

Mississauga Dojo



**Judo**  
Ontario

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# **GIRLS SUMMER CAMP**

**LEAD INSTRUCTOR - CARLINE YOUNG**

**Judo Ontario Women's Coach - World Veteran Champion**

**SHIN BU KAN JUDO CLUB**

**2359 Royal Windsor Drive #11, Mississauga**

**CHECK-IN: Friday, July 7, 9:00 am**

**PICK-UP: Sunday, July 9, 5:30 pm**

## **ELIGIBILITY & COST**

**Girls 9 Years Old & Up - Yellow Belt & Up**

**OVERNIGHT CAMP: \$150 (After June 25th \$175)**

**DAY CAMP ONLY: \$100 for 3 days**

**DAY FEE: \$40 Per day**

***Meals & activities are included in camp fees***

**REGISTER NOW**

**[TrackieReg.com/GirlsOnlyJudoCamp](http://TrackieReg.com/GirlsOnlyJudoCamp)**







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Our sport. Our life.

## LOGISTICS

- Those staying overnight will be sleeping on the tatami
- Day campers arrive at 9:30 am and depart at 5:00 pm
- Lunch is included for All Campers
- Activities & meals are included in camp fees

## WHAT TO BRING

- Bring 2 Judo Gi's
- Sleeping bag and pillow (overnight campers)
- Work out clothing & running shoes
- Bathing Suit, Beach Towel and Flip Flops
- Personal toiletries, bath towel (overnight campers)
- Extra clothing for non training activities
- Bring spending money for free time
- Water bottle

## ACTIVITIES

Swimming, Roller Skating, Spa Night, Barbecue, Games