

FIELD	9(U10)		10 (U12)		11 (U12)		12 (U14)		13 (U14)		14/15 (U16)		16/17 (U18)		18/19 (U20)		Seniors(20+)		Masters(35+)	
SATURDAY	2014		2013		2012		2011		2010		2009/2008		2007/2006		2005/2004		2003 -1989		1988-	
	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M
9:00	SP	LJ		HJ		HJ									TJ					
9:45							JT		JT		LJ		LJ		LJ					LJ
10:30				SP		SP	HJ	LJ			LJ	JT								
11:15					DT															
12:00	LJ		HJ		HJ			SP		SP		JT								JT
12:45		SP					DT		DT			JT	HJ		HJ				JT	
1:30			SP	DT	SP	DT		HJ	SP	HJ	LJ	TJ	LJ	TJ				TJ		
2:15	HJ						LJ	DT	LJ	DT		DT								
3:00		HJ	LJ	JT	LJ	JT					HT						HT		HT	PV
3:45			JT	LJ	JT	LJ			JT	HT	HJ	HT	HJ							HT
4:15																				

MASTERS THROWS PENTATHLON

SATURDAY	TRACK				F/M
9:00	1000m	1200m	1500m		9:00 HT
9:45	60mH	80mH			SP
10:30	1500m RW				DT
11:15	100m timed finals				JT
12:00	rascals				WT
12:45	800m timed finals				
1:30	60m timed finals				
2:15	400m timed finals				
3:00	200m timed finals				
3:45	600m timed finals				
4:15	4x100m relays (fun)				

Track: youngest to oldest; alternating female then male

Field: 3 attempts for all ages

Throws Pentathlon: pentathlon takes precedence over other throwers

Event conflicts: check in with both events; track takes precedence over field;

ATHLETES MUST LISTEN CAREFULLY FOR EVENT CALLS