



44th Annual Pacific Invitational Track & Field Meet

Friday, June 23 & Saturday, June 24, 2023

McLeod Athletic Park
58 Avenue & 214 Street, Langley BC

Registration: Trackiereg.com

Entry Fees: Junior Development: \$8 per event
U16 and older: \$12 per event
Track Rascals: \$10 covers all 4 events (see more info below)

Entry Deadline: **Sunday, June 18, 2023 @ 5:00pm PST**
To ensure our meet runs on time, we will be limiting numbers of athletes per event and will cap registration automatically through the online registration system.

Register before the deadline to avoid disappointment.

Late Entries: \$20/event after the entry deadline

Eligibility: BC Athletics members:
Must possess a current BC Athletics membership or equivalent in another jurisdiction

Non-BC Athletic Members:
Must purchase a day of meet membership

Meet Director: Andrew Lenton | Email: alenton68@gmail.com | Cell: (778) 686-0505

Meet Management: Hy-Tek & Electronic Timing System

Awards: Medals for all events except relay
Ribbons for 4th to 6th place for JD's
Ribbons for relays and Track Rascal event

Medals will be distributed **no less than 30 minutes** after the results are posted.
Athletes who are unable to pick up their awards may get them picked up by a coach or teammate, but unclaimed awards will not be mailed.

Age Divisions: Groupings will vary – see schedule below

Event Scheduling: 60m/100m Events:
60M/100M finalists will be determined by heat winners plus fastest times to fill available lanes

60/100M events with 8 or less competitors will be run as a final at the time of the heats

All other events: will be run as timed finals

Changes: Events may run up to 30 minutes earlier than the scheduled time. Any schedule changes will be announced as required.

Order: Track events will run Oldest to Youngest, with Women and then Men in each age group, except for Hurdles which will run by event distance, longest to shortest

**Throws &
Horizontal Jumps:**

Ages 9-13 will receive 3 attempts

U16 and older will receive 3 attempts with the top 8 qualifying for 3 additional attempts

Conflicting Events:

Events go as scheduled. To avoid missing jumps or races, athletes should report to BOTH event Officials. Athletes in field events will forego their attempt in a round if the round has been completed before they return.

Results:

Results will be posted at the track and on www.langleymustangs.com

Protests:

After discussion with the event referee, further protest must be submitted in writing to the Chief of Officials and the Jury of Appeal **within 30 minutes** of the posting of the results.

A \$25.00 protest fee is to accompany all protests. If the protest is upheld, the protest fee will be returned.

A jury of appeal consisting of three competent and qualified persons will be available for decisions arising from protests. All Jury of Appeal decisions are final.

FRIDAY SCHEDULE

Track Events

Time	Event	Age Groups
5:00 pm	200m Timed Finals	Women's U20/Open Elite (4 heats)
5:18 pm	200m Timed Finals	Mens U20/Open Elite (4 heats)

Field Events

Time	HJ	LJ	SP	Hammer	Javelin	Pole Vault
5:15 - 6:30pm	U20/Open Men	U20/Open Women	U20 Men	U20/Open Women	U20/Open Women	U20/Open Women
7:00 - 8:15pm	U20/Open Women	U20/Open Men	U20/Open Women	U20/Open Men	U20/Open Men	

Track Rascals Event Saturday 1:00 - 2:00 pm

Registration: for athletes born in 2015, 2016, 2017

Entry Fee: \$10 includes all 4 events + participation ribbon

Events: Beanbag Shotput, Hurdles, Standing Long Jump & 50m Shuttle Relay

Schedule:

1:00 pm Beanbag Shotput - on the infield

Standing Long jump - at the long jump pits

1:30 pm Hurdles and 50m shuttle relay - on the warmup track

SATURDAY

TRACK SCHEDULE

Time	Event	Age Groups
9:00 am	Sprint Hurdles	U18 and younger
10:50 am	600m/800m Timed Finals	All ages
12:00 am	100m Heats	All ages
2:15 pm	300m/400m Timed Finals	Open/U20/U18/U16/U14
3:40 pm	100m Finals	All ages
4:15 pm	1200m/1500m Timed Finals	U18/U16/U14
5:20 pm	200m Timed Finals	U18/U16/U14/U12
6:50 pm	4 x 100m Relay	U18/U16/U14/U12
7:30	Meet wrap up	

FIELD SCHEDULE

Time	Hj (Pit A)	HJ (Pit B)	LJ (Pit A)	LJ (Pit B)	SP (North)	SP (South)	Javelin	Discus/ Hammer	Pole Vault
9:00 - 10:30am	U10F	U10M	U16F	U16M	U12F	U12M	U16F	U16F/U18F Hammer	U16F/U18F
10:45 - 12:15pm	U12F	U12M	U18F	U18M	U14F	U14M	U16M	U16M/U18M Hammer	
12:30 - 2:00pm	U14F	U14M			U10F	U10M	U18F	U16 / U18F/U20F Discus	U16M/U18 M
2:15 - 3:45pm	U18F	U16M	U10F	U10M	U18F	U16M	U18M	U16 / U18M/U20M Discus	
4:00 – 5:30pm	U16F	U18M	U14F	U14M	U16F	U18M			Open/U20 Men
5:45 – 7:15pm			U12F	U12M					