		

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TECHNICAL MEETING Proposed Agenda

Meeting at Nevis Ministry of Sports Conference Room

On Friday July 14th, 2023 @ 6:00pm

1. Welcome
2. Introductions
3. Presentation of Meet Officials
4. General Information
 - Final declarations/Accreditations
 - Schedule of Events

 - Protest
 - Awards Presentation
5. Any other Business
6. Adjournment

COMPETITION OFFICIALS:

<i>Timothy Caines Sr:</i>	<i>Competition Director</i>
<i>Denville Francis-Blake:</i>	<i>Meeting Director/Chief Referee/Assist-Comp Director</i>
<i>Garfield Virgo:</i>	<i>PhotoFinish Director</i>
<i>Cherise Queeley:</i>	<i>TIC Director</i>
<i>Shamoya Liburd:</i>	<i>Call Room Director</i>
<i>Reginald Gumbs:</i>	<i>Horizontal Jumps Referee</i>
<i>Keyshaun Jones:</i>	<i>Throwing Referee</i>
<i>Brian Morris:</i>	<i>Vertical Jumps Referee</i>
<i>Wayne Williams:</i>	<i>Start Referee</i>
<i>Eunice Greenaway:</i>	<i>Track Referee</i>
<i>Petrine Clarke:</i>	<i>Call Room #2 Referee Runners & Stuarts</i>
<i>Govannie Manners:</i>	<i>Chief Judge Call Room 1</i>
<i>Jazza Buchanan:</i>	<i>Chief Timer</i>
<i>Elisa Claxton:</i>	<i>Chief Horizontal Jumps Judge#1</i>
<i>Angela Ramchartiar:</i>	<i>Chief Horizontal Jumps Judge#2</i>
<i>Natalie Clarke:</i>	<i>Chief Vertical Jumps Judge</i>
<i>Dimitri Liburd:</i>	<i>Chief Throwing Judge</i>
<i>Sandrine Southwell:</i>	<i>Track Chief Judge</i>
<i>Christopher Johnson:</i>	<i>Chief Photo Finish Judge</i>
<i>Ozri Rawlins:</i>	<i>Chief IT Judge</i>
<i>Navada Blanchard:</i>	<i>Chief TIC Jude</i>