

Open Event for U16 ages and above (Decathlon offered) U14 athletes are asked to enter the Provincial Championships in Calgary

Foote Field Facility Specifications: 8 lane Beynon 400m track and runways. Concrete throwing circles All races FAT via FinishLynx, Hy-Tek results and wind gauges

All Athletics Canada members welcome. Out of country athletes welcome, please contact meet director in advance.

Timelines:

Tuesday June 20	2:00PM	Entries Close
Thursday June 22	8:00PM	Schedule released
Saturday June 24	11:00AM	Event begins

Entries & Documents:	https://www.trackie.com/
Results:	<u>www.ellistiming.ca</u>

Contact Us:

Meeting Manager:	Wes Moerman	<u>wes.moerman@ualberta.ca</u>	780.937.8963
Competition Director:	Rob Fisher	robfisher004@gmail.com	780.975.2847
Timing/Results:	Vernon Schmidt	vernon@ellistiming.ca	

Event Order and Directions

Sprint / Hurdle events will be run in the direction of prevailing winds, with decisions made approximately 15 minutes prior to the event. Decisions will be made by the competition director. Jump events will be run in the direction of prevailing winds, with decisions made in time to prepare the appropriate pits.

All Timed Finals will run Fast -> SLOW. Given the championship nature of the event, all Timed Finals will run SLOW -> FAST for all age categories

Entries:

All entries must be made online via credit card. A processing fee is charged and is dependent upon number of entries made. Full details available on trackiereg.ca

Fees: Individual Events: \$25/event

Scratches:

Scratches before Tuesday June 20 at 2:00PM can be made online on trackie by whoever completes the registration. Refer to your online confirmation receipt and edit entries. Scratches after closure of entries will not be refunded but are still requested so heats/flights can be arranged accordingly.

Performance Seeds:

All seeds must be verifiable in the Athletics Canada rankings and the Host Organizing Committee (HOC) reserves the right to adjust seeds, including issuing no seed, for athletes without verifiable performances.

Seed performances must have been obtained from **April 1, 2022 – June 20, 2023.** Any performance achieved on the June 17/18, 2023 weekend that would like to be used, as a seed performance should be emailed to the meet director by Tuesday June 20th at noon with a link to the results and indication of the seed mark. If the results occur in the Athletics Canada rankings database, no email is required.

Speculative marks will be accepted at the discretion of the HOC provided a clear and detailed rationale is submitted prior to the closure of entries (Tuesday June 20, 2023). Please email <u>wes.moerman@ualberta.ca</u> for consideration.

Out of country participants should send seeds and proof of performance to meet director prior to closure of entries.

U16 – Born in 2008 or 2009	U18 – Born in 2006 or 2007	
U20 – Born in 2004 or 2005	Sr - Born in 2003 or earlier	Masters – age 35+

Eligibility:

Out of province athletes must be registered with their respective Provincial Athletics Association and a membership ID is required to enter.

Day of the Meet membership is not available. For more membership information please refer to <u>https://athleticsalberta.com/membership/membership-details/</u> or contact Athletics Alberta directly.

Package Pick Up & General Questions

Located by the finish line under the tents

Competition numbers will not be used. Hip numbers will be used for track events.

Marshalling Procedure:

Track:

1) Check in at the marshalling table **30 minutes** before scheduled start time. At this time heats and sections may be reduced or combined based upon checked in athletes;

2) Report to the start line marshal **10 minutes** before scheduled start time at their events start line. Field:

1) Check in at the event site at least **30 minutes** before scheduled event start time.

Equipment:

- Starting blocks will be provided and must be utilized for all events of 400m or less
- Throwing implements will be provided. The referee must certify personal implements before they will be permitted for use during the competition. This may be done at the event site up until 45min before the scheduled start time of their event;
- Pole-vaulters must provide personal poles.

Scratches and Alternates

Athletes may miss or "scratch" an event and continue the competition.

Athletes competing in events where heats and finals occur should inform the results desk prior to the heats if they do not intend to run in the final. In this instance they will be marked exhibition, thus allowing someone else to advance to the final.

Alternates in finals: For events having heats and finals, alternates in the finals will be listed. Meaning, if 8 athletes advance to the final places 9-11 will be listed as alternates. Alternates will be permitted to race in the final should scratches occur.

Short Forms:

Jumps	Throws	Track
LJ = Long Jump	DT = Discus Throw	WC = Wheelchair
TJ = Triple Jump	SP = Shot Put	SC = Steeple Chase
HJ = High Jump	HT = Hammer Throw	m = Meter(s)
PV = Pole Vault	JT or Jav = Javelin Throw	H = Hurdle(s)

Start Times:

Saturday first event: $\sim 11:00$ AM Sunday first event: $\sim 11:00$ AM

Tentative Schedule Summary:

Age classes will be combined to create the best fields, after the closure of entries at the discretion of the HOC.

	Track Events	Jump Events	Throws Events	Multi's
Sat – 11:00AM	400 / 200m	Triple Jump – W	Hammer – U16/U18 M	
	Hurdles	Pole Vault - M	Shot Put – U16/U18 W	
	400m		Shot Put – U20/Open W	
	100m Heats			100m – LJ – SP –
Sat – Session 2	100m final	Triple Jump – M	Hammer – U16/U18 W	HJ – 400m
		Pole Vault – W	Shot Put – U20/Open M	
			Dec Shot Put	
Sat – Session 3	800m / 3000m /		Hammer – U20/Open M	
	5000m		& W	
			Shot Put – U16/U18 M	
				-
Sun – 11:00AM	200m Heats	Long Jump - M	Discus - W	
	Sprint Hurdle	High Jump - W	Javelin - M	
	heats			110mH – DT – PV
Sun – Session	Sprint Hurdle	Long Jump - W	Javelin - W	– Jav – 1500m
2	final	High Jump - M	Discus - M	
	200m final			
Sun – Session	1200/1500m		Dec Jav	
3	3k Race Walk			

EVENT OFFERINGS

2023 Foote Field Open TRACK	U16 (form. Midget)	U18 (form. Youth)	U20 (form. Junior)	Open	Masters specs	Para - wheelchair
Multi's / DEC		1	1	✓ Senio	or Specs	
Sprints						
100m	1	1		✓ Open		1
200m	1	1		✓ Open		1
300m/ 400m	✓ 300m		 ✓ 	0pen		1
	·			-		
Hurdles						
	1	1	1	1		
Women Sprint	80m 30" /	100m 30"	100m 33"	100m 33"	v	
	8.0m b/w	8.5m b/w	8.5m b/w	8.5m b/w	ACS	
Men Sprint	✓100m 33" 8.5m b/w	✓110m 36" 9.14m b/w	✓110m 39" 9.14m b/w	✓ 110m 42" 9.14m b/w	ب ACS	
Intermediate Hurdles	✓ 200m 35m b/w	✓ 400m 35m b/w	✓ 400m 35m b/w	✓ 400m 35m b/w		
			· · ·	· · ·		
Mid D / Long D						
800m	1	1		✓ Open		yes
1200m /1500m	✓ 1200m		✓	0pen		,
Race Walk				3Km		
3000/5000m		✓ 3km		✓ 5km		
2023 Foote Field Open FIELD	U16 (form. Midget)	U18 (form. Youth)	U20 (form. Junior)	Open	Masters	Para - wheelchair
Jumps	·					
Long Jump	1	1	1	1	1	
Triple Jump	1	>	1	1	\$	
Pole Vault	1	•	1	1	•	
High Jump	1	1	1	1	1	
Throws						
Discus	لم ۱Kg	✓ W 1kg ✓ M 1.5Kg	✓ W 1kg ✓ M1.75Kg	✓ ₩ 1kg M 2.0Kg	۰ ACS	•
Hammer / Club	✓ W 3KG ✓ M 4KG	✓ W 3KG ✓ M 5KG	✓ W 4kg ✓ M 6Kg	✓ W 4kg ✓ M 7.26Kg	✓ ACS	~
Shot Put	✓ w 3kg ✓ M 4Kg	✓ w 3kg ✓ M 5Kg	✓ w 4kg ✓ M 6Kg	✓ w 4kg ✓ M 7.26Kg	م ACS	•
Javelin / Ball Throw	✓ W 500g ✓ M 600g	✓ W 500g ✓ M 700g	✓ W 600g ✓ M 800g	✓ W 600g ✓ M 800g	۰ ACS	1